



In Colonial times, schooners were fast, nimble ships employed in privateering, blockade running and, most commonly, fishing. With its open-air setting mere steps from the sea, Schooners offers the best of the fisherman's catch prepared in Caribbean styles every day.

Great Beginnings

Fruit Juices

Orange, apple, pineapple, grapefruit, cranberry

Cereal

Corn Flakes, Frosted Flakes, Raisin Bran, Apple Jacks, Fruit Loops or Cheerios cereal. Regular, low fat or soy milk

Steel Cut Oatmeal

Brown sugar, berry compote, almonds

Seasonal Fruit Salad

Fresh mint

Smoked Salmon & Avocado Toast

Smoked salmon, avocado shaved red onion, capers

Smoothie Bowl

Mango yogurt, quinoa, seasonal diced fruits, roasted pecans, toasted almonds, shredded coconut

Hot Signature Dishes

Signature Omelet

Farm fresh eggs, sautéed seafood, peppers, onions, avocado, sliced prosciutto, cheddar cheese

French Toast

Caramelized banana, Nutella drizzle, roasted pecans

Buttermilk Pancakes

Choice of chocolate chip, blueberry, vanilla bean

Vegan Jerk Pork & Beans

Premium plant-based Hungry Planet® meat, grilled tomato, hash browns

Classics

Steak & Eggs

Grilled beef medallion, fried eggs, breakfast potatoes

Fried Fish Escoveitch

Island style fried snapper, hash browns, festival

Two Eggs Any Style

Crispy hash browns and choice of bacon, ham or sausage

Salmon Eggs Benedict

English muffin, smoked salmon, poached eggs, Hollandaise sauce


Sides


Breakfast Pork Sausage
Grilled Ham


Bacon
Baked Beans

Toast
Hash Browns

 Vegan  Vegetarian

 **Balanced Lifestyle**
These dishes offer healthier preparations and lower calorie counts

 **Gluten Free**
Please consult your server on which dishes can be prepared gluten-free

 **Lactose Free**
Please consult your server on which dishes can be prepared lactose-free





Please inform your server if you have any food allergies or special dietary requirements. Sandals' kitchens are not food allergen-free environments. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness to young children, seniors and those with compromised immune systems.



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Appetizers

Roots Fruits & Leaves

Radishes, berries, pears, mixed greens, raspberry vinaigrette. Also available with goat cheese  

Pan-Seared Scallops

Corn bread, pulled pork, anchovy mayonnaise

Steamed Mussels

Steamed mussels, garlic, herbs, white wine, cream

Shrimp Carpaccio

Seasonal greens, toasted pine nuts, citrus dressing

Fried Crab Cake

Coleslaw, mango-chili-scallion salsa

Beet & Arugula Salad

Arugula, roasted beet purée, lemon dressing, candied pecans

Seafood Chowder

Tomato, seafood, celery, carrots, peppers, potato, lemon-herb crème fraîche, crostini

Entrees

Pan-Seared Swordfish Steak *Signature Dish*

Grilled vegetables, whipped potatoes, olive-onion-tomato chutney

Pan-Seared Snapper in Scotch Bonnet-Lime Broth

Black mussels, carrots, leeks, boiled potatoes

Shrimp Alfredo

Linguine pasta, garlic, white wine, cream, black pepper

Chargrilled Ribeye Steak

Grilled vegetables, potato purée, Merlot reduction, fried Tabasco onions

Vegan Lasagna

Premium plant-based Hungry Planet® tomato-meat ragoût, spinach, mushrooms, pasta sheets, soy milk cream sauce, vegan cheese

Sesame Crusted Tuna

Warm vegetable salad, lemongrass scented rice, sweet soy reduction

Roasted Cauliflower Steak

Premium plant-based Hungry Planet® Italian Sausage & Quinoa cake, broccoli rabe, coconut curry cream

Kids

Penne Pasta

Tomato Sauce, Parmesan

Chicken Nuggets & Fries

Fish & Chips

Remoulade sauce

Desserts

Flourless Chocolate Cake

Strawberry salsa

Ginger & Peach Torte


Coconut Dacquoise, spiced poached peach, sugar nut crunch, ginger sabayon


Mango Custard


Stewed pineapple, crisp tuile

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