

The background of the entire image is a complex, organic pattern of teal and white lines. These lines flow and swirl together, creating a sense of movement and depth, reminiscent of water ripples or the texture of a feather. The pattern is dense and fills the entire frame, framing a central white square.

EXPERIENCE
NURAI SPA

YOUR PRIVATE ISLAND RESORT.

Nurai Spa has been created for our guests' complete relaxation and wellbeing. Tranquillity prevails throughout the exquisite, elegant and soothing architectural design. The selection of beauty and body treatments are pure pleasure and have valuable, therapeutic qualities resulting in a rebalancing mind/body/spirit experience. The treatments are performed with high quality products, 100% fragrant oils, natural and pure ingredients. Rituals are packages focusing at all levels on reducing stress, healing the body, refreshing the looks and boosting the spirits.

Our professionally trained spa therapists offer an excellent treatments' execution and a personalised approach to service, making each guest's experience unique and special.

Ladies can enjoy final beauty touches at the *Mani- Pedi lounge*, gentlemen can savour the perfect grooming and authentic experience under the hands of our *Master Barber* and our little guests delight in the unique *Kids' Spa* program making the *Spa Experience* a shared family journey. Our fully fledged *Yoga and Fitness studios* are state of the art and conducive spaces for a healthy body and mind.

Nurai Spa is the perfect place to slow down, rediscover the simple yet fulfilling joys of well-executed massage and healing and rejuvenating experiences.



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

MASSAGE



NURAI SIGNATURE EXPERIENCE

TREATMENT TIME : 90 MINUTES

PRICE : AED 1,090

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

SPA ETIQUETTE

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SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

Unique to Nurai Spa, this ritual is an interactive session with your skilled Spa Therapist that involves Thai massage applied stretches and pressure on the energy lines technique, interconnected with reflexology teaching techniques. This approach goes beyond the benefits of a regular spa treatment, it elevates this exclusive signature to a true healing art.

Releases deep muscle tensions, toxins and stress, opens energy flow, improves blood and lymph circulation and clears the mind. Deeply restorative, this ritual helps awaken awareness of your body needs for a better care, balances your energy level, leaving you re-charged with a beautiful feeling of lightness and total body mind spirit harmony.



ULTIMATE AROMATHERAPY MASSAGE

TREATMENT TIME : 60/90/120 MINUTES

PRICE : AED 620/840/1,059

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

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PRE-TEENS' SPA
WAXING & THREADING
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SPA BOOSTERS
FACIALS
SCRUBS & WRAPS
MASSAGE

This full body massage is based on a soft Swedish massage techniques combined with the selection of pure aromatherapy oils to address each individual's needs – Relax, De-stress or Revive. This brilliant treatment releases mind stress, leaving you feeling deeply relaxed.



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE





DEEP TISSUE/ SPORT MASSAGE

This massage focuses on problem areas using trigger points therapy and deep draining techniques to eliminate toxins, alleviate muscle pain and ache, increase muscle and joint range of motion, and returns the body to better health. Excellent for after exercise and sore muscles.

TREATMENT TIME : 60/90/120 MINUTES

PRICE : AED 740/960/1,190

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

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SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

AYURVEDA ABHYANGA MASSAGE

This traditional Indian therapeutical massage based on coconut virgin oil, helps to lower stress, anxiety, blood pressure and inflammation, reduces the joints pain, increases the circulation - especially to nerve endings, it also helps to get softer and smoother skin and improves night sleep.

TREATMENT TIME : 60/90/120 MINUTES

PRICE : AED 775/1,090/1,430



TRADITIONAL BALINESE MASSAGE

Used for centuries, this massage is an integral part of the Indonesian approach to health and beauty and is performed with pure coconut oil. Balinese massage is a firm technique and involves kneading, pressure on reflex zone points for invigorating and stimulating results.

TREATMENT TIME : 60/90/120 MINUTES

PRICE : AED 740/960/1,190

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

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PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

THAI MASSAGE

Thai massage is an ancient healing modality that uses stretching and pressure along the body's energy lines to unblock trapped energy in muscles and joints. It loosens muscle and joint tension, increases flexibility, improves vitality and overall balances the body's energy systems. Thai Massage is a dry massage, no oil is used during this treatment and Thai pyjamas are provided for you to wear during the massage.

TREATMENT TIME : 60/90/120 MINUTES

PRICE : AED 740/960/1,190





SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE



FOOT REFLEXOLOGY MASSAGE

In this massage the therapist works on “reflex points” on your feet. Reflex points relate to specific organs and glands in the body. Stimulating those points with finger pressure releases tension blocks, allowing the healing energy to flow freely to promote health in those organs and glands. Foot Reflexology is a restorative treatment with benefits that can be felt throughout the entire body.

TREATMENT TIME : 60/90 MINUTES

PRICE : AED 595/810

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PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

INDIAN HEAD MASSAGE

This massage is a treatment based on old Ayurvedic techniques involving work on the head, face, neck and shoulders. It improves the blood flow in the head and neck, clears and calms the mind, relieving tension and fatigue for a better focus and clarity.

TREATMENT TIME : 45 MINUTES

PRICE : AED 470



PREGNANCY MASSAGE

Masterminded by the Neom Wellbeing Board, this safe, supportive and incredibly effective pre-natal massage starts with a pregnancy-specific guided meditation while using first extraction of 100% natural Neom essential oils, combined with “Mother-to-be” massage techniques.

TREATMENT TIME : 60/90 MINUTES

PRICE : AED 810/1,080

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WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE





SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

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SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

BODY SCRUBS & BODY WRAPS



SUGAR COCONUT/LAVENDER BODY SCRUB

This invigorating treatment with a selected blend of brown sugar and essential oils encourages the exfoliation of skin impurities and dead cells, improves blood circulation. Gives younger looking skin, offers anti-ageing support- perfect when you have dry skin or when you are feeling a little sluggish. Leaves you feeling fresh and skin looking radiant and super smooth.

TREATMENT TIME :
30/60 MINUTES (include back Massage)

PRICE : AED 470/840

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SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

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HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

SOOTHING BODY WRAP

A soothing and re-hydrating treatment to rescue dehydrated skin- perfect before or after sun exposure.

Layering of cooling gels and moisturising creams, work to leave your skin nourished, smooth and supple.

Includes a scalp massage.

TREATMENT TIME : 45 MINUTES

PRICE : AED 590



DETOX BODY WRAP

This intense draining and detox treatment is a combination of massage techniques with a highly concentrated coffee mask to drain toxins, improve micro-circulation and reduce the appearance of cellulite and fluid retention. The body is beautifully contoured, the skin revitalized, firm and supple.

TREATMENT TIME : 60 MINUTES

PRICE : AED 775

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes



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WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

FACIALS

No matter what your skin type, our facials work to condition and provide vital nourishment to your skin's deepest layers and to encourage your complexion's natural radiance. Includes a neck and shoulder massage. A consultation with our therapist will determine your skin's exact needs, and recommend the exact facial and products to suit your skin. These facials are highly recommended for women and men.



NURAI SIGNATURE FACIAL~ PURE DIAMOND GLOW

This holistic facial is a beneficial and luxurious result driven treatment, designed to leave your face, body and mind completely relaxed, fresh and rested. The Nurai Signature Facial Pure Diamond Glow is an hour and 45minutes of pure bliss!

It consists of double cleansing, a complete stress- melting face, eye contour, neck, shoulders and head massage with warm oil using acupressure techniques and lymph drainage to clear toxins, decongest the skin, eliminate puffiness, boost circulation and accelerate cellular renewal. The application of a glycolic peel, revitalizing serums, whitening rich diamond cream and white mask helps to ensure a remarkably brighter and translucent complexion with a final glowing new skin.

TREATMENT TIME : 105 MINUTES

PRICE : AED 1,560

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS



ESSENTIAL FACIAL

TREATMENT TIME : 60 MINUTES

PRICE : AED 620

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

SPA ETIQUETTE
PRE-TEENS' SPA
WAXING & THREADING
YOGA & FITNESS
HANDS & FEET
SPA FACILITIES
SIGNATURE RITUALS
SPA BOOSTERS
FACIALS

This facial is a pure Aromatherapy luxury. Natural Rose essential oils help to condition any skin needs - the skin is cleansed, prepared, deeply nourished to restore its health and balance. The result is a smooth, radiant complexion and a relaxed state of mind. For women and men and all skin types.



PURIFYING FACIAL

This treatment includes deep cleansing, steaming, extraction and hot towel compresses to regulate skin problems. It incorporates a balancing facial massage and a cleansing freshwater mud mask. Lavender, tea tree and orange flower with anti-bacterial and purifying properties help to leave the skin fresh and bright with a matt complexion. Perfect to treat break-outs or for oily and combination skin.

TREATMENT TIME : 60 MINUTES

PRICE : AED 740

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS

DETOX FACIAL

This meticulous cleansing protocol is based on thermos-active enzymatic detoxification: it provides heat to open and soften pores, and botanical freshness to close and purify them. Effective protocol that deep-cleans and detoxifies skin while relieving stress providing immediate state of wellbeing and a radiant rested skin.

TREATMENT TIME : 60 MINUTES

PRICE : AED 775



INTENSE REGENERATING FACIAL

This treatment deeply regenerates and reinforces the skin's structure with a high-powered cocktail formula. Enhanced by a deep remodelling massage, it helps diminish the signs of ageing, redefines the face contour for a firming effect and a healthy smooth skin appearance.

TREATMENT TIME : 90 MINUTES

PRICE : AED 960

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PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

FACIALS



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

SPA BOOSTERS

These 30mins add-ons perfectly complete any of your massage, body or face treatments or can be booked on their own. They allow your therapist to focus on any specific area that needs more action and healing. The Spa Boosters relieve stress, loosen stiff muscles and improve circulation. You will feel deeply relaxed and re-energised in no time. It is also a great way to introduce a spa treatment to new comers or children!



INSTANT GLOW

Express time zone facial, includes cleansing, exfoliation, and a rebalancing mask to fight signs of fatigue and jetlag for rested features and a fresh skin.

TREATMENT TIME : 30 MINUTES

PRICE : AED 435

EYE CONTOUR TREATMENT

Ultimate treat with gently stimulating massage to drain, firm the skin and a hydrating eye mask to diminish puffiness, sign of fatigue and fine lines around the eyes
Leaves the eye contours smoother and youthful.

TREATMENT TIME : 30 MINUTES

PRICE : AED 350

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

HEAD AND FACE MASSAGE

Traditional Ayurveda scalp and facial massage fused with destress mind oil aromatherapy blend. An excellent mind clearing treatment to relieve stress-induced tension in the head, neck, shoulder areas. Best treat for when you are lounging at the beach or by the pool.

TREATMENT TIME : 30 MINUTES

PRICE : AED 350

FOOT MASSAGE

Working on feet and lower legs with relaxing strokes, acupressure points and stretches.

TREATMENT TIME : 30 MINUTES

PRICE : AED 350



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS

ESSENTIAL SCALP, NECK, SHOULDER MASSAGE

A combination of specialised massage techniques to break down knots and deeply rooted tension in the upper body. Deeply relaxing, it improves muscles and joints flexibility, helps relieve headaches, muscles tension, aches and pain in that area.

TREATMENT TIME : 30 MINUTES

PRICE : AED 470

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes



TRANQUILLITY BATH

Salt and essential oils blend, this soak is deeply relaxing and grounding. It is beneficial to reduce body-mind stress. A delightful spa moment to enhance the relaxation effects.

TREATMENT TIME : 30 MINUTES

PRICE : AED 270

DETOX BATH

The natural power of pure organic hand-harvested seaweed works magic to deeply release toxins, ease muscles and joints ache and pain, increase circulation, moisturise your skin, and promote healing by remineralising the body. Excellent as part of a detox program.

TREATMENT TIME : 30 MINUTES

PRICE : AED 270

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SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SPA BOOSTERS



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

SIGNATURE RITUALS

Each ritual is a journey embracing the essence of a true spa experience. Our rituals are designed with the intention to heal, invigorate and bring inner stillness. These complete and powerful ritual, smoothly pave the way to total wellbeing.



SIGNATURE RITUAL

Uninterrupted 2 hours and 30 minutes of true spa experience with our total body-mind-spirit healing art: Yoga Thai signature massage, foot reflex and head massage leading to a tension-free body and mind, to a dreamily deeply balanced wellbeing enhanced by our most serene relaxation inducing treatment room. You will be transformed and refreshed!

TREATMENT TIME : 2hrs 30 MINUTES MINUTES

PRICE : AED 1,670

AROMA RITUAL

Beautifully scented, this holistic ritual is performed with a dreamily soothing Body Massage and a balancing and nourishing Facial leading to a deeply comforting and unwinding sensory experience, followed by Relaxing Aromatherapy Bath.

RITUAL TIME : 2hrs 30 MINUTES

PRICE : AED 1,500

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

DETOX RITUAL

This ritual starts with a body exfoliation to help remove skin impurities and stimulate blood circulation, followed by a Coffee detox wrap applied to further absorb toxins and eliminate fluid retention while your scalp is treated with a gentle pressure point massage. Next is a final deep tension melt away full body massage to perfect this inside out complete cleansing and detoxifying treatment. Your body is left light and refreshed, your mind clear and rested, and your skin silky soft and smooth.

RITUAL TIME : 2 HOURS

PRICE : AED 1,500

FIT RITUAL

30 minutes of fitness and cardio followed by a muscle soothing bath and a deep tissue massage targeted on stiff muscles.

RITUAL TIME : 2hrs 30 MINUTES

PRICE : AED 1,490



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

COUPLES RITUALS



RECONNECT RITUAL

Couples enjoy this special time side by side with a full Body Relaxing Massage and a Deep Cleansing Facial, followed by Organic Tea Ceremony.

RITUAL TIME : 2 HOURS

PRICE : AED 2,350

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

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PRE-TEENS' SPA

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YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

SIGNATURE RITUALS

NURAI COUPLE MOMENT

Delight your loved one side-by-side with a relaxing full body
massage followed by private sauna and chromotherapy
jacuzzi.

RITUAL TIME : 2 HOURS

PRICE : AED 1,790

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes



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PRE-TEENS' SPA


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SPA FACILITIES



ASPEN SAUNA & CHROMOTHERAPY JACUZZI

Detoxify, stimulate body immunity system, eliminate fluid retention and muscle aches by adding the healing benefits of aspen and chromotherapy in a completely private spa facilities room.

SESSION TIME : 60 MINUTES

PRICE : AED 420 person for individual session

AED 360 person for group session

AED 180 person for add on

(Additional to other spa booking)

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES



MANICURE & PEDICURE

These rituals not only fulfill the purpose of beautiful hands, feet and nails, they also serve as a perfect time for you to enjoy total relaxation on your own or with your friends. You can select your refreshments and the music to delight your ears and soul.



ESSENTIAL MANICURE

TREATMENT TIME :
30MINUTES (without nail polish)
45MINUTES (with nail polish)

PRICE : AED 210/290

NAIL POLISH APPLICATION

TREATMENT TIME : 15 MINUTES

PRICE : AED 90

ESSENTIAL PEDICURE

TREATMENT TIME :
45MINUTES (without nail polish)
60MINUTES (with nail polish)

PRICE : AED 380/460





SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET



SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

YOGA & FITNESS

YOGA

Private PERSONALIZED individual / group session:

SESSION TIME : 60 MINUTES

PRICE : AED 600 PERSON FOR INDIVIDUAL SESSIONS
AED 400 PERSON FOR GROUP SESSIONS (2-4)
AED 350 PERSON FOR GROUP SESSIONS (4 and above)

COUPLE YOGA

Strengthen your relationship by breathing and moving together with a variety of Union yoga poses

SESSION TIME : 60 MINUTES

PRICE : AED 750

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes

FITNESS

Personal Trainer
Individual session

SESSION TIME : 60 MINUTES

PRICE : AED 800 PERSON FOR PRIVATE SESSION



WAX & THREADING

WAXING & THREADING

HALF LEG	
UPPER LIP AND CHIN	
HALF ARM	AED 110
UNDER ARM	AED 180
FULL ARM	AED 160
FULL ARM AND UNDERARM	AED 250
FULL LEG	AED 310
HALF LEG	AED 130
BIKINI LINE	AED 190
BACK	AED 150
HALF BACK	AED 110
CHEST	AED 110
TUMMY LINE	AED 95
STOMACH	AED 150
UPPER LIP	AED 75
EYEBROWS	AED 135
CHIN	AED 85
FACE SIDES	AED 120
FULL FACE/EXCLUDING EYEBROWS	AED 390
FULL BODY (Underarm, arms, legs, bikini line, upperlip, eyebrows)	AED 890

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SPA ETIQUETTE

PRE-TEENS' SPA

WAXING & THREADING





PRE-TEENS' SPA

Pre-teens can also enjoy some calm & relax time with these mini treats.
Recommended age is from 8 to 15 years old.

BOOKING TIME : 10 AM TO NOON



MINI SWEDISH MASSAGE

A relaxing and calming body massage with a focus on the back, shoulders and head.

RITUAL TIME : 30 MINUTES

PRICE : AED 470

KIDS MANICURE

TREATMENT TIME : 20 MINUTES

PRICE : AED 170

KIDS PEDICURE

TREATMENT TIME : 20 MINUTES

PRICE : AED 210





PRE-TEEN YOGA

Guided yoga postures for a healthy and balanced body

RITUAL TIME : 30 MINUTES

PRICE : AED 300



SPA ETIQUETTE

To make your reservation at Nurai Spa or for your in-villa treatment, please dial “0”. To ensure that your spa experience is available, we recommend scheduling treatments 24 hours prior to your preferred treatment time.

TREATMENT HOURS

Enjoy free 24hrs access to the Gym and morning complimentary Yoga Session (30 minutes/day, time to be confirmed with Spa reception).

ARRIVAL

Please allow 30 minutes travel time from your villa prior to your scheduled treatment.

HEALTH CONDITIONS

When making your Spa reservation, kindly advise us of any health conditions, allergies or injuries which could affect your treatment.

ETIQUETTE

We request that you leave cell phones off to ensure ultimate relaxation time is achieved.

PRICING

All prices are in UAE dirhams and are inclusive of all applicable service charges, local fees and taxes.

In-villa Spa service is subject to additional charge of AED 390 person.

Birthday/Anniversary room set up AED 350

AGE REQUIREMENT

Spa treatments are available for individuals above 14 years old. However, some treatments may be available with parental supervision or at the discretion of the Spa Director. Please inquire with the spa hosts. Pre-teen Spa treatments area available for individuals under 14 years old.

CANCELLATION POLICY

Please notify Nurai Spa during opening hours 9 am -9 pm, at least four (4) hours prior to your scheduled appointment time, should you need to change or cancel your treatment to avoid a 50% charge of the treatment booked.

The background of the image is a complex, repeating pattern of teal and white lines. The lines are thin and vary in length and curvature, creating a sense of movement and depth. Some areas feature tight, concentric spirals, while others have more fluid, wave-like patterns. The overall effect is reminiscent of a stylized, abstract landscape or perhaps a close-up of a textured surface like fur or feathers.

ZAYANURAIISLAND.COM