



CASCADES
Family Pool

Cascades focuses on authentic Greek flavours from regional cuisines of Greece

APPETISERS

Soutzoukakia à la Grecque

Spicy Beef & Lamb Meatballs, Greek Yoghurt, Grilled Eggplant, Tomato Salsa, Basil

Octopus With Eggplant Mousse

Grilled Octopus, Roasted Eggplant Mousse, Lemon

Fried Calamari

Served With Smoked Paprika Aioli, Tartar Sauce

SALADS

Organic Greek Salad, Locally Produced at an Organic Farm (H)

Organic Tomato, Cucumber, Bell Peppers, Greek Organic Feta Cheese, Extra Virgin Olive Oil, Kalamata Olives

Tzatziki Chicken Salad

Baby Gem Lettuce, Cucumber, Avocado, Tomatoes, Red Onions, Kalamata Olives, Red Radish, Oregano

Warm Halloumi Peach Salad (H)

Chicory, Spring Onions, Greek Honey Lemon Vinaigrette

GREEK DIPS

Tzatziki (V) (H)

Greek Yoghurt, Cucumber, Garlic, Fresh Herbs

Melitzanosalata Eggplant Dip (V)

Roasted & Smoked Eggplant Purée, Peppers, Onions, Herbs

Spicy Feta Cheese

Feta Cheese Purée, Fresh Red Chilli, Piquillo Pepper, Paprika, Sun-dried Tomatoes, Kalamata Olives

Revithia (V)

Slow-Cooked Chickpea Purée, Lemon, Garlic, Rosemary, Olive Oil

PITAS & SANDWICHES

Chicken Pita

Shaved Chicken, Tzatziki, Tomato, Onions, Wrapped in Pita Bread, Chips

Beef Pita

Shaved Beef, Tzatziki, Tomato, Onions, Wrapped in Pita Bread, Chips

Moussaka Burger

Beef Patty, Caramelised Onions, Grilled Eggplant, Béchamel Tomato Salsa, Tzatziki, French Fries

MAIN COURSE

Moussaka

Potatoes, Eggplant, Minced Meat, Béchamel Sauce, Parsley

Mediterranean Style Roasted Chicken

Artichoke Hearts, Tomatoes, Zucchini Baby Carrots, Kalamata Olives, Served With Oregano Fries, Herb Jus

Rib eye Steak

Served With Grilled Mediterranean Vegetables, Roast Potatoes, Homemade Tzatziki

Grilled Seabass

Served With Caponata, Broccoli Purée, Lemon Butter Sauce

Grilled Prawns

Thyme, Garlic, Oregano, Paprika Marinated Prawns, Served With Mediterranean Couscous, Chick Pea, Feta Salad

PIZZA AND PASTA

Margherita di Buffalo

Tomato Sauce, Buffalo & Italian Mozzarella, Parmesan Cheese, Fresh Basil, Extra Virgin Olive Oil

Tagliatelle Bolognese

Beef Ragout, Parmesan Cheese

Penne Arabiatta (V) 🍷

Spicy Tomato-Chilli Sauce, Garlic, Cherry Tomatoes, Fresh Basil

FAVOURITES

Caesar Salad

Romaine Hearts, Classic Dressing, Beef Bacon, Garlic Crostini, Shaved Parmesan

Roasted Farm Chicken Breast

Grilled Prawns

Grilled Salmon

Avocado & Prawn Salad

Baby Spinach, Mixed Lettuce, Lemongrass, Poached Prawns, Quail Egg, Lemon Vinaigrette

Detox Salad (N) (H) (V)

Red & White Quinoa, Fennel, Celery, Kale, Walnut, Raspberries, Blueberries, Orange Dressing

Mexican Nachos

Jalapeños, Cheddar Cheese, Guacamole, Sour Cream, Tomato Salsa

Emirates Palace Club Sandwich (N)

Roasted Organic Farm Chicken, Heirloom Tomato, Beef Bacon, Fried Egg, Multi-Seed Toast, French Fries

Black Angus Beef Burger

Caramelised Onions, Heirloom Tomato, Iceberg Lettuce, Gherkins, House Aioli, Cheddar Cheese, Beef Bacon, Brioche Bun, French Fries

French Fries With Garlic Aioli (V)

Soup of the day

AED

66

71

71

61

76

66

47

47

47

47

71

76

85

AED

80

99

142

123

118

76

90

71

71

76

85

85

104

80

71

85

104

38

57



CASCADES
Family Pool

DESSERTS

Greek Yoghurt Cheese Cake
Berry Compote, Honey Ice Cream

52

Seasonal Fruits & Berries (H)

61

COCKTAILS

66

Palace Cosmo

Vodka, Triple Sec, Hibiscus Cordial, 23 Karat Gold

Mojito

White Rum, Lime, Fresh Mint, Brown Sugar, Soda

Margarita

Tequila, Cointreau, Lemon Juice

DRAFT BEERS

Warsteiner 50Cl

47

BOTTLE BEER

Heineken 33Cl

38

Corona Extra 35Cl

38

Erdinger 50Cl

54

Bavaria - Non Alcoholic 33Cl

29

CHAMPAGNE

Laurent-Perrier Brut

149

Laurent-Perrier Brut Rosé

187

WHITE WINE

France

2017 Chardonnay, Domaine Montrose

42

Chile

2016 Sauvignon Blanc, Montes Classic

63

ROSÉ WINE

France

2017 Domaine Montrose, Rosé

42

RED WINE

France

2016 Le Tigre Château Des Adouzes

42

NON-ALCOHOLIC BEVERAGES

AED

Seasonal Juices

42

Energy Drinks

Red Bull, Red Bull Light

36

Hot Drinks

Cappuccino

40

Coffee

40

Espresso

30

Tea And Infusions

40

MOJITO

46

Pomegranate Mojito

Pomegranate Seeds, Fresh Mint, Lime, Pomegranate Juice,
Lime Cordial And Lemonade

Passion Fruit Mojito

Passion Fruit, Lime, Passion Fruit Purée Mint,
Passion Fruit Syrup And Ginger Ale

MOCKTAILS

46

Cascades

Cranberry Juice, Apple Juice, Lemon Juice, Lemonade

Tropicana

Orange Juice, Mango Juice, Lime, Orange, Strawberry Puree

Spring In Summer

Orange Juice, Pineapple Juice, Cranberry Juice, Lychee Syrup

Frappéminto

(Lemon Sorbet, Mint Leaves & Choice Of Flavours),
Banana, Coconut, Guava, Mango, Passion Fruit

ICED TEA

45