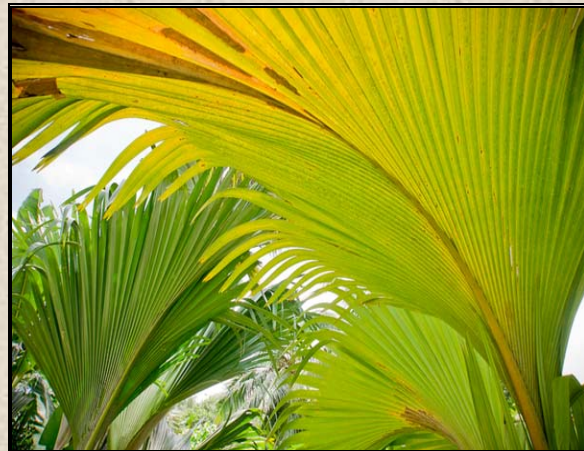


**The Waterfront
SPA**

MENU



Coco de Mer Hotel & Black Parrot Suites
Praslin, Seychelles



Massage

Swedish massage 60/90 mins

Total relaxation, ideal for those who are in need of body respite and for people indulging in a first time massage.

Deep tissue massage 60/90mins

This Deep Pressure Massage works on the inner layers of the muscle to eliminate toxins and re-balance the body. You might experience some muscle discomfort after this treatment.

Traditional Thai massage (oil free massage) 60/90 mins

Back neck and shoulder 30/60mins

Focusing on the areas of most stress. Helping to relax the back muscles, the neck and shoulders.

Jet Lag – Rejuvenation 30mins

Specifically created for the weary traveler after a long flight. Comprising a soothing Aloe gel to calm the leg muscles, helping to reduce swelling and increase circulation.

Hot Stone Decadence 60/90mins

A lavish massage using pre-heated lava stones to help soothe and relax the muscles and tension areas of the body.

Reflexology 60mins

Release everyday tensions with this specialized foot massage targeting the pressure points on your feet and relaxing the entire body.

Togetherness 60/ 90 mins

A side by side full body massage for couples, relieving tension and relaxing the muscles.

Delightful Decadence for the discerning couple 90mins

Indulge in a Coconut milk bath specially prepared with fresh coconut milk scented with wild Eucalyptus, Cedar and Orange, followed by a rejuvenating full body massage



Body Treatments

Fresh Coconut Wrap 75 mins

Pamper your body with ingredients prepared from fresh tropical coconuts, combined with rice and essential oils of Orange and Eucalyptus.

Coconut Scrub – using decompressed fresh coconuts

60 mins

Ideal for removing dry skin, revitalizing the body and leaving it soft and glowing

Coconut Milk Bath and Massage 90 mins

Indulge your skin with this rejuvenation experience. Immerse yourself in a luxurious bath of freshly pressed coconut milk which hydrates and soothes the skin. Culminating in a relaxing massage of coconut oil blended with essential oils of Cedar, Eucalyptus and Orange especially prepared for you.

Coconut Bliss 150 mins

Pamper yourself with this specially formulated coconut therapy.

Embark on a journey of blissful relaxation...

Commence with a polishing coconut scrub, followed by a Tropical coconut wrap. Immerse thereafter into a refreshing coconut bath, culminating in an invigorating full body massage.

Soothing Aloe Wrap 75 mins

Indulge the skin after a day in the sun.

Calm, soothe and cool the body with a blend of Aloe Vera, Chamomile and Lavender, to help nourish the skin keeping it soft and supple.

Signature Scrub – A luscious treatment for all seasons

60 mins

A divine treatment of honey, sugar and orange, to rid the body of toxins.

Aroma Polish – ideal for dry skin 60 mins

The harmonizing ingredients of Karite butter, Himalayan pink salt and Lavender nourishes the skin whilst eradicating dry and dead skin cells, leaving the body smooth and calm.



Facials

Aroma Radiance Facial 60 mins

A customized cleansing facial, using purely organic, products. Surrender yourself to the needs of your skin.

Aroma Radiance Combo 90 mins

A combination of your customized facial, including a double exfoliation and tantalizing foot massage.

Tropical Coconut Facial 60mins

Using, freshly prepared coconuts. Let your skin be pampered, restored and rejuvenated.

Chocolate Facial 60 mins

Whilst it may not be the healthiest food choice, chocolate is extremely good for the skin.

It is rich in anti oxidants, which helps rid your skin of blemishes and toxins. It moisturizes and rejuvenates skin cells.

Tips and Toes

Classic Manicure 30 mins

Cut, file and style your nails to your desired shape. Soften and pamper the cuticles, concluding with a lavish indulgence of nail varnish.

Classic Pedicure 45 mins

Cut, file and style your toe nails to your desired shape. Soften and pamper the cuticles, concluding with a lavish indulgence of nail varnish.

Spa Manicure 45 mins

An exfoliating treatment for your hands, with natural ingredients.

Spa Pedicure 60 mins

An exfoliating treatment for your feet, with natural ingredients.

Smooth Touch 45 mins

Indulge your hands into a glove of warm paraffin wax, designed to soften and pamper the cuticles. An experience guaranteed to leave your hands feeling **soft and silky**

Soft Soles 60 mins

No more dry, cracked heels. Treat yourself to this rejuvenating experience specifically designed to leave your feet feeling like new.



Hair Care

His and Hers - Wash and blow dry:

His and Hers - Wash, cut and blow dry:

Hair straightening:

Evening Updo:

Hair treatment (oil mask): An application of a honey, cinnamon and olive oil hair mask - Followed by an invigorating scalp massage.

Brides to Be....

Beautiful hair... up do with free trial:

Bridal beauty with free trial: using your own make up let yourself be transformed by our professional makeup artist.

Beautiful face...: indulge yourself with a luscious chocolate facial before your special day...

Beautiful nails.... A beautiful spa manicure and pedicure using chocolate to treat your skin...

Beautiful body..... Pamper your body with a revitalizing chocolate body peel, followed by a nourishing chocolate wrap leaving your body hydrated and nourished...

Waxing

Upper lip – Chin - Full face – Underarm - 1/2 arm (till elbow) - Full arm - Bikini - Brazilian

1/2 leg - Full leg – Back - Full body







Journeys...

connecting... mind, body and soul...

Journey of Tranquility...

Aroma Envelopment 120 mins

Scrub – bath - massage - snack

An invigorating full body exfoliation, to remove dry skin cells, followed by a re-hydrating milk bath and a delectable spa snack.

A rejuvenating massage completes this experience leaving your body feeling soft, supple and tranquil.

Journey of indulgence...

Island Retreat 180 mins

Scrub – massage – facial - snack

Removing toxins from within the body. This exhilarating experience consists of a full body exfoliation and massage.

Finishing off with a rejuvenating facial, and an exotic island snack, leaving your body feeling totally indulged, nourished and purified.

Journey of harmony....

Seychelles Sensation 210 mins

Massage – facial – manicure – pedicure - snack

A delightful treatment combining a relaxing massage and a cleansing facial, followed by a manicure and pedicure whilst enjoying a refreshing spa snack. A complete harmony of treatments.

Journey of the senses....

Sensual Escape 300 mins

Scrub – wrap – massage – facial – manicure – pedicure – light lunch

Surrender to an exfoliating body scrub, rehydrating the skin in a soothing body cocoon, a reviving massage and a cleansing facial.

After a light spa lunch, conclude your journey with a manicure and pedicure, leaving your senses totally refreshed, relaxed and rejuvenated.





Cancellation Policy

If you must reschedule or cancel any Spa appointment, please notify the Spa (or reception) Six Hours in advance to avoid a cancellation charge of 50 %.

Missed appointments without proper notice are subject to a 50% charge for reserved services.

Spa Arrival and Etiquette

We recommend that you arrive at least 15mins prior to your scheduled appointment. This allows you enough time to relax before your treatment.

Please note that all treatments will end on time, regardless of starting time.

Taxes

All prices are inclusive of current prevailing taxes and service charges

Opening Hours

The Waterfront Spa is open from 1000hrs to 2000hrs Monday to Sunday

For your appointments please call our Reception (Dial 9 from your room).

