

*Anna Maria Russell, the 7th Duchess of Bedford was a lifelong friend of Queen Victoria, whom she served as a Lady of the Bedchamber. Anna is said to have complained of «having that sinking feeling» during the late afternoon, She would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. At the time it was usual for people to take only two main meals a day, breakfast and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and light snacks such as cakes, biscuits and tea taken privately in her boudoir during the afternoon. When she was exposed it became popular and eventually became known as...  
"Afternoon Tea"*

## AFTERNOON TEA




Sunday to Saturday

2.00 pm – 5.00 pm

195 AED per person with tea, coffee, soft beverages  
295 AED per person with unlimited bubbly

### Selection of Sandwiches




Figs and onion jam in baguette      153 Cal




Broccoli and pepper frittata    61 Cal

Thai Chicken salad sandwich   117 Cal

Bresoala with Manchego cheese  
and rocket leaves  117 Cal

Truffle hummus with vegetables crudités   87 Cal

Wagyu beef chorizo and gorgonzola on brown  
baguette    183 Cal

Poached salmon, sour cream, cucumber on squid  
ink bread    214 Cal

### Selection of freshly baked scones

Plain scones, raisin scones, clotted cream,  
strawberry jam   325cal

### Selection of mini pastries

Fresh Fruit tart     59 Cal





Coconut pistachio     89 Cal





Chocolate delice    218 Cal

Chocolate macaroon    146 Cal







Lemon olive oil cake     633 Cal

Raspberry profiterole     384 Cal

Espresso prune cake with coffee cheese  
frosting     141 Cal

Mango passion curd tart     75 Cal

#### Menu Designations:

Alcohol , Celery , Crustaceans , Eggs , Fish , Gluten ,  
Lupin , Milk , Molluscs , Mustard , Nuts , Peanuts ,  
Sesame Seeds , Soybeans , Sulphur Dioxid , Vegetarian ,  
Healthy Option 

If you have any concerns regarding food allergies, please alert your server prior to ordering.

All prices are in United Arab Emirates Dirhams and inclusive of Municipality fee, service charge and VAT

## BUBBLES BY THE GLASS

|  |     |
|--|-----|
| Valdo Prosecco Millesimato, Glera, Italy | 85  |
| Marquis De Joncry, Reserve, Brut, France | 145 |

## BLUE WINE BY THE GLASS

|                              |     |
|------------------------------|-----|
| IMAJYNE, Vermentinu, Corsica | 115 |
|------------------------------|-----|

## ROSÉ WINE BY THE GLASS

|                              |    |
|------------------------------|----|
| Montes Cherub, Syrah, Chile, | 80 |
|------------------------------|----|

## WHITE WINE BY THE GLASS

|   |    |
|---|----|
| La Chablisienne Pas Si Petit Chablis, Chardonnay, France    | 90 |
| Penfolds, Koonunga Hill, Chardonnay, Australia              | 85 |
| Castello Di Gabbiano, Pinot Grigio, Italy                   | 65 |
| Argento, Sauvignon Blanc, Argentina                         | 60 |
| De Bortoli Family Selection, Semillon/Chardonnay, Australia | 60 |

## RED WINE BY THE GLASS

|   |    |
|---|----|
| De Bortoli, Windy Peak, Pinot Noir, Australia   | 85 |
| Alamos Estate, Cabernet Sauvignon, Argentina    | 80 |
| Torres, Atrium, Merlot, Spain                   | 70 |
| Hardy's, The Riddle, Cabernet Merlot, Australia | 60 |
| Micheal Chapoutier, Bila-Haut, France           | 55 |

## PORT & SHERRY

60 ML

|  |    |
|--|----|
| Taylor's 10 Year Old Tawny, Wood Aged Port, Portugal | 95 |
| Tio Pepe Fino, Fino Sherry, Jerez, Spain             | 55 |

## CHAMPAGNE & SPARKLING

|  |      |
|--|------|
| Bollinger, Special Cuvee, Brut, Ay, France                             | 1160 |
| Taittinger, Réserve, Brut, Reims, France                               | 965  |
| Marquis de Joncry, Grande Reserve Brut                                 | 690  |
| Brut Prosecco di Valdobbiadene, Valdo Millesimato, Veneto, Italy, 2018 | 420  |

## BLUE WINE

|   |     |
|---|-----|
| Pozzo Di Mastri Imajyne, Corsica Island | 535 |
|---|-----|

## ROSE WINE

|  |     |
|--|-----|
| Chateau Ksara, Sunset Rose, Bekaa Valley, Lebanon, 2018              | 390 |
| Montes, Cherub, Rose de Syrah, Colchagua Valley, Chile 2019          | 395 |
| Sauvion & Fils, Chemin des Sables, Rosé d'Anjou, Loire, France, 2018 | 270 |

## WHITE WINE

|  |     |
|--|-----|
| Petit Chablis, La Chablisienne, Burgundy 2018  | 455 |
| Kapuka, Sauvignon Blanc, New Zealand           | 375 |
| Ken Forrester, Chenin Blanc, Stellenbosch 2017 | 350 |
| Castello Di Gabbiano, Pinot Grigio, Italy      | 305 |
| Miguel Torres, Viña Sol, Catalunya 2018        | 265 |
| Argento, Sauvignon Blanc, Mendoza 2018         | 225 |

## RED WINE

|   |     |
|---|-----|
| Montes, Kaiken, Ultra Malbec, Mendoza 2016                          | 495 |
| Chianti Classico, Castello di Gabbiano, DOCG, Chianti, Tuscany 2016 | 445 |
| Paul Jaboulet Aîné, Parallèle 45, Côtes du Rhône 2015               | 425 |
| Be Bortli, Windy Peak, Pinot Noir, Victoria, Australia              | 395 |
| Miguel Torres, Atrium Merlot, Penedès 2017                          | 395 |
| Penfolds, Rawson's Retreat, Shiraz/Cabernet, South Australia 2018   | 320 |

## BUBBLY COCKTAILS

|  |    |
|--|----|
| <b>Lotus Royal</b>   | 95 |
| Prosecco, Vodka, Blue Curacao, Passion Fruit, Home-made Caviar |    |
| <b>Aperol Spritz</b>   | 80 |
| Prosecco, Aperol, Splash of Soda Water                         |    |
| <b>Bellini</b>   | 80 |
| Prosecco, Peach Liqueur, Peach Puree                           |    |
| <b>Sparkling Kir</b>   | 80 |
| Prosecco, Crème De Cassis                                      |    |
| <b>Ambrosia</b>  | 75 |
| Prosecco, Brandy, Triple Sec, Sour Mix                         |    |

## SIGNATURE COCKTAILS

|  |    |
|--|----|
| <b>B&amp;B Doppelgänger</b>  | 85 |
| Brandy, Benedictine Dom, Prickly Pear, Lemon Juice, Indian Spices Droplets |    |
| <b>Lotus Affogato</b>  | 75 |
| Frangelico, Galliano, Kahlua, Espresso, Ice Cream                          |    |
| <b>Moroccan Raspberry</b>  | 75 |
| Rum infused Mint, Sparkling Wine, Raspberry                                |    |
| <b>Uisce-Beatha</b>  | 75 |
| Whiskey, Huckleberry, Soda, Orange, dash of Peychaud's Bitters             |    |
| <b>Palm</b>  | 70 |
| Vodka, Drambuie, Pineapple, Passion Fruit, Pasteurized Egg White           |    |
| <b>Elixir of Life</b>  | 70 |
| Gin, Elderflower Liqueur, Sour Cherry Juice, Togarashi Powder              |    |
| <b>Jimador's Legacy</b>  | 70 |
| Tequila, Coffee Liqueur, Blood Orange Puree, Lemon Soda Reduction          |    |
| <b>Island Fish Bowl</b>  | 70 |
| White Rum, Malibu, Blue Curacao, Pineapple, Mint, Lime                     |    |
| <i>Ask your waitress for the classic cocktail</i>                          |    |

## BEERS & CIDER

|   |         |
|---|---------|
| <b>Asahi Pint   Asahi Half Pint</b> , Japan, Rice Lager | 60   45 |
| <b>Almaza</b> , Lebanon, Pale Lager                     | 40      |
| <b>Chang</b> , Thailand, Pale Lager                     | 40      |
| <b>Corona</b> , Mexico, Pale Lager                      | 40      |
| <b>Heineken</b> , Netherlands, Pale Lager               | 40      |
| <b>Singha</b> , Thailand, Pale Lager                    | 40      |
| <b>Guinness</b> , Ireland, Dry Stout                    | 55      |
| <b>Bulmers</b> , United Kingdom, Cider                  | 60      |
| <b>Bavaria</b> , Netherland, Non-Alcoholic Malt         | 26      |

## APERITIF

60 ML

|  |    |
|--|----|
| <b>Aperol</b> , Italy, Aperitivo             | 60 |
| <b>Campari</b> , Italy, Bitters              | 60 |
| <b>Martini Rosso</b> , Italy, Sweet Vermouth | 60 |
| <b>Pimm's No.1</b> , England, Fruit Cups     | 60 |
| <b>Noilly Prat</b> , France, Dry Vermouth    | 60 |
| <b>Henri Bardouin</b> , France, Pastis       | 60 |

## VODKA

30 ML/60 ML

|                                      |        |
|--------------------------------------|--------|
| <b>Absolut Blue</b> , Sweden         | 55/90  |
| <b>Smirnoff Black</b> , Russia       | 55/90  |
| <b>Stolichnaya</b> , Russia / Latvia | 55/90  |
| <b>Ketel One</b> , Netherland        | 65/110 |
| <b>Grey Goose</b> , France           | 70/120 |

## GIN

|   |        |
|---|--------|
| <b>Hayman's Sloe Gin</b> , United Kingdom   | 55/90  |
| <b>Bombay Sapphire/ Beefeater</b> , England | 55/90  |
| <b>Hendrick's</b> , Scotland                | 60/100 |
| <b>Tanqueray 10</b> , United Kingdom        | 65/100 |
| <b>Diplôme Dry Gin</b> , Dijon, France      | 65/110 |

## RUM

|  |         |
|--|---------|
| <b>Bacardi Superior</b> , Puerto Rico                | 55/90   |
| <b>Captain Morgan Blanc/ Spiced/ Black</b> , Jamaica | 55/90   |
| <b>Havana Club 3 Años</b> , Cuba                     | 55/90   |
| <b>Ron Zacapa XO</b> , Guatemala                     | 105/185 |

## TEQUILA

|  |        |
|--|--------|
| <b>Jose Cuervo Reposado</b> , El Valle | 55/90  |
| <b>Jose Cuervo Silver</b> , El Valle   | 55/90  |
| <b>Patron XO Café</b> , Los Altos      | 65/110 |
| <b>Patron Silver</b> , Los Altos       | 65/110 |
| <b>Patron Reposado</b> , Los Altos     | 70/120 |

## SINGLE MALT SCOTCH WHISKY

|  |        |
|--|--------|
| <b>Glenmorangie Original 10 yrs</b> , Highland | 60/105 |
| <b>Laphroaig 10 yrs</b> , Islay                | 60/105 |
| <b>Highland Park 12 yrs</b> , Island           | 60/105 |
| <b>Auchentoshan 12 yrs</b> , Lowland           | 65/110 |
| <b>The Macallan 12 yrs Fine Oak</b> , Highland | 75/135 |
| <b>Glenfiddich 18 yrs</b> , Speyside           | 80/140 |

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## **BLENDED SCOTCH WHISKY**

**30 ML/60 ML**

|   |         |
|---|---------|
| <b>The Famous Grouse</b> , Glenturre                                    | 55/90   |
| <b>Johnnie Walker Black Label</b> , Leven, Fife,<br>Shieldhall, Glasgow | 60/105  |
| <b>Chivas 12 yrs</b> , Strathisla                                       | 60/105  |
| <b>Chivas 18 yrs</b> , Strathisla                                       | 110/190 |

## **IRISH WHISKEY**

|                          |       |
|--------------------------|-------|
| <b>Jameson</b> , Ireland | 55/90 |
|--------------------------|-------|

## **AMERICAN WHISKEY**

|  |        |
|--|--------|
| <b>Elijah Craig 12 yrs</b> , Bourbon           | 55/90  |
| <b>Evan William Single Barrel</b> , Bourbon    | 55 90  |
| <b>Maker's Mark</b> , Bourbon                  | 60/105 |
| <b>Jack Daniel's</b> , Tennessee               | 60/105 |
| <b>Jack Daniel's Single Barrel</b> , Tennessee | 70/120 |

## **COGNAC**

|                         |         |
|-------------------------|---------|
| <b>Hennessy VS</b>      | 60/105  |
| <b>Hennessy VSOP</b>    | 70/125  |
| <b>Hennessy XO</b>      | 180/310 |
| <b>Hennessy Paradis</b> | 290/530 |

## **GRAPPA**

|   |       |
|---|-------|
| <b>Nonino il Moscato Grappa Monovitigno</b> | 55/90 |
|---|-------|

## **SAKE**

**180 ML**

|                             |    |
|-----------------------------|----|
| <b>Honjyozo Josen Hyogo</b> | 90 |
|-----------------------------|----|

## **LIQUEUR**

**30 ML/60 ML**

|  |       |
|--|-------|
| <b>Jägermeister</b> , Germany                  | 35/60 |
| <b>Sambuca Isolabella</b> , Italy              | 35/60 |
| <b>Archers Peach Schnapps</b> , United Kingdom | 40/70 |
| <b>Cointreau</b> , France                      | 40/70 |
| <b>Disaronno Amaretto</b> , Italy              | 40/70 |
| <b>Drambuie</b> , Scotland                     | 40/70 |
| <b>Fernet-Branca</b> , Italy                   | 40/70 |
| <b>Frangelico</b> , Italy                      | 40/70 |
| <b>Grand Marnier Cordon Rouge</b> , France     | 40/70 |
| <b>Kahlua</b> , Mexico                         | 40/70 |
| <b>Tia Maria</b> , Jamaica                     | 40/70 |
| <b>Bailey's Irish Cream</b> , Ireland          | 50/85 |

## SIGNATURE MOCKTAILS

|  |    |
|--|----|
| <b>Arab's Bliss</b> 68 Cal   | 35 |
| Sparkling Date Juice, Raspberry Puree, Apple Juice, Rose Water                   |    |
| <b>Mesmerizing Blend</b> 160 Cal   | 35 |
| Mix Berries Juice, Pineapple Juice, Blue Agave Nectar, Blueberries               |    |
| <b>Cha Manao Twist</b> 147 Cal   | 35 |
| Chai Syrup, Cranberry Juice, Lime, Sweetened Ginger                              |    |
| <b>Sunset Delight</b> 204 Cal  | 35 |
| Cotton Candy Sauce, Blue Curacao, Mango Juice, Strawberry Puree                  |    |
| <b>Magnitude 6</b> 164 Cal   | 35 |
| Apricot Juice, Papaya Syrup, Orange Juice, Passion Fruit Seed, Tonic, Lemongrass |    |

## SMOOTHIES

|  |    |
|--|----|
| <b>Mango Madness</b> 69 Cal                  | 35 |
| Mango Juice, Pineapple Juice and Yogurt      |    |
| <b>Triple C</b> 387 Cal                      | 35 |
| Chocolate, Coconut Cream and Caramel         |    |
| <b>Essex Concoction</b> 481 Cal              | 35 |
| Oats, Honey, Ginger, Banana, Full Cream Milk |    |

## MILK SHAKES

|  |    |
|--|----|
| <b>Café Mocha</b> 350 Cal   <b>Chocolate</b> 371 Cal |    |
| <b>Strawberry</b> 348 Cal   <b>Vanilla</b> 350 Cal   | 30 |

## FRESH JUICES

|   |    |
|---|----|
| <b>Green Apple</b> 158 Cal   <b>Mango</b> 175 Cal   <b>Orange</b> 123 Cal |    |
| <b>Pineapple</b> 158 Cal   <b>Watermelon</b> 105 Cal                      | 35 |
| <b>Fresh Young Coconut</b>  | 50 |

## SPARKLING DATE JUICE

|                       |     |
|-----------------------|-----|
| <b>Glass</b> 42 Cal   | 40  |
| <b>Bottle</b> 210 Cal | 150 |

## SOFT DRINKS

|  |    |
|--|----|
| <b>Coke</b> 126 Cal   <b>Diet Coke</b> 3 Cal   <b>Sprite</b> 141 Cal |    |
| <b>Diet Sprite</b> 4 Cal   <b>Fanta</b> 174 Cal                      | 26 |
| <b>Red Bull</b> 115 Cal  | 50 |

## WATER

|                       | ML       |       |
|-----------------------|----------|-------|
| <b>Al Ain</b>         | 1500/500 | 25/16 |
| <b>Acqua Panna</b>    | 750/500  | 40/25 |
| <b>San Pellegrino</b> | 750/500  | 40/25 |
| <b>Perrier</b>        | 330      | 25    |

## COFFEE

*Anantara The Palm Dubai Resorts serves only Coffee Planet, UTZ Certified*

|  |       |
|--|-------|
| <b>Espresso</b> 1 Cal   <b>Double Espresso</b> 2 Cal | 25/30 |
| <b>Americano</b> 1 Cal                               | 25    |
| <b>Cappuccino</b> 70 Cal                             | 30    |
| <b>Café Latte</b> 78 Cal                             | 30    |
| <b>Turkish Coffee</b> 1 Cal                          | 30    |

## TEA SELECTION

|   |    |
|---|----|
| <b>Black</b>  | 25 |
| Brilliant Breakfast   Ceylon Ginger   Darjeeling   Earl Grey              |    |
| <b>Green</b>  | 25 |
| Jasmine Flowers   Sencha  |    |
| <b>Moroccan</b>   | 30 |
| <b>Oolong</b>   | 25 |
| Tie Guan Yin  |    |
| <b>White</b>  | 30 |
| Silver Tips   |    |
| <b>Infusion</b>   | 25 |
| Blueberry & Pomegranate   Pure Chamomile Flower<br>Pure Peppermint Leaves |    |

## ICED COFFEE

|   |    |
|---|----|
| <b>'Viet-Thanh's Cold Coffee'</b> 133 Cal   | 35 |
| With sweetened condensed milk   |    |
| <b>Caramel</b> 195 Cal   <b>Hazelnut</b> 197 Cal   <b>Mocha</b> 186 Cal<br><b>Vanilla</b> 230 Cal | 30 |

*Each of them blends with Espresso, Milk of your preference and Whipped Cream*

|                                 |    |
|---------------------------------|----|
| <b>Cold Brewed Coffee</b> 2 Cal | 50 |
|---------------------------------|----|

## ICED TEA

|   |    |
|---|----|
| <b>Classic</b> 110 Cal   <b>Strawberry</b> 150 Cal        |    |
| <b>Passion Fruit</b> 170 Cal   <b>Elderflower</b> 150 Cal | 35 |

*Each of them blends with Earl Grey Tea, Sugar and fresh Lemon Juice*





















## Nutritional guide

While we are committed to providing accurate nutritional information, because our recipes are prepared fresh to order, there may be differences between the actual nutritional content of your order and the nutritional values provided.


The values are derived from standardised recipes and serving sizes. While we will do our best to accommodate special requests to prepare your meal the way you like it; modifications may alter the nutritional values.

A rough consumption of 2,000 calories/day is generally advised for youth and adults (ages 13 and older) and 1,500 calories for children (ages 4 to 12), but individual needs may vary.

## SAVORY BITE

- Lotus Classic Nachos**    570 Cal 55  
Crispy corn tortilla, melted yellow cheddar cheese, sliced jalapeno, tomato salsa and guacamole
- Cajun Chicken Tacos**   494 Cal 65  
Mini taco shells filled with Cajun chicken, crunchy iceberg, mixed bell peppers, avocado and smoked paprika cream
- Homemade Guacamole**    705 Cal 65  
Grilled panini bread, tortilla chips
- European and Regional Cheese Selection**     788 Cal 75  
Soft cheese, hard cheese, crackers, lavender fig chutney, dried fruits, walnuts
- Beef Satay**     941 Cal 80  
Marinated beef skewers, peanut sauce, pickled vegetable
- Plant based Bao**     1105 Cal 70  
Asian flavoured minced soya, steamed bao buns, cabbage, spicy aioli

## THE LOTUS SALAD

- Organic Quinoa Salad**     584 Cal 85  
Egyptian dukkah, shaved fennel, pomegranate, baby spinach, citrus zest, classic vinaigrette
- Classic Caesar Salad**      537 Cal 85  
Romaine lettuce, turkey bacon, croutons, Parmesan cheese, caesar dressing
- Add grilled chicken 708 Cal 95
- Add grilled prawns  607 Cal 105
- Royal Mezze Platter**      1614 Cal 110  
Hummus, moutabel, tabbouleh, fattoush, stuffed vine leaves, kibbeh, cheese rokakat, spinach fattayar, meat sambousek

### Menu Designations:

Alcohol  Celery  Crustaceans  Eggs  Fish  Gluten   
Lupin  Milk  Molluscs  Mustard  Nuts  Peanuts   
Sesame Seeds  Soybeans  Sulphur Dioxid  Vegetarian   
Healthy Option 

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## THE LOTUS SPECIALS

- Panini Club** 🍷🍳🥬🥩🥗 1703 Cal 95  
Grilled bread, chicken breast, turkey bacon  
egg mayonnaise, baby gem, sliced plum tomatoes
- Mini Sliders** 🍷🍳🥬🥩🥗 939 Cal 95  
Chargrilled wagyu beef patty, cheddar cheese, green salad  
coleslaw, baby gherkin
- Poke Bowl** 🐟🍳🥬🥩🥗 1021 Cal 90  
Macerated raw salmon, rice, avocado, carrot, cucumber,  
edamame, cabbage, pickled kai wei chai, sesame seeds
- Chicken Lollipop** 🍷🍳🥬🥩🥗 1346 Cal 80  
Frenched chicken winglet, sweet & sour sauce

## THE LOTUS FLATBREAD

*Crisp, fresh oven baked breads with assorted toppings, great for sharing*

- Burrata and Mix Bell Peppers** 🍷🍳🥬🥩🥗 775 Cal 65  
Burrata cheese, roasted pepper, basil pesto
- Artichoke and Bresaola** 🍷🍳🥬🥩🥗 742 Cal 75  
Artichoke, green olive, beef bresaola, tomato relish, rocket leaves
- Chicken Tikka** 🍷🍳🥬🥩🥗 1121 Cal 65  
Spicy chicken tikka, Makhani gravy, pickled onion,  
minted yoghurt
- Haloumi & Zaatar** 🍷🍳🥬🥩🥗 1236 Cal 60  
Haloumi cheese, avocado, cherry tomato, zaatar, olives, hummus

## THE LOTUS DESSERTS

- Sticky Date Pudding** 🍷🍳🥬🥩🥗 391 Cal 60  
Butterscotch sauce, vanilla ice cream and caramel tuille
- Vanilla Crème Brulee** 🍷🍳🥬🥩🥗 686 Cal 55

### Dessert Extravaganza

Please see our daily changing pastries in the display section

#### Menu Designations:

Alcohol 🍷, Celery 🥬, Crustaceans 🦀, Eggs 🍳, Fish 🐟, Gluten 🍷,  
Lupin 🍷, Milk 🥛, Molluscs 🐚, Mustard 🍷, Nuts 🥜, Peanuts 🥜,  
Sesame Seeds 🍷, Soybeans 🥬, Sulphur Dioxid 🍷, Vegetarian 🥬,  
Healthy Option 🍷

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