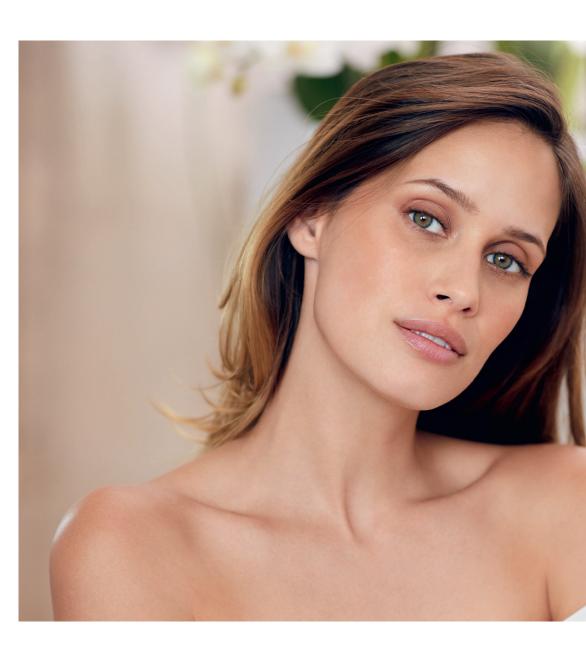
ENTER A WORLD

OF ABSOLUTE BEAUTY

AND WELL-BEING.





# & daring

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skill, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...



AN INDIVIDUAL APPROACH

FOR INSTANTLY VISIBLE AND

LASTING RESULTS



A MULTI-SENSORIAL EXPERIENCE
WHERE PLEASURE
MEETS EFFECTIVENESS

# the senses

Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, is an unforgettable experience.

#### EXCLUSIVE TREATMENTS

When Guerlain meets Mademoiselle...

#### THE SNOW KINGDOM 1H30

The Snow Kingdom was created especially for Mademoiselle Val d'Isère. This treatment is a face and body massage, designed to release all muscle tension — an authentic tribute to the enchanting Val forest. A talismanic wooden tool enhances the celestial experience to offer greater efficacy and precision. Alternating movements on the muscles create extreme relaxation and a sense of letting go. Enjoy a soothing and energising journey across snowy peaks — that is the promise of The Snow Kingdom.

#### AQUATIC WONDERLAND 1H

This intensely relaxing sculpting treatment is a tribute to Guerlain's Eau de Cologne Impériale. Immersed in an affusion shower, the aquatic wonderland will dive you into the heart of a re-energising and refreshing multisensory experience. This treatment stimulates circulation, leaving your body completely relaxed. Savour all the splendour of water for extreme relaxation.

#### **HAMMAM ENCHANTMENT 1H20**

Guerlain is reinterpreting the hammam experience in a magical way. The traditional revitalising steam that enfolds this temple of wellbeing is followed by the silky-light Guerlain Mousse de Beauté to purify and cleanse the skin. Then, the exfoliation will leave your skin smooth and soft as silk. The apogee of this enchanting experience is a body oil massage that offers an intense relaxation. This mesmerizing ritual will provide you a renewed feeling of serenity and enhanced beauty.

#### DAMOISELLES & DAMOISEAUX

## My first Guerlain treatment

#### **SNOW FAIRY 20 MINS**

During this gentle massage, all the attention is on the head, hands and shoulders of the damsel. The session ends with nail polish application. Like living in a fairy tale!

#### YOUNG KNIGHT 20 MINS

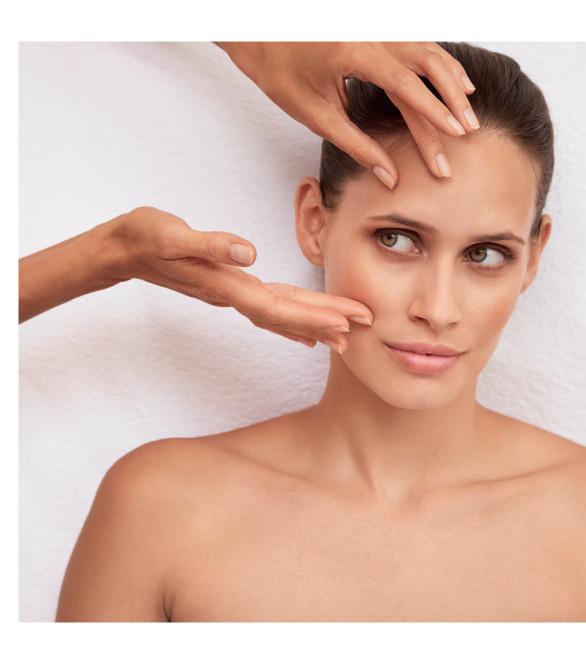
After a long day in the snow, the young knight is entitled to a well-deserved rest with a gentle massage of the hands, feet, shoulders and head. Then he will be ready to conquer the highest peaks!

#### MAGIC MIRROR 20 MINS

Be as beautiful as mum during this enchanting treatment: experiment with the alchemy of colours, put on pretty make-up and learn about the Guerlain Art of Perfume... the perfect opportunity to play princess in front of the mirror.

#### **NEW-FOUND TOGETHERNESS 20 MINS**

Share a special experience with mum or dad or brothers and sisters and enjoy a massage together as a family. Moments and memories to treasure in the heart of winter!



## LIGHT UP YOUR FACE

## ORCHIDÉE IMPÉRIALE

Complete anti-ageing



THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS

CONTINUES TO EVOLVE,

FOR ENHANCED PLEASURE AND EFFECTIVENESS.

#### ORCHIDÉE IMPÉRIALE BLACK TREATMENT 1H

This revolutionary complete anti-ageing treatment combines Blackimmune™ technology by Guerlain with cutting-edge aesthetic manual techniques to act on almost all the cells involved in the skin's defence system. An exquisite way of renewing the skin while enhancing one's natural beauty.

#### ORCHIDÉE IMPÉRIALE PRESTIGE TREATMENT 1H30-2H30

This complete anti-ageing treatment is a multi-sensorial allencompassing experience. The exclusive protocol, based on the Orchidée Impériale range, redefines and firms the skin, erasing wrinkles. Pamper yourself in pure pleasure, and leave the treatment radiant and glowing with beauty.

### ORCHIDÉE IMPÉRIALE FACE & BODY TREATMENT 2H

A complete treatment for the pleasure of the senses, in which each of your muscles is stimulated during a vigorous massage. Your body is sculpted and your skin illuminated. Anti-ageing effectiveness and flawless well-being.

## ABEILLE ROYALE

Absolute repair



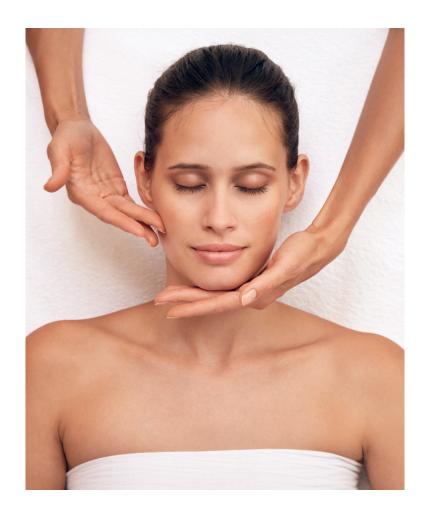
PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES,
BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED
TREATMENTS TO COMBAT THE SIGNS OF AGEING.

#### **HONEY REPAIR TREATMENT 1H30**

Guerlain brings a new angle to its expert treatment designed with the Abeille Royale range to reap all the benefits offered by bee products. It starts off with a microdermabrasion to perfectly smooth the skin texture, followed by a purifying massage with warm plant infusions to perfectly stimulate the epidermis. Then, each wrinkle is the focus of attention using the Abeille Royale Serum application technique, which acts on the key processes in skin reconstruction. Finally, the new Abeille Royale cataplasm mask, inspired by honey wounds dressings, is applied. It is tailored to the needs of each individual woman to create a smoothing and repairing effect. Through this complex protocol, the signs of ageing gradually fade away. The skin is firmer, and the face opens up and appears illuminated... A catalyst for youth to be enjoyed without moderation.

## PERSONALISED TREATMENTS

Unique experiences



GUERLAIN HAS DESIGNED PERSONALISED MASSAGES
TO MEET THE NEEDS OF ALL SKIN TYPES.
WHERE TECHNICAL SKILL MEETS SOPHISTICATION.

#### **INTENSIVE FACIAL TREATMENT 2H**

The skin's beauty is revealed and enhanced during this treatment that includes an exclusive massage, a specific mask and a targeted active concentrate... Tailoring the protocol to each individual, the Beauty Expert artfully and precisely adapts her movements and the intensity of the massage for instantly visible results.

#### **COMPLETE FACIAL TREATMENT 1H30**

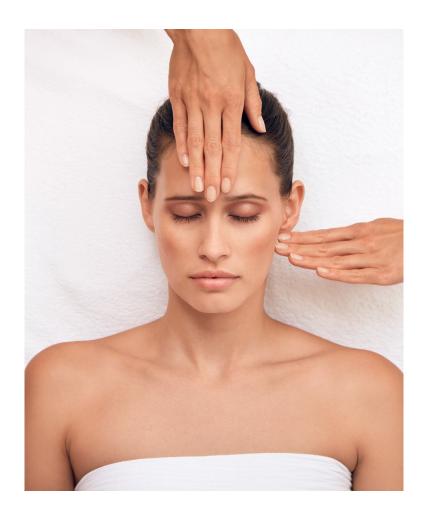
An essential Guerlain skincare classic. The exclusive Guerlain massage is the star of this show, enhanced with a targeted active concentrate, a mask and facial cleansing to meet the skin's needs perfectly. The features are relaxed and the face is radiant. An absolute must.

#### RADIANCE FACIAL TREATMENT 1H

A fresh, clear and glowing complexion... This delicious treatment combines an exclusive Guerlain massage, the intensity of which is adapted to individual needs, with a mask that acts as an impressive radiance booster. Give in to temptation.

## AESTHETIC ANTI-AGEING MASSAGES

Secrets of youth



GUERLAIN HAS FINE-TUNED SOME UNIQUE TECHNIQUES

TO PLUMP THE FACE AND SCULPT THE EYES.

UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME.

#### **BEAUTY LIFT** 1H - PROGRAMME OF 4 SESSIONS

Body building for the face! Just like a cardio class, this aesthetic facial massage is intense and incredibly effective. The in-depth and powerful work on the muscles releases tension, sculpts, smooths and plumps for an immediate and lasting lifted effect. The leader in anti-ageing.

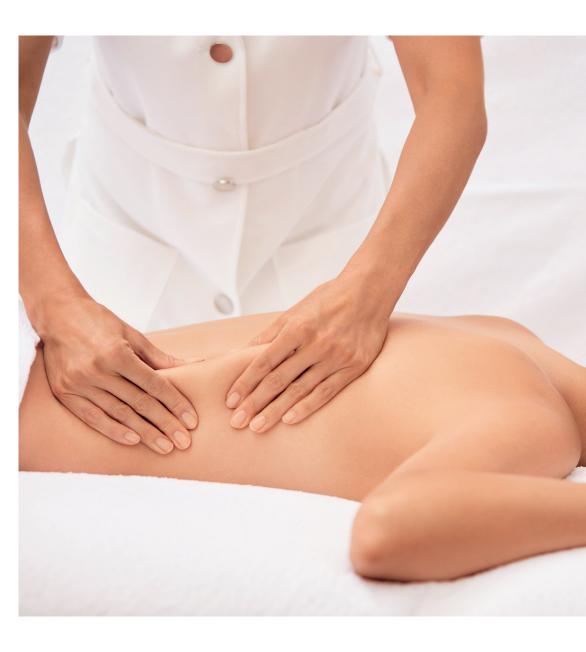
#### SKIN LIGHT 1H30

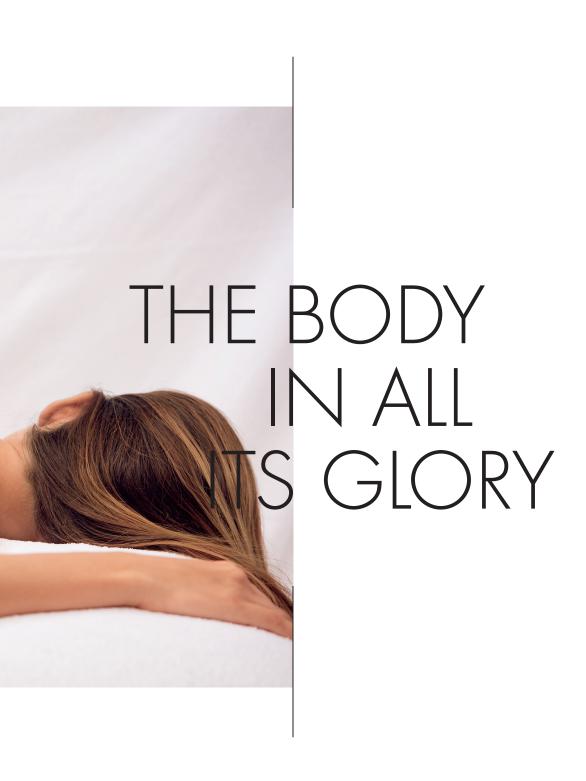
This treatment delivers an immediate radiance boost and reveals the skin's natural glow. Microdermabrasion and a deep muscle massage for the face, enhanced with the Orchidée Impériale Radiance mask are just some of the secrets this treatment has to offer. The results are spectacular. The complexion is even and beautiful.

#### **EYE FOCUS\*** 45 MINS

This expert treatment sculpts and widens the eyes. The eye contour is left smoother, sculpted and revived... The whole face positively glows with new-found radiance!

\* 30 mins Eye Focus in addition to any other treatment.





## INTENSE BODY ENHANCEMENT

A perfect silhouette



TREAT YOUR STRESSED AND WORN OUT BODY

TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY

EXPERIENCE OF PLEASURE AND WELL-BEING.

### **SLIMMING TREATMENT 1H-1H30** PROGRAMME OF 4 SESSIONS

Kneading, rolling, rocking... This treatment combines the world's most effective techniques to refresh and liberate the body. Toxins are drained away, and blood circulation is improved. After the treatment, the legs and hips feel lighter, and the figure is naturally slimmer.

#### **BODY LIFT** 1H30

Flexibility, muscle strengthening, targeted smoothing, movements for suppleness... This aesthetic massage sculpts the body, stimulates cellular renewal and firms the skin. As effective as a workout!

#### INTENSIVE BODY THERAPY 2H

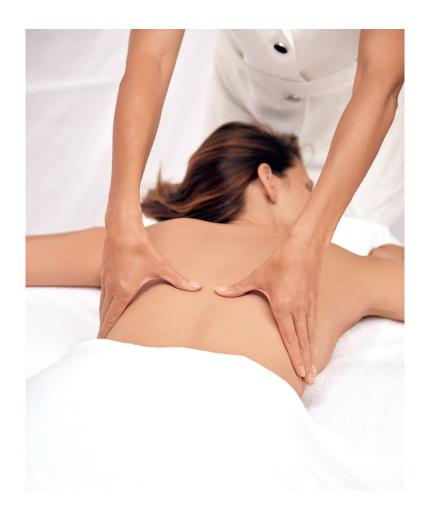
Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

#### **BODY POLISH** 1H

The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

## BODY MASSAGE

Relaxation and energy



RELAX COMPLETELY OR BOOST YOUR ENERGY
WITH THESE BODY MASSAGES INCORPORATING PRECISE
AND BALANCED TECHNIQUES.

#### JET LAG MASSAGE 1H-1H30

Fabulous remedy against jet lag, this intense massage offers a true relaxing moment, rebalancing lastingly the body and mind. This experience leaves you reenergized and fully relaxed.

#### DEEP MUSCULAR MASSAGE 1H-1H30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

#### IMPERIAL RELAXING MASSAGE 1H-1H30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

#### PRE/POST NATAL MASSAGE 1H

Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby has been born. A tailored personal experience to relieve the body of minor ailments associated with motherhood.

## HAND & FOOT TREATMENTS

The search for perfection



THEY ARE ON THE FRONT LINE! THE FEET AND HANDS

SUFFER DAMAGE ON A DAILY BASIS. DON'T NEGLECT THEM,

TREAT THEM TO THE CARE THEY DESERVE.

#### PRETTY MITTEN 60 MINS

Nails are intensely pampered in this cocooning treatment which includes cuticle care and a paraffin bath. Each gesture is performed with extreme gentleness by the Beauty Expert. The session ends with nail polish application.

#### **VELVET GLOVE 1H15**

This intensive hand treatment repairs cuticles, includes gentle exfoliation, a paraffin bath and generous sculpting. A mask completes this special moment. Protected and hydrated, your hands will feel like velvet and your nails will be neat and enhanced with the nail varnish of your choice.

#### GLASS SLIPPER 60 MINS

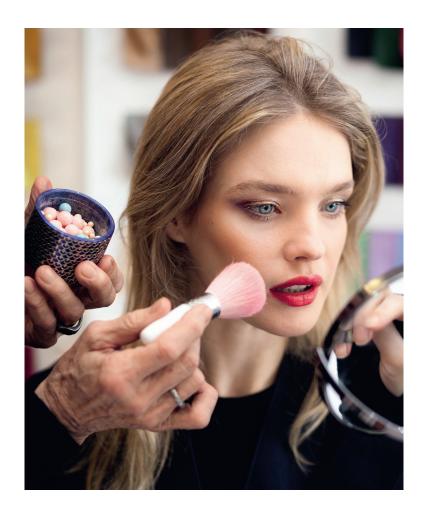
Feet also need some delicacy and tenderness, so Guerlain has created a gentle program just for them. This treatment performed by a Beauty Expert combines several steps including a paraffin bath, work on the nails and nail polish. Take a beauty break and put on your most beautiful pair of glass slippers.

#### **DIVINE LEGS 1H15**

The Divine legs treatment includes intensive foot cleansing, a gentle scrub, a mask, a paraffin bath and generous sculpting. Protected and hydrated, your feet will feel revitalised, your nails will be neat and enhanced with the nail varnish of your choice.

## THE ART OF MAKE-UP

An asset for seduction



WHETHER SOPHISTICATED OR NATURAL, GUERLAIN CAN CREATE PERSONALISED MAKE-UP FOR EACH WOMAN, TO MAKE HER IRRESISTIBLY BEAUTIFUL...

#### NATURAL BEAUTY 30 MINS

Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

#### NIGHT BEAUTY 1H

For a sophisticated make-up, let yourself be guided by the Beauty Expert to sublimate your beauty. Guerlain gives you the best beauty secrets. Unmissable.

## TREATMENTS FOR MEN

Look and feel great



LET GO OF STRESS AND STRAINS
AND TAKE SOME TIME OUT TO TAKE CARE
OF YOUR SKIN, BODY AND MIND.

#### SKIN SAVER FACIAL 1H30

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face. A real confidence booster

#### ENERGIZING FACIAL 1H

Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

#### MUSCULAR ENERGY 1H-1H30

What's the best word to describe this massage? Powerful! It helps relax the muscles, then tone the body with vigorous and deep muscle kneading techniques. It's the best way to boost your energy and recover from an exercise session.

All the other treatments in our catalogue are suitable and available for men.

### AN EXPERIENCE OF ABSOLUTE RELAXATION

Exceptional pampering



EXPERIENCE A HALF-DAY PROGRAMME ALONE,
WITH FAMILY OR AMONG FRIENDS TO PAMPER YOUR BODY
AND REPLENISH YOUR ENERGY, RADIANCE AND YOUTH.

Beauty Lift (1H) Body Lift (1H)

#### **ANCESTRAL LODGE 3H**

Honey Repair (1H30) Deep Muscular Massage (1H30)

#### **WINTER DETOX 3H**

Imperial Relaxing Massage (1H) Skin Light (1H) Lunch & Detox juice (1H)

#### WINTER ESCAPE 3H

Snow Kingdom (1H30) Pretty Mitten (45 MINS) Glass Slipper (45 MINS)

#### **HIVER EN RUSSIE** 4H

Aquatic Wonderland (1H)
Body Polish (30 MINS)
Complete Facial Treatment (1H30)
Lunch & Detox juice (1H)

## and conditions of sale

#### YOUR CUSTOMISED SPA

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

#### **GUERLAIN BEAUTY BREAKS**

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

#### **GUERLAIN AESTHETIC MASSAGE**

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

#### TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

#### A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

## BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.