



PARU パール

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MODERN JAPANESE

# HALF BOARD SET MENU

Complimentary Miso Soup

## SELECTION OF STARTERS (CHOICE OF ONE)

Avocado & Cucumber

California Roll

*Crab, Cucumber, Avocado, Tobiko*

Salmon Avocado Roll

*Smoked Salmon Avocado, Cream Cheese, Sesame Seed*

Spicy Tuna Roll

*Avocado, Mixed Cress, Paru Spicy Sauce*

Spicy Salmon Roll

*Takuan, Tobiko, Paru Spicy Sauce*

Dynamite Roll

*Shrimp Tempura, Avocado, Dynamite Sauce*

Paru House Salad

*Organic Mixed Greens, Ginger Vinaigrette*

Salmon Carpaccio

*Orange Segments, Wasabi Vinaigrette*

Seaweed Salad

*Wakame, Chuka Seaweed, Soy Plum, Ginger Ale, Nori Vinaigrette*

Ama Whitefish

*Aji Amarillo Amasu, Radish, Corriander Cress, Chicory, Yuzu Kosho, Ginger Bubble*

Crispy Calamari

*Sansho Pepper*

Craze Chicks

*Miso Chicken Thigh, Sweet & Spicy Yuza*

Veggie Ssam

*Crispy Tofu, Mushrooms, Leek Miso*

Rock Shrimp Tempura

*Mango Aioli, White Onion, Almond*

Beeflicious

*Enoki Mushroom, Cream Cheese, Yaki Sauce*

## SELECTION OF ENTRÉES (CHOICE OF ONE)

Grilled Scottish Salmon

*Sautéed Baby Bok Choi, Teriyaki*

Jidori Chicken

*Green Beans, Kuri Kimchee, Maple Soy*

Crispy Tofu & Beyond

*Beyond Beef, Miso, Tofu, Shimeji Mushrooms, Shishito, Asparagus, Basil Miso*

## SELECTION OF DESSERTS (CHOICE OF ONE)

Selection of Ice Cream (3 scoops)

*Chocolate, Vanilla, Coconut, or Strawberry*

Mango Samurai

*Toasted Coconut, Lemon Grass Sorbet, Crepe Cake*

Green Tea Red Velvet Lava Cake

*Mocha, Coconut Ice Cream*

Seasonal Fruit Platter

## MODERN OMAKASE

An exclusive selection of sharing dishes from our Head Chef  
Minimum for two guests

Omakase 3 course set menu | 350 AED per person  
Omakase 5 course set menu | 450 AED per person  
Omakase 7 course set menu | 750 AED per person

## SOUPS

Miso 30  
Tofu, Negi, Wakame

Lobster Miso 70  
Tofu, Negi, Wakame

Seafood 65  
Shrimp, Squid, Mussel, Scallop

## SALADS

Paru House 50  
Organic Mixed Greens, Ginger Vinaigrette

Seafood 90  
Shrimp, Squid, Mussel, Scallop, Mixed Greens, Creamy Wasabi

Seaweed 60  
Wakame, Chuka Seaweed, Soy Plum, Ginger Ale Nori Vinaigrette

Salmon Tataki 85  
Seared Salmon, Mixed Greens, Sesame Miso Dressing

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If you have any concerns regarding food allergies, please alert your server prior to ordering.

Prices are in AED and inclusive of 7% municipality fee, 10% service charge and 5% VAT.

## COOL PLATES TO SHARE

|  |              |
|--|--------------|
| <b>Crispy Rice</b><br>Choice of Tuna or Salmon, Avocado, Hot Crying Sauce    | 75           |
| <b>Sea Bass Ceviche</b><br>Ceviche Sauce, Ginger Bubble, Tobiko              | 70           |
| <b>Oysters</b><br>Caviar, Citrus, Seaweed                                    | 125          |
| <b>Salmon Carpaccio</b><br>Orange Segments, Wasabi Vinaigrette               | 70           |
| <b>Wagyu Tataki</b><br>Mixed Mushrooms, Truffle Soy                          | 140          |
| <b>Seared Tuna</b><br>Mustard Miso, Cream Cheese, Strawberry                 | 90           |
| <b>The Bomb</b><br>Blue Shrimp, Sea Urchin, Caviar, Yuzu Sauce               | 115          |
| <b>Ama Whitefish</b><br>Aji Amarillo Amasu, Radish Corriander Cress, Chicory | 75           |
| <b>Lobster Tacos</b><br>Taco Chips, Avocado Purée, Apple Sauce               | 110          |
| <b>Yellowtail Chili</b><br>Jalapeño Salsa, Ponzu                             | 80           |
| <b>Tartare</b><br>Salmon, Tuna or Mixed                                      | 75   80   85 |
| <b>Avocado Apple</b><br>Yuzu Goma Tofu, Apple, Yuzu Lemon Vinaigrette        | 65           |

## WARM PLATES TO SHARE

|  |               |
|--|---------------|
| <b>Edamame</b><br>Sea Salt, Sesame or Spicy  | 30            |
| <b>Crispy Calamari</b><br>Sansho Pepper  | 80            |
| <b>Rock Shrimp Tempura</b><br>Mango Aioli, White Onion, Almond                                       | 105           |
| <b>Truffle Scallop</b><br>Baby Eggplant, Enoki Mushroom, Truffle Soy                                 | 125           |
| <b>Shrimp Beef Bacon</b><br>Shrimp Wrapped with Beef Bacon, Chili Garlic                             | 70            |
| <b>Craze Chicks</b><br>Miso Chicken Thigh, Sweet & Spicy Yuzu  | 75            |
| <b>Jumbo Shrimp Tempura</b><br>Tiger Prawn, Wasabi Mayonnaise  | 135           |
| <b>Octopus Tempura</b><br>Ama Ponzu, Shredded Vegetable and Pear                                     | 115           |
| <b>Veggi Tacos</b><br>Beyond Beef, Jalapeño Pickle, Spicy Chili Sauce                                | 70            |
| <b>Hot Prawniyo</b><br>Tiger Prawn, Spicy Black Pepper Yaki Sauce, Bok Choi                          | 135           |
| <b>Beeflicious</b><br>Enoki Mushroom, Cream Cheese, Yaki Sauce                                       | 80            |
| <b>Gyoza</b><br>Spicy Rayu Sauce, Yuzu Soy Sauce<br>Choice of Vegetable or Chicken or Tuffle Chicken | 65   75   105 |
| <b>Veggi Ssam</b><br>Tofu Baby Gem, Mushrooms, Leek Miso   | 55            |
| <b>Shishito Peppers</b><br>Den Miso or Maldon Sea Salt   | 47            |
| <b>Mixed Mushrooms</b><br>Mushrooms, Yaki Sauce  | 40            |
| <b>Chicken Skewers</b><br>Chicken Thigh, Green Onions, Teriyaki Sauce                                | 60            |

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## MAKI ROLLS

Temaki hand rolls available on request

|  |    |
|--|----|
| Avocado & Cucumber   | 35 |
| Tekka<br>Blue Fin Tuna   | 50 |
| Sake<br>Salmon   | 45 |
| Kanpyo<br>Gourd  | 40 |
| Vegetable<br>Mix Vegetables                                    | 55 |
| Toro Scallion<br>Blue Fin Tuna Belly, Scallion                 | 95 |
| California<br>Crab, Cucumber, Avocado, Tobiko                  | 60 |
| Spicy Tuna<br>Avocado, Mix Cress, Paru Spicy Sauce             | 60 |
| Spicy Salmon<br>Takuan, Tobiko, Paru Spicy Sauce               | 60 |
| Dynamite<br>Shrimp Tempura, Avocado, Dynamite Sauce            | 65 |
| Mix Tempura<br>Shrimp Tempura, Asparagus, Sweet Potato, Takuan | 65 |
| Unagi<br>BBQ Eel, Cucumber, Eel Sauce                          | 65 |
| Soft Shell Crab<br>Cucumber, Tobiko, Yuzu Garlic Mayonnaise    | 75 |
| Salmon Avocado<br>Smoked Salmon, Cream Cheese, Ao Nori         | 70 |

## SIGNATURE ROLLS

Temaki hand roll available on request

|  |     |
|--|-----|
| 007 Octopus<br>Octopus, Shrimp Tempura, Tobiko, Avocado              | 95  |
| The Harmony<br>Foie Gras, Wagyu Beef, Lobster Tempura, Truffle Sauce | 115 |
| Paru House<br>Tuna, Salmon, Scallop, Shrimp Tempura, Yuzu Miso       | 105 |

## SUSHI / SASHIMI

Sushi: 2 Pieces / Sashimi: 3 Pieces

|                                     |     |
|-------------------------------------|-----|
| Tuna - Maguro                       | 65  |
| Bluefin Tuna Belly - Toro           | 100 |
| Japanese Yellowtail - Hamachi       | 65  |
| Halibut - Hirame                    | 65  |
| Salmon - Sake                       | 55  |
| Seabass - Suzuki                    | 55  |
| Sea Urchin - Uni                    | 160 |
| Salmon Roe - Ikura                  | 65  |
| Japanese Scallop - Hotate           | 60  |
| Obsiblue Shrimp - Tenshi No Ebi     | 60  |
| Steamed Shrimp - Mushi Ebi          | 50  |
| Squid - Ika                         | 50  |
| Octopus - Tako                      | 55  |
| Fresh Water Eel - Unagi             | 70  |
| Wagyu Beef - Gyu Aburi (Only Sushi) | 85  |

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## SUSHI / SASHIMI PLATTER

SASHIMI 265 | 365

5 Varieties Sashimi | 15 pcs

7 Varieties Sashimi | 21 pcs

SUSHI 235 | 325

5 Varieties Sushi | 10 pcs

7 Varieties Sushi | 14 pcs

SASHIMI & SUSHI 345 | 445

5 Varieties Sashimi 15 pcs | Sushi 5 pcs

7 Varieties Sashimi 21 pcs | Sushi 7 pcs

## ENTRÉES

Black Pepper Wagyu Ribeye 250 gms 295  
Mushrooms, Onion, Black Pepper Teriyaki

Grilled Scottish Salmon 120  
Sautéed Baby Bok Choi, Mustard Teriyaki

Jidori Chicken 150  
Green Beans, Cucumber Pickle, Maple Soy

Miso Black Cod 165  
Saikyo Miso, Ume Oroshi, Basil Miso Sauce

Colorado Lamb Chops 185  
Asparagus, Baby Peach  
Aji Amarillo Sauce, Coffee Salt

Live Lobster 395  
Choice of Spicy, Orange Maple Soy  
with Uni Butter, Arugula-Spinach Salad

Crispy Tofu & Beyond 120  
Beyond Beef, Miso, Tofu, Shimeji Mushroom  
Okra, Nameko Mushroom, Asparagus, Basil Miso

Kobe Gyu 495  
Ponzu, Pepper Salt, Roast Grain Powder  
Grilled Vegetables, Mix Pickles, Saroma Wagyu

## FRIED RICE

Seafood 65

Chicken 55

Vegetable 45

Steamed Rice 25

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## DESSERTS

|  |    |
|--|----|
| The Lemon<br>Lemon...  | 55 |
| Yuzu Cheesecake<br>Yuzu Light Cream Cheese, Orange Confit and Sorbet                       | 55 |
| Green Tea Red Velvet Lava Cake<br>Macha, Coconut Ice Cream                                 | 50 |
| Mango Samurai<br>Toasted Coconut, Lemon Grass Sorbet, Crepe Cake                           | 55 |
| Mochi Ice (Choice of 3)<br>Green Tea, Vanilla, Chocolate, Coconut, Mango                   | 60 |
| Seasonal Fruit Platter   | 50 |
| Homemade Ice Cream<br>Your Choice of: (3 scoops)<br>Coconut, Chocolate, Vanilla, Green Tea | 35 |
| Homemade Sorbet<br>Choice of: (1 Flavor)<br>Yuzu, Black Berry, Cucumber                    | 35 |

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