



EMIRATES PALACE SPA

قصر الامارات سبا



Presenting decadent experiences with an Arabian touch, Emirates Palace Spa features an exotic blend of Moroccan-inspired interiors interlaced with delicate furnishings and spa decor.

Experience exquisite relaxation the moment you step into this 1,500 sqm sanctuary that will instantly transport you to another realm. Embark upon a path of inner balance and outer radiance within the serenity of 7 opulent spa suites and 2 authentic hammams - one spacious and extravagant and the other private and intimate.

Choose from a selection of exclusive escapes and treatments that have been carefully created using premium spa products and attention to detail in every encounter.









# Signature Palace Escapes

## A Day of Gold *5.5 hours*

There is nothing more indulgent than a rejuvenating experience of pure pampering. Your journey to ultimate relaxation will begin with our luxurious gold hammam then followed by one of our Signature Palace Massages. We will take a short break so you can enjoy a delicious light lunch and refreshment before your decadent 24-carat Gold Radiance Facial. The finishing touch to the experience will include a Bastien Pedicure and a small gift to take home.

## Mystic Moroccan Hammam *2.5 hours*

Indulge in a luxurious Moroccan Hammam with a touch of opulence. The experience begins with a eucalyptus soap and steam body cleanse, followed by a full-body exfoliation using the traditional kassa glove, ghassoul clay body mask to clarify the skin and a luxurious Argan oil hair application. The ritual will conclude with a relaxing massage and a mini facial.

## Just for Men *2 hours*

We have designed the perfect package that suits all of your needs in express time. This treatment starts with a 60-minute deep pressure massage followed by an express facial using selected products from the Gentleman's Tonic exclusive cosmeceutic range. Guests can then visit our Gentlemen's Tonic establishment and choose between a haircut or wet shave as the finishing touch.

## Day of the Bride\* *3.5 hours*

We have your magical day covered with this package specifically designed for you to glow from within. We begin with a relaxing and de-stressing bespoke massage followed by Linda Meredith's O2 Oxygen Facial which will plump, hydrate and firm the skin. Our Bastien Manicure and Pedicure as a finishing touch will ensure your hands and feet are supple and radiant.

## Day of the Groom\* *3 hours*

Grooms will look their best for one of the most memorable days of their life with our tailor-made package. We begin with a Deep Pressure Massage, wet shave, mini facial followed by a Bastien Manicure treatment and a relaxing head massage to ensure you are fully relaxed and rejuvenated before the wedding.

*\*Additional services are available and customised packages can be created for the bride and groom or their wedding party.*







## Emirates Palace Signature Treatment

### 24-carat Gold Radiance Facial *90 minutes (P)*

This avant-garde treatment commences with a signature foot ritual, followed by a deep cleansing sequence to prepare the skin. Micronised 24-carat gold sheets are then massaged into the skin under an ultra-sonic nano mist.

This decadent treatment finishes with a hydrating serum, moisturiser and eye cream application as well as a relaxing scalp, hand and foot massage.

### The Palace Deeply Relaxing Massage *75/90 minutes*

Uniquely crafted, using deeply relaxing massage techniques, the Palace massage is paired with a specific oil to deliver a truly memorable experience. This massage was designed to help people to simply disconnect. Emirates Palace Spa created the perfect massage. We start by relaxing the face muscles using pressure points and lavender essential oil, followed with smooth techniques to release accumulated tension on the neck, occipital and scalp. A total body disconnection follows, combining gently and slow movements to give a physical relaxation to the body, truly knock out massage.

### Decadence of Arabia *120 minutes*

We begin with a fragrant alum stone scrub followed by a steam cleanse and ghassoul clay body wrap rich in magnesium, calcium and potassium to cleanse and ease the skin. A mini facial to boost the skin with a hydrating face mask to follow enhanced further by a 15-minute back, neck and shoulder massage as well as a shea butter application for the skin.



# Royal Massage Therapies

All massages can be tailored to create a 2-hour experience upon request

## Bespoke Massage *60/90 minutes*

Surrender to the skilled hands of our expert therapists, who will create a bespoke massage designed especially for you. The therapist will use specific techniques and a sequence of movements to address your sore and weary muscles for a truly personalised massage experience.

## Deep Pressure Massage *60/90 minutes*

This tailored massage focuses on relieving tension from specific areas of the body using aromatic oils. It enhances muscle recovery and releases the build-up of stress from everyday activities. Elbow and forearm techniques are used throughout this massage with the pressure adjusted for your comfort.

## Muscle Reviver Massage *90 minutes*

Ideal for reviving the body after engaging in sports, gym workouts or a long and tiresome journey. This treatment begins with an invigorating scrub, followed by a herbal steam and concludes with a bespoke massage.

## Traditional Thai Massage *75/90 minutes*

Using specific techniques that have been passed down through the generations, this treatment uses movements such as stretching, muscle compressions and breathing exercises to open any blocked channels and boost overall vitality.

## Pregnancy Massage *75/90 minutes*

Allow us to nurture you and your body during this crucial and delicate time. Using a deeply nourishing oil, this treatment helps reduce muscle aches and pains with special attention to the neck, shoulders, lower back and lower legs.



## Swedish Style Aromatherapy Massage *60/90 minutes*

This massage focuses on increasing blood circulation and overall wellbeing, using light to medium pressure massage techniques and an oil of your choice to create synergy between the mind and body.

## Four-Hand Massage *90 minutes*

This massage is unique where two therapists work on one body simultaneously creating rhythmic movement that is amazingly relaxing. This four hand massage releases muscle tension and creates a balance of body and mind. Therapists will be using palm strokes, kneading, knuckling, forearm and thumb friction techniques. In this massage we will use the uplifting oil which is rich in lemon, bergamot and spearmint which is amazing to revitalise the body and nourishing the skin.

## Feet Treat *60 minutes*

Using specific thumb and finger techniques, this treat will give your feet just what they deserve. Applied pressure will invigorate energy to all areas of the body and release the stress built up from daily activities.

## Mini Feet Treat *30 minutes*

Our mini feet treat utilises specific thumb and finger techniques to soothe and revive weary feet, the perfect tension-relieving addition to any treatment.

## Back, Neck and Shoulder *30 minutes*

Using the perfect pressure for you, this mini-experience pays particular attention to areas of the back and neck that are most susceptible to muscle stress and strain. This is the perfect addition to any facial or upgrade for a more focused massage or body treatment.





## Facial Indulgences

### Customized Facial *75 minutes (P)*

Allow our skilled therapists to prescribe the best product blend specific to your concerns, complete with extractions a facial massage, mask and care creams to target concerns such as hydration, pigmentation, sensitivity or excessive oil production. This personalised facial is suitable for all skin types and includes a hand and scalp massage.

### L'Elixir Des Glaciers Majestic Facial *90 Minutes*

This comprehensive treatment designed for the face and the décolleté offers a moment of perfect delight, including beautifying care for the hands. Stress vanishes thanks to an energizing massage, leaving the face smooth and radiant. A lifting, nourishing massage inspired by surgical lifting techniques targets the muscles of the face for toning action that smooths facial lines. The treatment includes a youth massage inspired by the Japanese Kobido massage technique and offers sculpting, modelling effects for in-depth rejuvenating action.

### Hydra Renewal Facial *75 minutes*

This facial works in three phases; firstly extracting impurities from the skin, then a diamond micro-dermabrasion resurfacing procedure to remove lifeless skin cells and finally, renewal procedures that combine LED therapy with an infusion of serums in the skin. We recommend one treatment every week for 3 to 6 weeks to achieve best results.

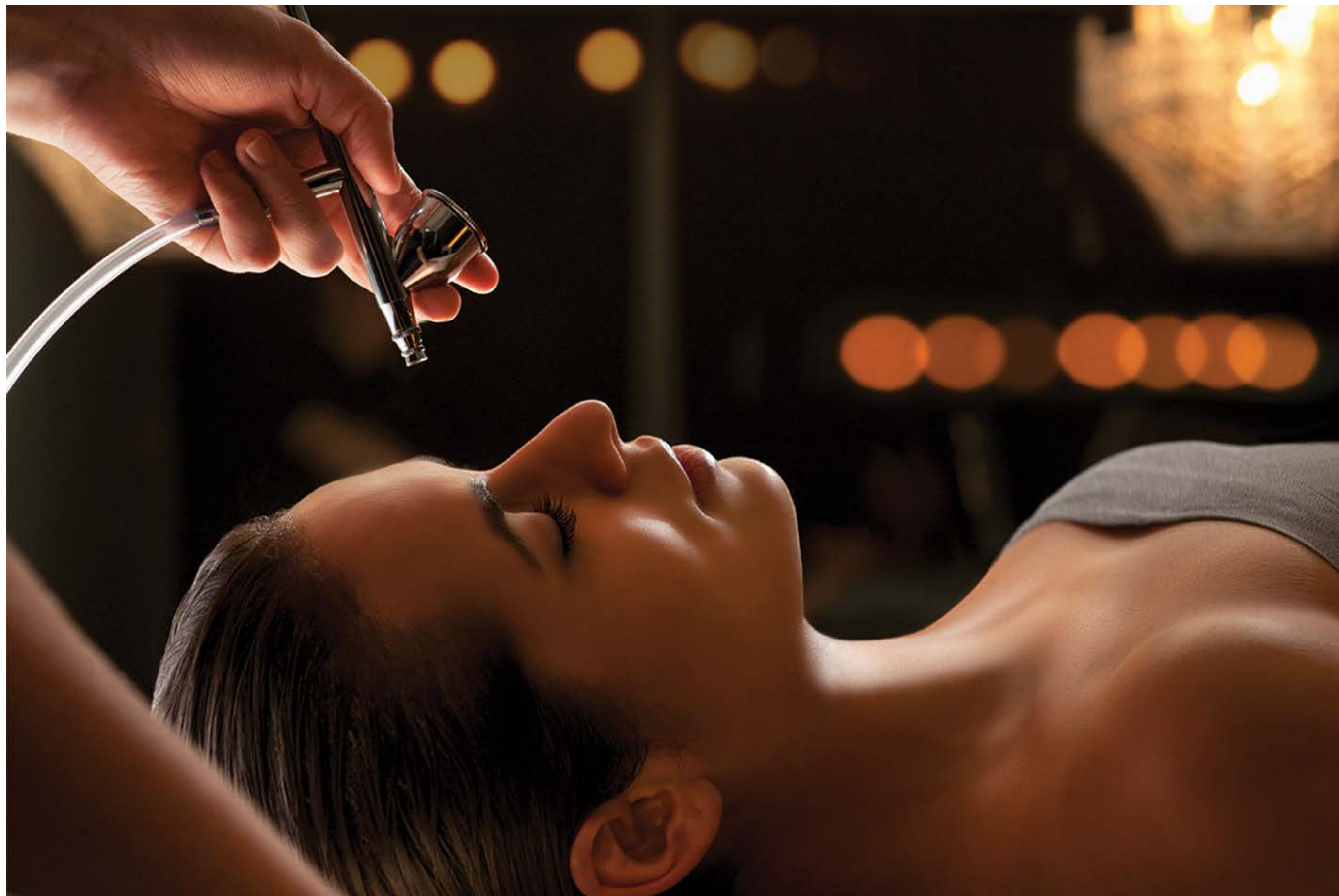
### O2 Facial *75 minutes (P)*

Our unique Oxygen facial treatment where a vitamin enriched formula is used with high percentages of essential ingredients such as hyaluronic acid and beta glucan to give the best infusion results. These ingredients plump and firm the skin, which are visible with just one treatment.

### Anti-ageing Oxygen Facial *75 minutes (P)*

The alternative solution to Botox, the Anti-ageing Oxygen facial. For those who desire visible results without invasive cosmetic procedures, this is a safe and effective treatment where products are infused into the skin by a steady flow of oxygen which also aids in cell regeneration.





## Facial Upgrades

### **Illuminating Eye Lift** *15 minutes (P)*

This intense eye treatment will eliminate puffiness, dark circles and fine lines around the eye area. With the inclusion of toning massage movements, the area will be rejuvenated for a brighter and luminous effect.

### **RF Facial Lifting** *15 minutes*

This non-invasive Radio Frequency facelift tightens the skin by stimulating the deeper soft tissue layers to produce new collagen. Visible effects will be a reduction in the depth of wrinkles, elimination of facial skin blemishes, tighter facial skin and an overall more youthful facial skin complexion.

### **Oxygen Boost** *15 minutes (P)*

Encourage healthy skin cell regeneration and diminish the appearance of fine lines and wrinkles while enhancing overall hydration. This treatment is perfect for a special occasion for a more luminous skin tone or as a regular boost for maintaining healthy, glowing skin.

### **24-carat Gold Neck Upgrade** *30 minutes*

It is essential to preserve and repair this sensitive area which is exposed to many external aging factors such as sun damage with our 24-carat gold neck upgrade. This upgrade is available with our 24-carat Gold Radiance facial and uses the precision of nano-technology to deliver an illuminating radiant glow.



# Hamмам Rituals

## Traditional Moroccan Hammam *60 minutes*

Embark on this transformational journey of ancient Arabian opulence which begins by immersing the body in the traditional black olive soap and steam to clear your senses. A vigorous body exfoliation using the kassa mitt follows to reveal radiant skin, after which a rich rose ghassoul is applied to increase hydration.

To complete your Moroccan Hammam experience, a rich shea butter or scented fragrant body oil is applied to the body to seal in your skin's newfound softness.

## Imperial Hammam *75 minutes*

Our Imperial Hammam incorporates a complete full-body rejuvenation beginning with the traditional black olive soap, steam and kessa exfoliation followed by a ghassoul body mask. The skin then receives a gentle cleanse, enhanced by a hydrating face mask and a scalp massage with rich argan oil. The treatment is finished with lightly scented oil to moisturise your skin.

## Palace Rose Hammam *90 minutes*

This luxurious treatment blends the traditional hammam with a sensual touch of rose. Relax as your body is softened by the touch of rose ghassoul clay and rose shea butter to brighten and nourish your skin. You will also experience our jacuzzi and ice cave after your hammam treatment to cool the body down and to increase toxin elimination.







## Additional Touches

### Bath Soak *30 minutes*

A great addition to enhance any of our relaxing massages, our opulent bathtub soaks encourage and facilitate total mind and body relaxation, while leaving your skin soft and supple. Choose between our Milky Bath or Mineral Sea Water options.

### Argan Oil Scalp & Hair Care *30 minutes (P)*

This luxurious hair and scalp treatment with deeply nourishing argan oil restores health, hydration and vitality to the hair. This is the perfect addition to any spa or hammam treatment, reducing scalp dryness and adding a beautiful shine to each strand.

### Body Polish *30 minutes (P)*

Select from our refreshing body polishes for the perfect addition to any massage or facial treatment. Get rid of dull lifeless skin cells and feel renewed and revitalised with your new luminous soft skin.

### Express Facial *30 minutes (P)*

Revive your skin with this mini-deluxe facial, complete with cleansing, exfoliation and facial massage. This is the perfect enhancement to revive your skin or as booster between full facial treatments.





## Couple Treatments

### Ceremony for Two *60/90 minutes*

Relax and unwind with your loved one by your side as you both enjoy our Signature Couples Massage. This massage helps to stimulate circulation and restore the flow of energy through the body in our romantic and intimate couple's suite.

### Couples Seclusion *90 minutes*

Start your couple journey to our opulent bathtub soaks aid with total mind and body relaxation, while leaving your skin soft and supple. Choose between our Milky Bath or Mineral Sea water options and Enjoy a couple massage. The therapist will use specific techniques and a sequence of movements to address your sore and weary muscles for a truly personalised massage experience. This is the perfect escape for you and your partner.

### The Royal Couples Hammam *120 minutes*

Enhance your couple's journey with the ultimate Arabian luxury together in the privacy of your own hammam. Immerse your bodies as they begin with the traditional black olive soap cleanse, kassa exfoliation and the precious ghassoul body wrap. We finish this couple's journey with a rich Shea Butter application to hydrate and protect the skin. This experience also incorporates the ice cave and Jacuzzi for additional bliss which you both enjoy privately, together.



## Kids Spa Menu

Kids below 10 years old, have to be accompanied by an adult.

### Royal Head & Shoulder Massage

*Recommended for 05 – 12 years. 30 minutes.*

Let us pamper your head, neck and shoulders after a big day of swimming and running around the Palace.

### Palace Massage for Kids

*Recommended for 05 – 12 years. 60 minutes.*

Very tired of playing around the palace? This 60 minutes massage is designed to relax your whole body with specific relaxation techniques performed by our spa professionals.

### Prince and Princess Scrub

*Recommended for 05 – 12 years. 30 minutes*

Designed for young Spa-goers between the ages of 5 – 15, this 30-minute Chocolate body scrub will leave your skin smooth and soft.

### Teen Facial

*Recommended for 10 – 15 years. 30 minutes*

We have the perfect facial for teen's experiences changes with their skin. Our therapists will be able to give you expert advice and tips to keep your skin glowing and clean.

### Bastien's Kids Manicure

*Recommended 5 – 12 years. 30 - 45 minutes*

Make you nails pretty and shiny with Bastien Gonzalez Mani and Pedi studio. Choose your favourite colour and have the most beautiful nails in the Palace.

### Bastien's Kids Pedicure

*Recommended 5 – 12. 45 minutes*

A favourite for your feet! Includes a relaxing lower leg and foot massage to leave you dreamy, sleepy and ready to run around the Palace all over again!

### Little Prince Haircut

*Recommended 2 – 12 years. 30 minutes*

Keep your hair out of your eyes so you won't miss a thing at the Palace! Trim your hair and watch TV at the same time! Even Dad will love this place!



# Beauty at the Palace

## Waxing *5.5 hours*

The superior Freelyss Waxing system allows us to deliver effortless top to toe hair removal. A quality blend of natural ingredients and essential oils, the Freelyss range is amazingly gentle for sensitive areas and can remove the shortest and most stubborn hairs with no skin drag and without leaving a sticky residue. Each treatment is individually tailored using a range of products and scents to guarantee flawless silky smooth results. A light refreshing powder is used to remove surface oils and cream before applying a gentle strip wax from the wrist to just below the elbow. A nourishing moisturiser is applied to sooth and re-hydrate the skin. Waxing is recommended every 4-6 weeks.

*Half arm 30 minutes - Underarm 30 Minutes - Full arm 45 Minutes - Half leg 30 Minutes  
Full leg 45 Minutes - Bikini line 30 Minutes - Brazilian 45 Minutes - Back 45 Minutes  
Half back 30 Minutes - Stomach 15 Minutes - Full body 90 Minutes*

## Eyelash Extensions Full Set *90 minutes*

Semi- permanent eyelashes enhance your natural lashes by adhering a synthetic eyelash to each natural eyelash to create longer, more voluminous lashes. The individual eyelashes are synthetic, gentle, lightweight and comfortable to wear

## Eyelash Extensions Semi-full *Set 60 minutes*

To achieve a less full look with less volume, our semi-full eyelash treatment applies fewer lashes for a more natural and less dramatic look.

## Eyelash Refills 1 Week, 2 Weeks or 3 Weeks *60 minutes*

To keep your eyelash extensions looking their very best we recommend refill maintenance appointments every 2-3 weeks. Individual eyelash extensions can be re-applied to refresh and maintain a voluminous look.

## Eyelash Removal *30 minutes*

We recommend eyelash extensions are removed safely and carefully preventing damage to the natural eyelashes. A removal gel is carefully applied to loosen the extensions before carefully removing the extension from the natural lash.



## Lash Lift *30 minutes*

Lash lift is a lash perming treatment that will help set the shape of your natural lashes. Giving them a lift and curl.

## Brow smoothing *30 minutes*

Is designed to give the illusion of fuller, more defined eyebrows by smoothing out the eyebrows.

## Eyelash Tint *30 minutes*

It visibly lengthens, darkens and thickens the appearance of eyelashes without smudging, clotting or rubbing off.

## Eyebrow Tint *30 minutes*

Eyebrow tinting is a gentle dye to the eyebrows to take them a shade or two darker. Enhancing the natural shape and thickness of your brows.





# Wellness at the Palace

## Holistic Treatments

### Abhyanga Massage *75 minutes*

An ancient healing technique developed in India over thousands of years ago where warm Ayurvedic oils are used in a full body massage to alleviate muscle fatigue and tension, improve circulation and harmonize the body's energy levels. An extremely balancing treatment that calms the mind uplifts the spirit and reconnects the body with its underlying intelligence.

### Therapeutic Indulgence *90 minutes*

Experience a sense of well-being and harmony with the full body massage treatment using heated rice poultice bundle with menthol aromatherapy oil combined with pressure points of the entire lymphatic system. Perfectly organized to boost your immune system by stimulating and improving the nervous system, muscular system and also improving the blood circulation.

### Rejuvenating Facial *60 minutes*

We will begin with a pampering foot ritual. Indulge your skin with our all natural facial. This facial will help not only rejuvenate your skin; fight pigmentation, firm and tighten the skin as well as deep cleanse the skin. The active ingredients used such as honey and yogurt will not only boost the skins immune system it will also improve the skins natural glow and radiance. With an option of a hand or foot massage while we treat your skin with our natural mask.

### Pressure Point Head massage *30 minutes*

It is a massage treatment focused on the head, upper back, neck, shoulders and arms. Which is very stimulating, relaxing and invigorating as well as stress relief. This massage is performed while seated comfortably in a chair.



# Detox, Slimming and Sculpting

## 3-MAX *60 minutes*

Reduce cellulite and sculpt your entire body with 3-MAX. This innovative and pioneering treatment utilises ultrasonic cavitation to remove unwanted fat, followed by Radio Frequency to heat and tighten the skin. Vacuum technology is then applied to increase circulation for faster fat burning. This treatment is ideal for eliminating cellulite, removing unwanted fat and collagen regeneration through body sculpting and toning.

## Cool Shaping *60 minutes*

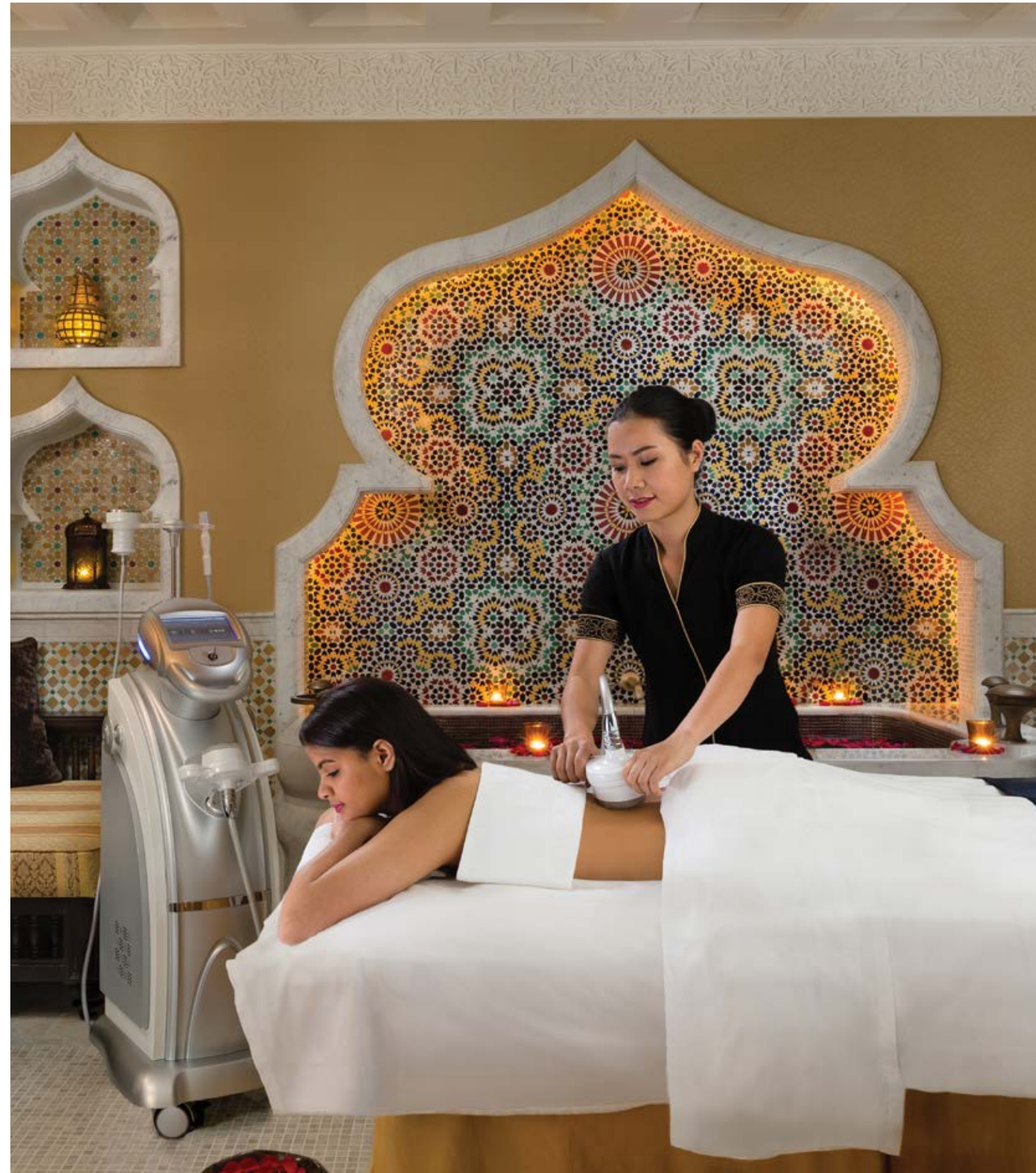
Shed unwanted body fat with Cool Shaping (cryolipolysis) which will destroy stubborn fat cells while sculpting and contouring your body. The procedure is non-invasive and requires no downtime so you can return to your normal activities immediately. Recommended in conjunction with 3-MAX for best results.

## Body Shaping Package

We have the perfect package to keep you focused and on track to achieve your weight loss goals. Comprised of four 3-Max sessions and two Cool Shaping sessions to target all areas of your body for shaping and sculpting an ends with an hour Body Sculpting Ritual complimentary..

## Body Sculpting Ritual *60 minutes*

This sculpting ritual will focus on key components for sculpting based on your specific needs. Including a tonic exfoliation, body sculpting mask and specific massage, this treatment is perfect to preserve the skin's firmness after maternity or weight loss or to reduce water retention.



## Calcium and Magnesium Mineral Therapy *75 minutes*

Thalion have created a mineral rich treatment containing Calcium and Magnesium to help restore essential and precious nutrients back into your body. Beginning with a Sea salt rich scrub and steam to prepare the skin for the Calcium or Magnesium marine mud wrap, your body will absorb all of the beneficial properties that these wonderful elements has to offer. Calcium plays a fundamental role in the formation and maintenance of bones and teeth, joint care, Ph. regulation, muscle contraction, increasing skin hydrating and reducing skin reactivity making it a mineral that we rely on in so many ways. Then we have Magnesium, which helps to gradually recharge the body for those suffering from stress, excess toxin build-up, fatigue, muscle contractions, skin dryness or poor sleep. Stress is one condition that actually depletes magnesium from the body making it even more important to replenish this lost valuable mineral.

## Detox Body Ritual *90 minutes*

The treatment commences with an invigorating scrub and steam, followed by a generous application of a marine concentrate using detox-specific massage movements and finishes with a detoxifying body wrap. This will assist with stimulating the elimination of toxins, and drain the body of excess water retention.





**PEDI:MANI:CURE STUDIO**  
by Bastien Gonzalez *B*

Internationally acclaimed for his unique approach to foot spas, Bastien Gonzalez brings a selection of his best treatments to the Emirates Palace Spa.

With decades of experience as a specialised French Chiropodist, Bastien has designed and developed exclusive and glamorous treatments infusing well-being and beauty for feet, nails and hands.







**PEDI:MANI:CURE STUDIO**  
by Bastien Gonzalez *B*

**Bastien's Manicure** *45 minutes (P)*

This exceptional manicure includes nail treatment, buffing and cuticle attention. A natural nail gloss and an unforgettable hand and arm massage will be your finishing treat.

**Bastien's Pedicure** *60 minutes (P)*

Experience a full pedicure that includes gentle nail buffing with chamois leather and pearly buffing cream to restore the natural beauty of the nail. This pedicure includes a skin treatment to eliminate dryness and comes complete with a massage to relieve tension from the feet and legs.

**Bastien's Duo** *75 minutes (P)*

This synchronised 'four hands' treatment focuses on treating your feet, legs, hands and arms. Complete with a skin treatment, massage and nail care session this is a divine luxury you must experience.

**Fire and Ice** *30 minutes (P)*

Experience a unique treatment that blends cooling and warming sensations to endorse total wellbeing to your feet and legs. Improve blood circulation with an invigorating cold Black Diamond scrub followed by Bastien's signature massage to relieve muscle tension and improve joint mobility. A warm paraffin wax is then applied to hydrate and soften the skin leaving your feet silky smooth. This treatment can be experienced as a single treatment or as the perfect addition to your Bastien pedicure.

**Bastien's Finishing Touches**

**Colour Touch** *20 minutes*

Select your preferred colour from our range of lacquers which are formaldehyde, toluene, DBP and Camphor-free, to prevent any aggression to the nail.

**Black Diamond Touch** *15 minutes*

Feel immediate satisfaction when you try this luxurious scrub with your next manicure or pedicure as your skin is left soft and smooth like never before. This scrub will help to eliminate dryness and allows for deeper penetration of moisture.

**Paraffin Touch** *20 minutes*

Intensify any of our Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers deep into the skin and induce relaxation to the entire body. This will also minimise tension in the joints and muscles.

**Gel Removal** *30 minutes*

Here at Bastien's Studios, you can always trust that we will use the gentlest methods when removing gel from your nails. Our therapists will do their best to restore your nails to their healthiest condition possible and give you advice on future nail care.





Gentlemen's Tonic is a unique establishment, founded in 2004 in the heart of Mayfair, that affords the modern man a traditional barbershop with a variety of lifestyle and grooming services.

With a philosophy that is both understated yet self-confident, and located in some of the world's most luxuriously exciting settings, it is the ambition of Gentlemen's Tonic to provide its clients with the highest level of dedication care and attention providing the perfect antidote to the rigors and stresses of the outside world. Designed for men's home grooming needs, the range features a bespoke fragrance and incorporates natural plant-extracts, and is free from synthetic materials and harmful chemical additives.

In 2017, Gentlemen's Tonic released their signature cosmeceutical line which saw the inclusion of serums, solutions and high grade ingredients specifically aimed to nourish, correct and protect.

A price list of services is available at the back of this menu.





## Services

### Haircut *45 minutes*

We begin with a shampoo and conditioning treatment for the hair using Gentlemen's Tonic's specific haircare products before our expert barber cuts and styles your hair. Perfect before a big event or as your regular monthly haircut to keep you looking sharp.

### Hair Trim *30 minutes*

Restore your hair to a neat and fresh finish with a hair trim between your regular cut. Trim the top, back or around the ears, or choose our special beard and moustache trims.

### Wet Shave *30 minutes*

This grooming treatment begins by using a pre-shave oil to soften the hair, followed by a creamy lather to allow for a closer shave without irritation. After the shave, hot and cold towels will be used as well as a soothing aftershave balm to protect and nourish the skin.

### Traditional Clipper Cut *30 minutes*

For those who like to keep it short and clean, our Traditional Clipper Cut will do just that. For gentlemen who like their cut even closer we have the Razor Head Shave for an all-over smooth finish.

### Colouring & Grooming Services

Whether you are looking to retouch on regrowth or colour away the greys, we have a colouring service perfect for you. We have an array of grooming services such as shaping, tinting or waxing available to keep you looking your best. Speak to our receptionists for assistance with your enquiries and grooming reservations.

## Packages and Upgrades

### The Emirates Palace Royal Shave *45 minutes*

This smooth shave experience includes a hydrating facial using Gentlemen's Tonic's cosmeceutical products to leave your skin feeling soft, clean and hydrated after your treatment.

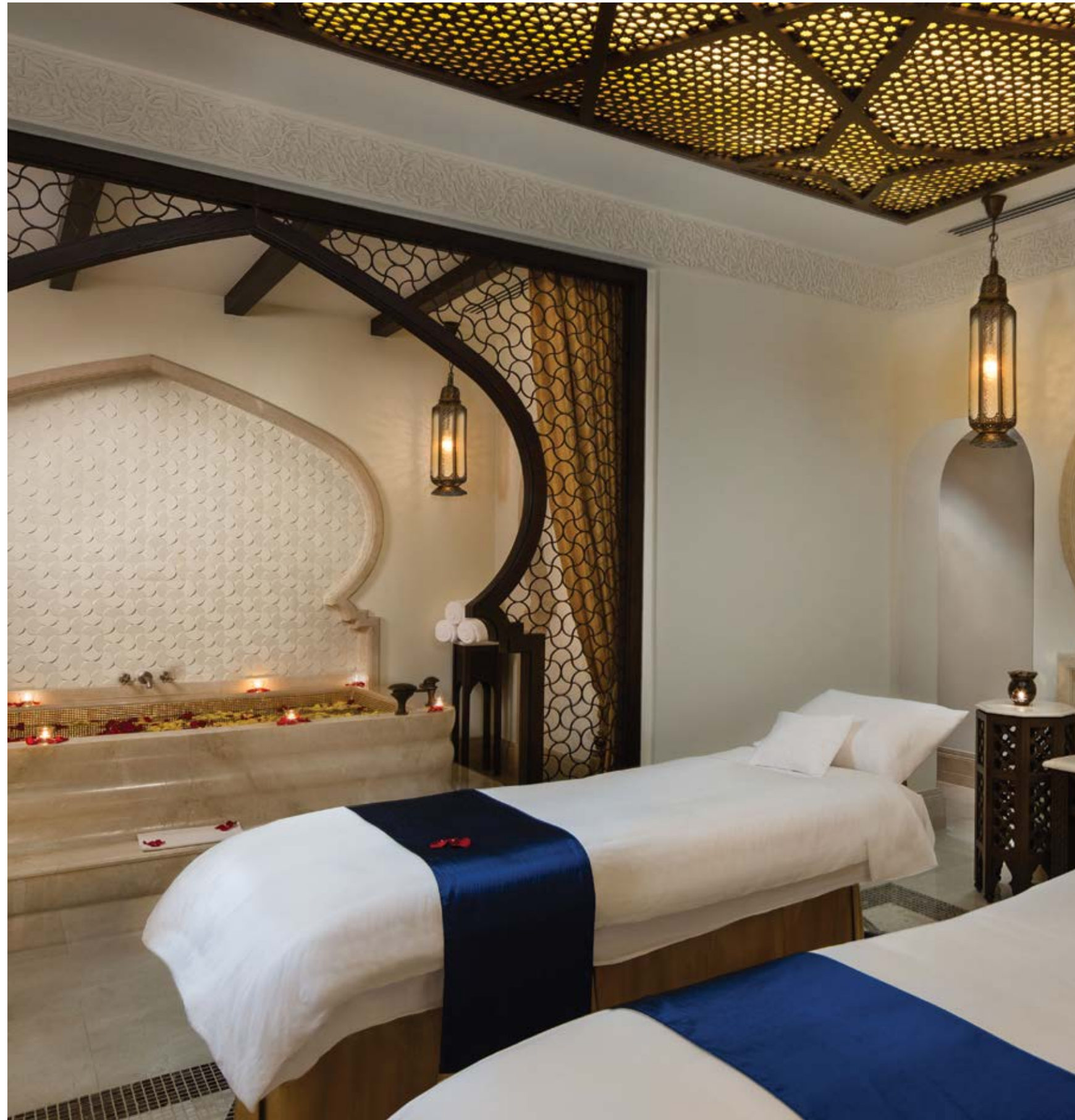
### Father & Son Haircut

Perfect for the weekends where you can enjoy your coffee while your son watches cartoons. We have you both covered with this father and son treat.

### Express Facial *30 minutes*

This express facial can be tailored to suit all skin types by using Gentleman's Tonic cosmeceuticals specifically designed to suit the needs of male skin. Using a blend of serums with hydrating anti-oxidants, vitamins and soothing botanicals, we will ensure your skin looks its best.





# How to Spa

## Emirates Palace Spa Facilities

Emirates Palace Spa, located in the West Wing of Emirates Palace is an iconic, award-winning haven set on a private stretch of beach, showcasing Arabian culture at its finest.

Emirates Palace Spa captures the essence of Moroccan charm blended with traditional ancient therapies from around the world consisting of 7 spa suites with the inclusion of 2 beautifully designed Hammam areas, 2 Bastien Gonzalez Mani:Pedi:Cure Studios and our Gentlemen's Tonic male grooming establishment. Treatments are carefully chosen using premium spa products and attention to detail in every encounter.

## Hours of Operation

Emirates Palace Spa is open daily from 10.00am to 11.00pm.

## Location

Emirates Palace Spa is located in the West Wing of Emirates Palace on the ground floor with covered parking available directly in front of the spa.

## Reservations

We recommend to book your spa treatment in advance to secure your preferred time. Please come directly to the spa or dial 02 690 7978 and one of our spa receptionists will be able to assist you. A credit card number is required to secure reservations of 4 people or more. Walk-in guests are welcome and are subject to availability. Children under 12 years of age require parental consent and supervision during all spa treatments.

## Spa Arrival

You are encouraged to arrive 10 minutes prior to your treatment time. This will allow for a smooth check-in and the opportunity to relax and enjoy your welcome drink before your treatment. Late arrivals will be subject to reduced treatment times. We request that all mobile phones be placed on silent so the tranquility of Emirates Palace Spa can be preserved for all guests. Smoking is not permitted in the Spa at any time.

## Cancellation Policy

Should you need to cancel or rebook your spa treatment, we do require a minimum of four hours notice to avoid being charged in full for your treatment.

## Spa Attire and Valuables

When you arrive for your treatments you will be provided with a spa robe and slippers as well as a locker to place your belongings. We recommend you leave all valuables in your room or suite as Emirates Palace Spa will not be held liable for lost items.

## Health Concerns

If you are pregnant or have any pre-existing conditions or allergies, please consult a doctor before booking any spa treatments or using the spa facilities. This will ensure your safety before indulging in any treatments.

All treatments that are safe to enjoy during your pregnancy are marked with a (P) throughout the menu.

## Gift Vouchers

Emirates Spa offers gift vouchers which are the ideal gift for that special someone. Please speak to one of our dedicated spa receptionists who can assist with the perfect treatment selection especially for you.

All gift vouchers must be mentioned at the time of making your reservation and must be presented on the day of your treatment. Gift vouchers are non-refundable and cannot be exchanged for cash. Please contact our spa reception for full terms and conditions.

To book your Spa indulgence, please call +971 (0)2 690 7978 or email [spa@emiratespalace.ae](mailto:spa@emiratespalace.ae)





EMIRATES PALACE SPA

قصر الامارات سبا





**Emirates  
Palace**

Abu Dhabi أبو ظبي

For further information and reservations please call +971 (0) 2 690 7978  
or email: [spa@emiratespalace.ae](mailto:spa@emiratespalace.ae)  
[www.emiratespalace.ae](http://www.emiratespalace.ae)