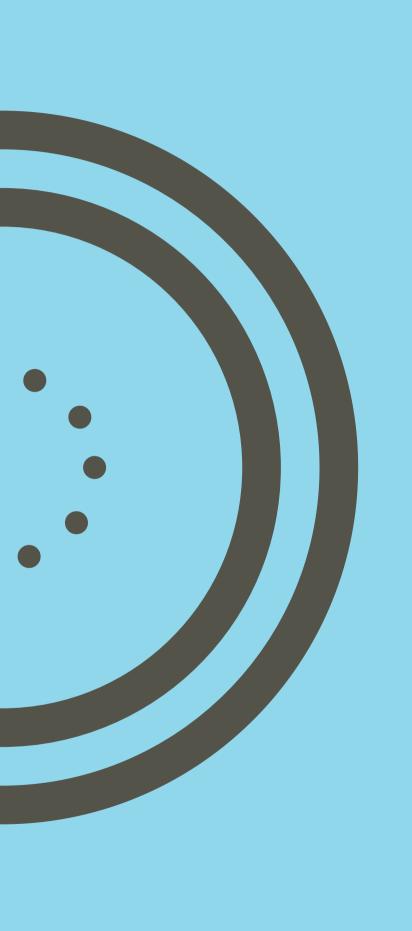


TREATMENT MENU





Domes Noruz Chania, Autograph Collection therapists are ELEMIS trained. They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever–evolving rhythm of your life and the ever–changing nature of your skin.

All the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every spa therapy is shaped and moulded around you, for a results-driven, personalised experience.

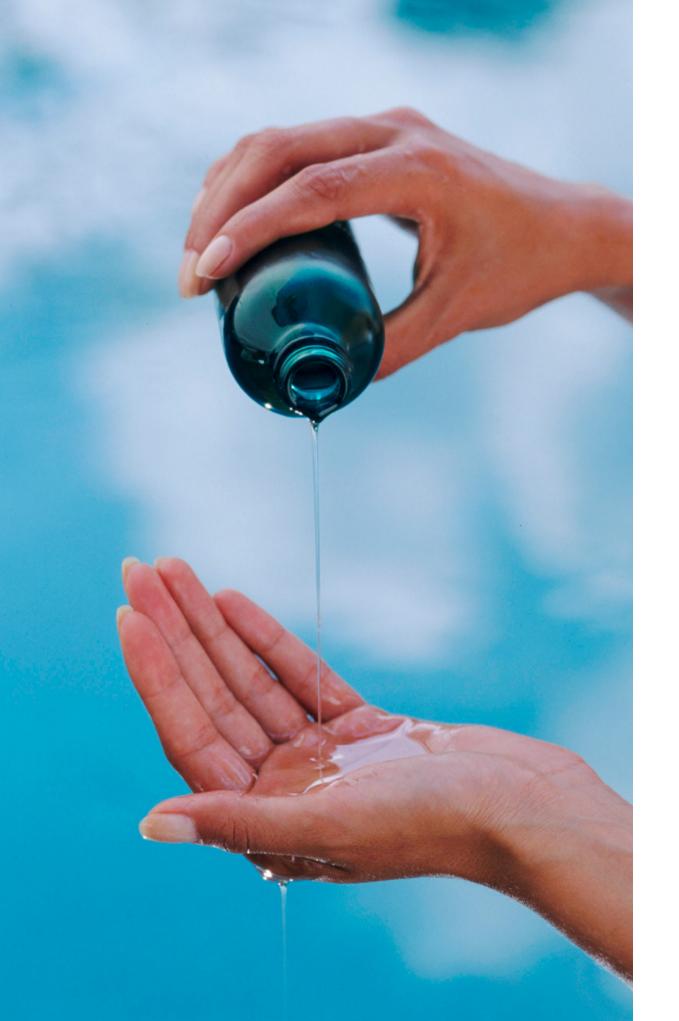
ELEMIS is pushing the boundaries to develop unique textures, ground-breaking formulations and conduct clinical trials to confirm what we already know; that ELEMIS delivers real results. There are no short cuts and there are no gimmicks.

ELEMIS treatments and products are pioneering industry game-changers, loved by hundreds of beauty editors and celebrities including Victoria Beckham, Kate Hudson, Cindy Crawford and others. With over 200 independent beauty awards ELEMIS is considered to be today, the Number One British Spa and Anti-Ageing Skincare brand.

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- Suggested for CouplesSuitable for Pregnancy



# SIGNATURE TREATMENT

#### Noruz Signature Mythical Relaxing Massage

60/90mins

This is our Signature Relaxing Massage that helps maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils blends inspired by 5 different journeys from the Greek Mythology. Connecting mind and spirit we encourage you to either enhance a good night's sleep, see the world through a clear mind, embrace the surroundings, calm your spirit or find the inner strength you have. Skin is left exquisitely moisturised, intensely supple and delicately scented.

Choose your Mythical Greek Journey:

#### Sleep HYPNOS

Restorative Patchouli, Elemi and Palmarosa help you switch off your mind and release yourself into the safe hands of deep, restful and restorative sleep.

#### Clarity ATHENA

Energising Bitter Orange, refreshing Cardamon and warming Ginger work together to form a balancing blend of awakening essential oils to sharpen your concentration. A true awareness of confidence.

#### Fortitude HERACLES

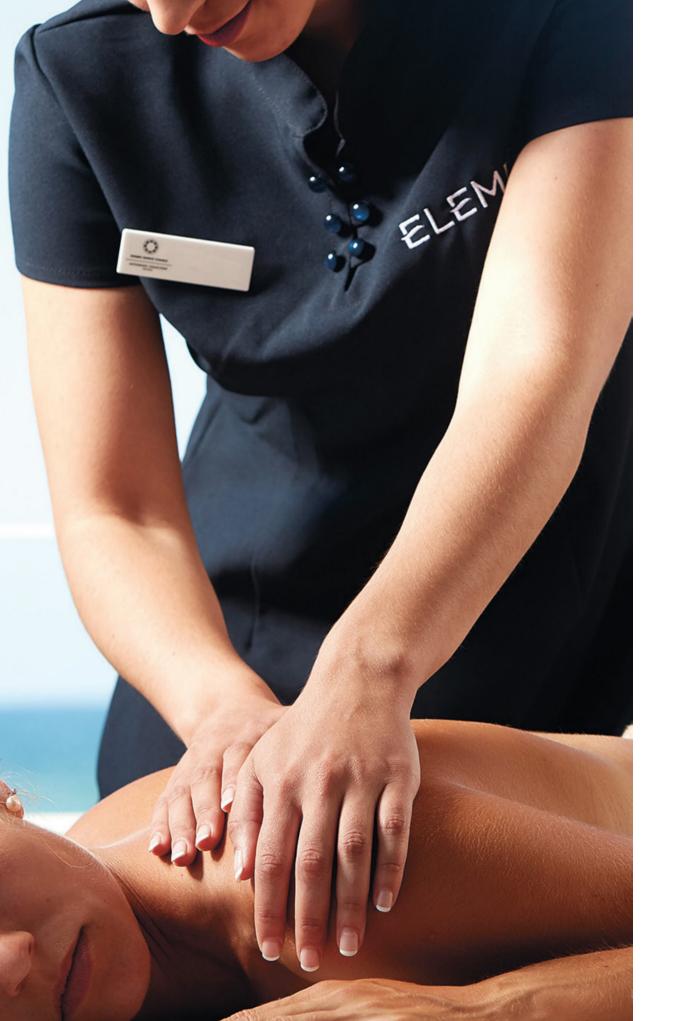
Harmonizing Cedarwood and restorative Geranium help redefine your center and encourage your confidence. Feel Grounded, determined and strong to the core.

#### Embrace EROS

Warming Vetiver, sweet Frankincense and potent Rose Pepper inspire a sense of adventure. Channel that energy and nothing can stop you.

#### Calm ESTIA

Rosewood will help you lift your spirits, Clary Sage will encourage calm, whilst Lavandin works to unwind and relax for a sense of inner peace. Settle the mind. Let the quiet in.



# **ELEMIS** MASSAGE THERAPY

#### ELEMIS Freestyle Deep Tissue Massage

30/60/90mins

Your therapist will select an aromatic oil according to your concerns, be the muscle pain, stress relief, relaxation or balance. The following massage works deeper into the tension, encouraging optimum circulation.

#### ELEMIS Deeper than Deep Hot Stone Massage

60/90mins

Balinese Stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

#### **ELEMIS Garden of England Rose Restore**

60mins

Relaxing Aromatherapy Massage

Take a walk in a rose garden with this lavishly hydrating relaxing massage. The unique trio of rose, Camelina and Poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.

#### Swedish Massage

60mins

The primary goal of this massage is to relax the entire body.

This massage will reduce the strains built up in the muscles and improve your overall feeling of comfort and well-being. Relieving the body from stress and tension you will feel revived and renewed.

#### **ELEMIS Hot Mineral Body Boost Energising Massage**

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

#### **ELEMIS Peaceful Pregnancy Massage**

75mins O

Mothers-to-be are restored to optimum wellness an intuitive and relaxing massage that hydrates skin that is expanding to accommodate a growing baby.

#### ELEMIS Frangipani Hair, Neck & Shoulder Massage with Hair Treatment

45mins O

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose. Added bonus the amazing Frangipani Monoi Hair & Scalp mask.



# ELEMIS FACE TECHNOLOGY

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the ELEMIS BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. Clinically proven results for a thriving, visibly healthy and energised skin.

60/90mins

#### Anti-aging

#### **ELEMIS BIOTEC Line Eraser**

Wrinkles are targeted with firming and toning microcurrent pulses to stimulate the skin cells towards dynamic functionality. Circulation is improved, increasing the production of collagen and elastin, whilst the dermis is flooded with super Hyaluronic hydrating activators, sealed with a re-energising Amber balm. Red and blue light therapy warms and de-stresses the skin whilst a blast of oxygen delivers a breath of fresh air, effectively ironing out wrinkles and filling in lines. A powerfully rejuvenating facial treatment.

60/90mins

#### **ELEMIS BIOTEC Firm-a-Lift**

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting technology. Circulation stimulating Arjuna, Gardenia stem cells and Alaria Esculenta Seaweed are activated by microcurrent pulses to tighten slackening skin. Galvanic currents infuse the skin with bio-active formulas that hydrate and tone. The extra-cellular matrix of the skin is visibly strengthened, restoring elasticity and tenacity for a contoured complexion that is remarkably lifted.

60/90mins

#### **ELEMIS BIOTEC Anti-Pigment Brightener**

This powerful, targeted skin-brightening treatment visibly illuminates the complexion, dynamically treating the appearance of uneven skin tone, discolouration and age spots. A unique complex of brightening actives, ultrasonic peel and light therapy is combined with precision massage to help wash out melanin and reduce dullness. A peel off mask of Vitamin C and Daisy extract reduces pigmentation, while mineral-rich Sea Algae intensely moisturises. The result is skin that is youthful, refined and naturally translucent.

60/90mins

#### **ELEMIS BIOTEC Skin Resurfacer**

This revolutionary resurfacing facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel reveals a noticeably smoother complexion using a combination of Lactic and Hyaluronic acids, Sandalwood, Thyme and Lemon oils. Steam and extraction deeply cleanse and detoxify before massage and light therapy restores equilibrium. Wrinkles and fine lines are reduced to leave a complexion that has never been softer or smoother.



#### Skin Solutions

#### **ELEMIS BIOTEC Radiance Renew**

60/90mins

A powerful antidote for dull and tired skin, this cellular-boosting treatment targets sluggish complexions. The ultrasonic peel pumps vibrational energy into the skin to exfoliate and stimulate the removal of impurities and dead skin cells, while the Galvanic rejuvenating current harnesses the power of Elderberry and Orange flower extracts to restore moisture and vitality. Skin is left profoundly reinvigorated. Instantly clearer, visibly brighter and radiant.

#### **ELEMIS BIOTEC Blemish Control**

60/90mins

A deep cleansing facial that detoxifies the skin and repairs damaged tissue. This treatment uses ultrasonic vibration, massage, steam and galvanic currents to thoroughly decongest and exfoliate. A powerfully anti-oxidant, anti-bacterial activator containing Salicylic acid and inflammation-reducing Iris soothes and smoothes while light therapy helps balance and clear the complexion, speeding up recovery.

#### **ELEMIS BIOTEC Sensitive Skin Soother**

60/90mins

The anti-redness treatment that calms and soothes sensitive skin. Using an activator rich in Frankincense and natural anti-inflammatory Willowherb, the skin is infused with oxygen to encourage cellular restoration, perfect balance and structural strength. Red light therapy operates in harmony with calming anti-oxidants to improve cell communication and the skin's natural ability to repair itself. The result is serene, smooth and sensational.

#### **ELEMIS BIOTEC Skin Sychronising Booster Facial**

30mins

Recover Like Clockwork, with this add-on facial treatment empowered with the ELEMIS Peptide 24/7 range. The ultrasonic peel stimulates the removal of impurities and dead skin cells while Peptide4 products work around the clock to help keep skin in sync, ensuring each vital process is carried out to optimum effect. An oxygen infusion encourages cellular restoration for a skin that looks well-rested, radiant and beautiful, 24/7.

Add-ons

BIOTEC Eye Treatment BIOTEC Neck Treatment

30mins 30mins



# **ELEMIS FACE TOUCH**

#### **ELEMIS Pro-Collagen Age Defy**

60mins O

Tackle fine lines and wrinkles with the clinically proven defying properties of marinecharged padina pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

#### ELEMIS Pro-Collagen Definition Lift & Contour

60mins O

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profound sculpted, youthful effect.

#### **ELEMIS Dynamic Resurfacing Precision Peel**

60mins

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start to smoother, younger-looking skin.

#### **ELEMIS White Brightening Pigment Perfector**

60mins 0

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion.

#### **ELEMIS Superfood Pro-Radiance**

60mins O

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.



#### **ELEMIS Sensitive Skin Soother Aromatherapy Facial**

60mins o

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stress. Texture and moisture levels are dramatically restores. Skin is left supremely soothed, comfortable and calm. Perfect after-sun facial.

#### Anti-Blemish Mattify and Calm Deep Cleansing Facial

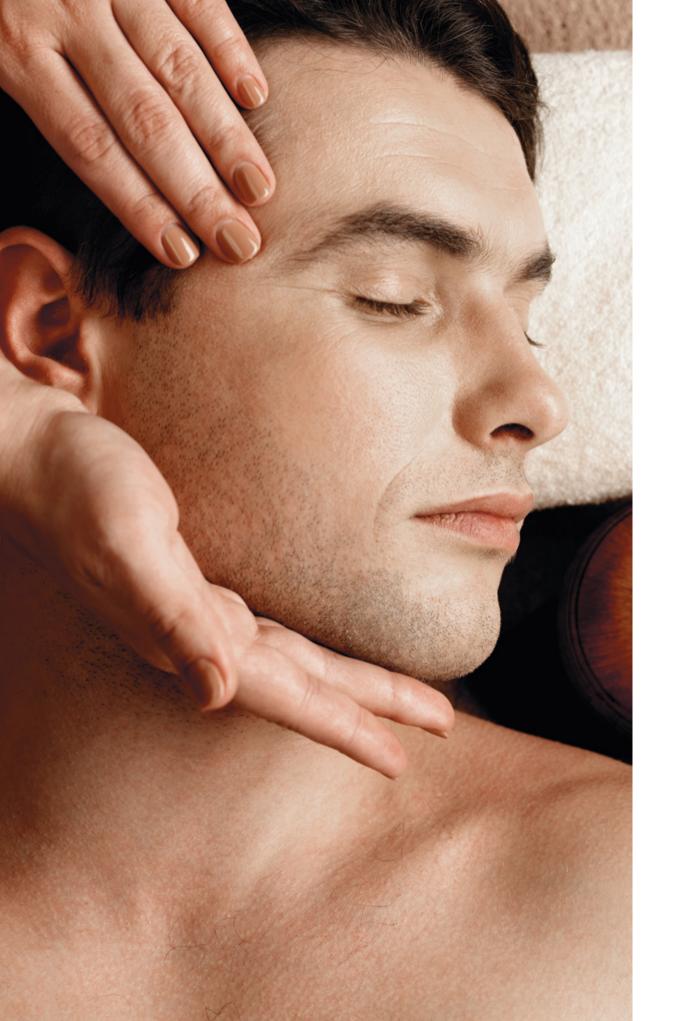
60mins O

A Deep Cleansing facial that responds to your individual skin needs. Decongests, cleanses and restores radiance. The result is a healthy complexion and vitality to your skin.

#### **ELEMIS Peptide4 Skin Sychronising Booster Facial**

30mins O

Recover Like Clockwork, with this Express facial treatment empowered with the ELEMIS Peptide 24/7 range. Peptide4 products work around the clock to help keep skin in sync, ensuring each vital process is carried out to optimum effect. The result? Skin that looks well-rested, radiant and beautiful, 24/7.



# ELEMIS MEN

#### Face Touch

#### **ELEMIS High Performance Skin Energiser for MEN**

60mins

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation whilst scalp and foot massages deeply relax.

#### Face Technology

#### **ELEMIS BIOTEC Super-Charger for MEN**

60/90mins

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results. A multi-tasking, time efficient solution.

## Men's Favorites

#### **ELEMIS Freestyle Deep Tissue Massage**

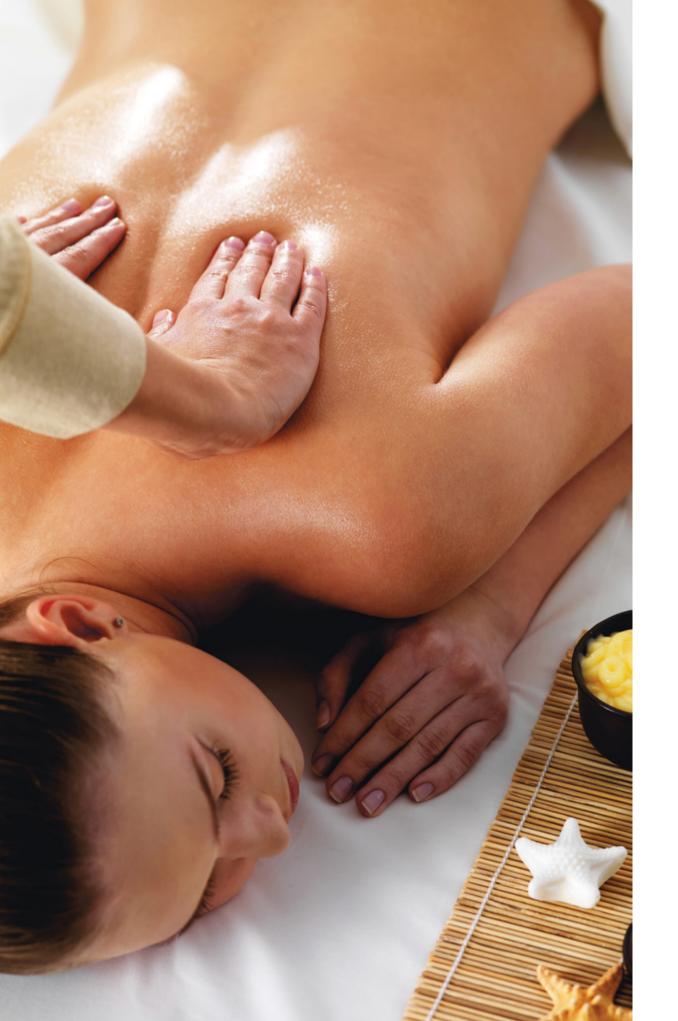
30/60/90mins

Your therapist will select an aromatic oil according to your concerns, be the muscle pain, stress relief, relaxation or balance. The following massage works deeper into the tension, encouraging optimum circulation.

#### Musclease Aroma Spa Ocean Wrap

75mins

Let thoughts drift away, whilst being cocooned in a comforting wrap and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, the warm Musclease blend transforms aching, fatigued muscles. The body is re-energised and skin is left silky soft and smooth.



# ELEMIS BODY THERAPY

## Detox & Cellulite

#### **ELEMIS Thousand Flower Detox Wrap**

60mins

This nutrient-rich detox wrap uses deeply nourishing Green Tea to encourage super skin health and powerful detoxification.

It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

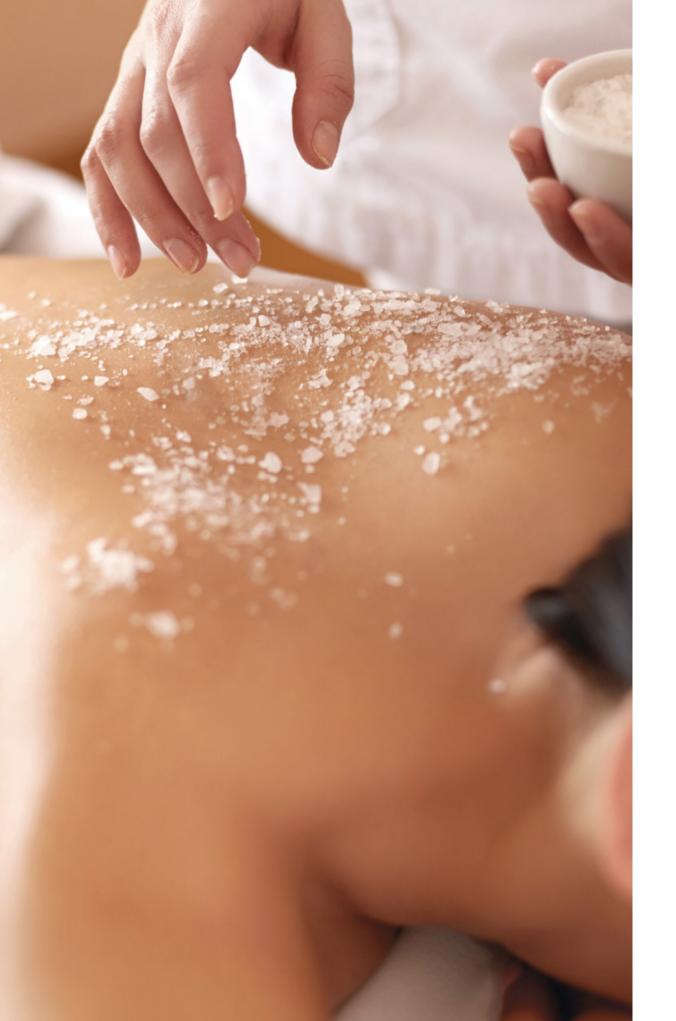
#### **ELEMIS Targeted Toning Tightener**

90mins

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and back of arms. Clinically proven to reduce the appearance of cellulite after just one treatment.

Choose a localised treatment: Arms, Hips & Thighs or Abdomen

30mins



#### Scrubs & Wraps

#### Musclease Aroma Spa Ocean Wrap

75mins

Let thoughts drift away, whilst being cocooned in a comforting wrap and treated to a pressure pointfacial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, the warm Musclease blend transforms aching, fatigued muscles. The body is re-energised and skin is left silky soft and smooth.

#### ELEMIS Intensely Cleansing Salt Scrub Lime and Ginger or Frangipani

40mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

#### ELEMIS Body Nourishing Nectar Wrap Sweet Orchid or Frangipani

60mins

The velvety texture of Monoi oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

#### **Tanning**

#### ELEMIS Ceremony of the Sun Self-Tanning Treatment

50mins

The healthy way to radiant sun-kissed skin. We know the sun is good for the soul, but not necessarily for the skin, so fake it with this rich and sensual treatment. The Elemis Total Glow Self Tanning Treatment Cream mimics the skins natural colour and helps give a warm glow in a couple of hours.

#### Add-ons

#### Feast your Eyes

15mins

Give puffy eyes their marching orders with this instantly reviving eye treatment. A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand and arm massage.

Neck Jewels 15mins

Make sure your neck is running a tight ship with this targeted toning treatment. We will help the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring.



# ELEMIS PACKAGES

Women

Men's Facial

Deep Tissue MassageBest Foot Forward

Men

Finding Equilibrium	90mins	0
<ul><li>Intensly Cleansing Salt Scrub</li><li>Deep Tissue Massage</li></ul>		
ELEMIS Top to Toe Detox	2hrs 30mins	0
<ul><li>Superfood Pro-Radiance Facial</li><li>Thousand Flower Detox Wrap</li><li>Targeted Toning Tightener</li></ul>		
ELEMIS Skin Fitness	2hrs 45mins	0
Elemis Facial		
<ul><li>Body Nourishing Nectar Wrap Frangipani</li><li>Garden of England Rose Restore Hand Treatment</li></ul>		
Musclease Aroma Spa Ocean Wrap     Best Foot Forward		
ELEMIS Bridal	2hrs	0
<ul> <li>Superfood Pro-Radiance Facial</li> <li>Intensely Cleansing Salt Scrub</li> <li>Garden of England Rose Restore Hand Treatment</li> </ul>		
ELEMIS Groom	2hrs 30mins	0



#### **ELEMIS Top to Toe Rejuvenation**

2hrs 30mins 0

- ELEMIS Facial
- Deep Tissue Massage OR Swedish Massage
- Best Foot Forward

#### **ELEMIS Full Skin and Body Re-Creation**

4hrs 45mins 0

- · ELEMIS Facial of choice
- Deep Tissue Full Body Massage
- Intensely Cleansing Salt Scrub
- Body Nourishing Nectar Wrap
- Best Foot Forward
- Garden of England Rose Restore Hand Treatment

# SPA & NUTRITION

#### **Superfood Skintox**

2hrs 0

- Superfood Facial
- Thousand Flower Detox Wrap
- Superfood Salad & Detox Juice

#### Skin Food Experience

2hrs 0

- Pro-Collagen Age Defy Facial
- Deeper Than Deep Hot Stone Massage
- Detox Salad & Vitamin Packed Juice

#### Signature Fitness & Spa Package

3hrs 15mins 0

- Musclease Aroma Spa Ocean Wrap
- Deep Tissue Massage
- Musclease Aroma Spa Ocean Wrap
- Best Foot Forward
- Personal Training Session
- · Protein packed Juice

Choose to upgrade your Facial to a Technology Facial with an additional charge



# HANDS & FEET

ELEMIS Garden of England Rose Restore Hand Treatment 30mins

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets spots and dryness.

Add-ons with a Manicure 60mins

ELEMIS Best Foot Forward 30mins

Take a load off this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

Add-ons with a Pedicure 75mins

## **WAXING**

Full Leg	30mins	Chest	20mins
Half Leg	15mins	Belly	15mins
Full Arm	30mins	Shoulders	15mins
Half Arm	15mins	Back	30mins
Under Arm	10mins	Lower Back	15mins
Bikini Line	15mins	Full Face	30mins
Brazilian	20mins	Upper Lip	15mins
Full Bikini	30mins	Eyebrows	20mins

# GENERAL SPA ETIQUETTE

Soma Spa and its environs are strictly no smoking areas.

We do not allow mobile phones in our customer areas, please leave them switched off in your locker. This is the time for your body and mind to release the worries and stresses of the day.

Please conduct all conversations at levels consistent with a relaxing Spa environment.

Soma Spa and fitness facilities are open to persons aged 16 and over. Pool towels can be found outside on the sun deck or at the pool bar. Please leave all items of value in your locker. The Spa is not responsible for loss of or damage to a guest's personal belongings. Always shower before using pool facilities and between heat rooms. A robe and slippers should be worn in all common areas and swimwear is compulsory in all Thermae heat rooms and whilst sunbathing.

Please ensure you drink plenty of fluid to rehydrate after use of our heat treatments and that alcohol and coffee consumption is kept to a minimum. All guests will be required to complete and sign a Health & Lifestyle Questionnaire upon arrival, prior to entrance to the facilities.

If you have a gift voucher, please remember to bring this with you on the day to hand to Reception. All facilities are subject to availability.

## LOCKER ROOMS

Please do not leave toiletries in showers or wet vanity areas. Shaving is permitted in the male changing rooms. However, please ensure that wet vanity areas are left clean. Razors should not be placed in any of the waste bins and shaving is strictly prohibited in the saunas and steam rooms.

Please do not add oils or other products to the sauna bucket water without first speaking to a member of staff.

Please place all used towels in the baskets provided.

## FITNESS AREA

Please place the hand towels provided between you and the fitness equipment and wipe down after use.

Appropriate fitness attire is required at all times. Outdoor shoes should not be worn in any fitness areas.

# WHEN TAKING A TREATMENT

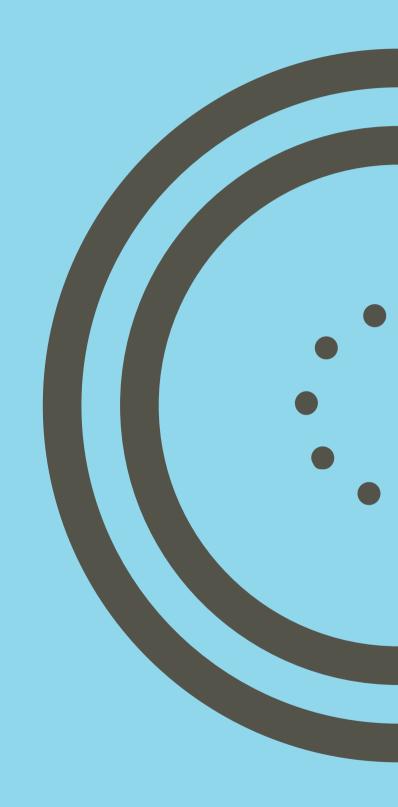
Please arrive in good time to enjoy the facilities and ensure that you are ready to be collected by your therapist at the allotted time. Time lost through late arrival will result in a shortened or amended treatment being offered without refund.

Underwear or suitable swiwear should be worn going into the treatment room and during treatments. For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be used at all times.

During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our greatest concern and priority. If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapist will take their cues from you. If you are quiet they will be too.

We hope you enjoy this interlude of pampering and relaxation. Your comments are always welcome.









#### DOMES NORUZ CHANIA

AUTOGRAPH COLLECTION®





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## **ELEMIS MASSAGE THERAPY**

ELEMIS Freestyle Deep Tissue Massage	30mins	75,00€
	60mins	120,00€
	90mins	150,00€
ELEMIS Deeper than Deep Hot Stone Massage	60mins	130,00€
	90mins	165,00€
Signature Mythical Massage	60mins	125,00€
	90mins	150,00€
Swedish Massage	60mins	110,00€
ELEMIS Hot Mineral Body Boost Energising Massage	60mins	125,00€
ELEMIS Peaceful Pregnancy Massage	75mins	140,00€
Frangipani Head & Scalp Massage	45mins	85,00€

## **ELEMIS FACE TECHNOLOGY**

Anti-aging	ELEMIS BIOTEC Line Eraser	60mins 90mins	150,00€ 190,00€
	ELEMIS BIOTEC Firm-a-Lift	60mins 90mins	150,00€ 190,00€
	ELEMIS BIOTEC Anti-Pigment Brightener	60mins 90mins	150,00€ 190,00€
	ELEMIS BIOTEC Skin Resurfacer	60mins 90mins	150,00€ 190,00€
Skin Solutions	ELEMIS BIOTEC Radiance Renew	60mins 90mins	140,00€ 175,00€
	ELEMIS BIOTEC Blemish Control	60mins 90mins	140,00€ 175,00€
	ELEMIS BIOTEC Sensitive Skin Soother	60mins 90mins	140,00€ 175,00€
Add-ons	BIOTEC Eye Treatment	30mins	70,00€
	BIOTEC Neck Treatment	30mins	70,00€
	Biotec Peptide 4 Facial	30mins	85,00€

### **ELEMIS FACE TOUCH**

ELEMIS Pro-Collagen Age Defy	60mins	120,00€
Pro-Collagen Definition Lift & Contour	60mins	140,00€
ELEMIS Dynamic Resurfacing Precision Peel	60mins	120,00€
ELEMIS White Brightening Pigment Perfector	60mins	115,00€
ELEMIS Superfood Pro-Radiance	60mins	115,00€
ELEMIS Sensitive Skin Soother Aromatherapy	60mins	115,00€
Anti-Blemish Mattify and Calm/Deep Cleansing Facial	60mins	120,00€
Add the New Peptide 4 Booster Facial	30mins	75,00€

## **ELEMIS MEN**

Face Touch	ELEMIS High Performance Skin Energiser for Men	60mins	120,00€
Face Technology	ELEMIS BIOTEC Super-Charger for Men		140,00€ 190,00€
Men's Favorites	ELEMIS Freestyle Deep Tissue Massage	60mins	75,00€ 120,00€ 150,00€
	ELEMIS Musclease Aroma Spa Ocean Wrap	75mins	150,00€

## **ELEMIS BODY THERAPY**

Detox & Cellulite	ELEMIS Thousand Flower Detox Wrap	60mins	130,00€
	ELEMIS Targeted Toning Tightener	90mins	170,00€
	Hips and thighs	30mins	75,00€
	Abdomen	30mins	75,00€
	Arms	30mins	75,00€
Scrubs & Wraps	ELEMIS Musclease Aroma Spa Ocean Wrap	75mins	150,00€
	ELEMIS Intensely Cleansing Salt Scrub	40mins	75,00€
	Lime and Ginger or Frangipani		
	ELEMIS Body Nourishing Nectar Wrap	60mins	120,00€
	Sweet Orchid or Frangipani		
Tanning	ELEMIS Ceremony of the Sun Self-Tanning Treatment	50mins	95,00€
Add-ons	Feast your Eyes	15mins	40,00€
	Neck Jewels	15mins	40,00€

## **ELEMIS PACKAGES**

Finding Equilibrium	90mins	175,00€ ∕person
ELEMIS Top to Toe Detox	2hrs 30mins	290,00€
ELEMIS Skin Fitness	2hrs 30mins	280,00€
ELEMIS Bridal	2hrs 00mins	205,00€
ELEMIS Groom	2hrs 30mins	270,00€
ELEMIS Top to Toe Rejuvenation	2hrs 30mins	270,00€
ELEMIS Elemis Full Skin and Body Re-Creation	5hrs 00mins	475,00€

## SPA & NUTRITION

Superfood Skintox	2hrs 00mins 245,00€
Skin Food Experience	2hrs 00mins 250,00€
Signature Fitness & Spa Package	3hrs 15mins 300,00€
Choose to upgrade your Facial to a Technology Facial	additional charge 20,00€

## **HANDS & FEET**

ELEMIS Garden of England Rose Restore Hand Treatment Can be extended to a manicure	30mins 60mins	40,00€ 60,00€
ELEMIS Best Foot Forward Can be extended to a pedicure	30mins 75mins	50,00€ 80,00€
Manicure	40mins	50,00€
Manicure Soak Off Gels	55mins	55,00€
Pedicure	60mins	70,00€
Pedicure Soak Off Gels	70mins	75,00€
Removal of Soak Off Gels	20mins	20,00€

## **WAXING**

30mins	30,00€	Chest	20mins	15,00€
15mins	15,00€	Belly	15mins	15,00€
30mins	30,00€	Shoulders	15mins	20,00€
15mins	15,00€	Back	30mins	30,00€
10mins	15,00€	Lower Back	15mins	15,00€
15mins	20,00€	Full Face	30mins	30,00€
20mins	30,00€	Upper Lip	15mins	15,00€
30mins	40,00€	Eyebrows	20mins	15,00€
	15mins 30mins 15mins 10mins 15mins 20mins	15mins 15,00€ 30mins 30,00€ 15mins 15,00€ 10mins 15,00€ 15mins 20,00€ 20mins 30,00€	15mins 15,00€ Belly  30mins 30,00€ Shoulders  15mins 15,00€ Back  10mins 15,00€ Lower Back  15mins 20,00€ Full Face  20mins 30,00€ Upper Lip	15mins       15,00€       Belly       15mins         30mins       30,00€       Shoulders       15mins         15mins       15,00€       Back       30mins         10mins       15,00€       Lower Back       15mins         15mins       20,00€       Full Face       30mins         20mins       30,00€       Upper Lip       15mins