

せしま

SEYSHIMA



M E N U



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THE ART OF TEPPANYAKI

Teppanyaki is a unique culinary art prepared before your eyes on a hot iron griddle. Our specially trained chef will cook your food to perfection using light seasoning and fresh ingredients for both your entertainment and palatable pleasure. To be shared with friends and family we are delighted that you join us for a night of artistic and entertaining Japanese cuisine.

FROM THE TEPPANYAKI GRILL

Tenderloin Steak	820
Rib Eye Steak	880
Salmon Steak	880
Hibachi Chicken	710
Yellow Fin Tuna 	810
Prawns	880
Calamari 	720
Hibachi Vegetables & Tofu 	610

TEPPANYAKI COMBO'S

Meat Lovers Ribeye & Chicken	780
The H Resort combo Tenderloin Steak & Prawns	1020
Seafood Lovers Yellow Fin Tuna, Prawn & Lobster	1320
All Seyshima Experiences are Accompanied By: Miso Soup, Shrimp Appetizer, Seyshima Fried Rice, Hibachi Vegetables, Dessert of the Day	1320

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

 Vegetarian

 Contains Nuts

 Contains Pork

 Contains Alcohol

 Locally Inspired

DIGESTIVES



Baileys	120
Amarula	120
Sambuca	120
Fernet Branca	120
Fino Palomino Sherry	130


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SET MENU

STARTER

Vegetarian Roll

Cucumber, Arugula, Avocado, Garlic Mayo

OR

Miso Soup

Tofu, Spring onions, Japanese Seaweed

FROM THE TAPPENYAKI

Chicken Katsu

Served with Stir Fried Soba Noodles

OR

Yellow Fin Tuna

Served with Garlic fried Rice

DESSERT

Banana Spring

Served with Caramel Sauce



Full & half board guests are entitled to a 3 course dinner.

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FOOD MENU

FOR ROOM SERVICE




Please dial `0` or order on Whatsapp




+248 260 5301

Timing: From 6:30pm to 9:30pm . Closed on Wednesday

SUSHI ROLLS (8 PIECES)

Vegetarian Roll 	245
Cucumber, Arugula, Avocado, Garlic Mayo	
Volcano Roll	245
Cucumber, Salmon, Cheese	
Dragon Roll	245
Prawn, Avocado, Crab Stick, Wasabi & Mayo	
Spider Roll	245
Cucumber, Mango, Crab Meat, Sesame Seed & Mayo	
Rainbow Roll 	265
3 kinds of Fish, Mango, Cucumber, Avocado, Japanese Mayo	
Smokey Roll 	355
Smoked Sword Fish, Cream Cheese, Mango, Asparagus, Cucumber	
California Maki	265
Crab Stick, Avocado, Cucumber, Mango, Japanese Mayo	

SPECIAL ROLLS (8 PIECES)

The H Roll 	310
Tuna, Asparagus, Spicy Mayo	
Orange Blossom Roll	310
Salmon, Cream Cheese, Avocado, Asparagus	
Tempura Crispy Roll	355
Tempura Shrimps, Crab Stick, Cucumber & Spicy Mayo	

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SASHIMI & NIGIRI

Salmon Nigiri (6 Pieces)	235
Tuna Nigiri (6 Pieces)	235
Gonkan Boat Tuna (4 Pieces)	235
Gonkan Boat Salmon (4 Pieces)	235
Gonkan Boat Crab (4 Pieces)	300
Tuna Sashimi 	300
Red Snapper Sashimi 	300

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