

The Restaurant

Breakfast



A La Carte

Cold cuts & Cheese

charcuterie and gourmet cheese plate

Eggs in any style

accompanied with baked tomatoes & potatoes

sunny side up , over easy, poached | boiled | scrambled

prepared with your choice of:

baked beans, pork bacon, pork sausage, chicken sausage,
beef sausage, mushroom



Omelette

accompanied with baked tomatoes & potatoes

egg white | plain

prepared with your choice of:

chili, pork ham, fresh herbs, cheese, smoked salmon,
mushroom, spinach, tomato, onions



Sweet Delight

Crepes

wild berries & ricotta cheese

Pancakes

your choice of:

plain | chocolate | wild berry

accompanied with maple syrup and whipped cinnamon butter

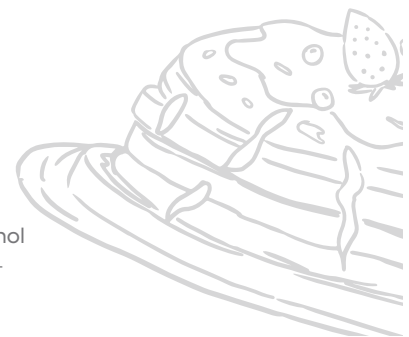
also available in *gluten-free* option, served with berry compote and palm sugar

Belgian Waffles

mango, palm sugar, crème fraiche

French Toast

brioche, apple compote, vanilla cream



 Vegan  Vegetarian  Nuts  Spicy  Pork  Alcohol

All prices are in US Dollars and subject to 10% service charge and 12.5% GST

A La Carte

Morning special

Benedict

poached eggs, toasted English muffin, chives, salmon or turkey ham, hollandaise sauce

Arabic

foul madams, shakshuka scramble eggs, labneh, pickled vegetable, pita bread

Indian

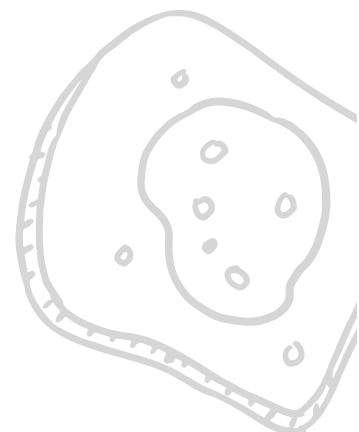
masala omelette, vegetable curry, paratha, pickle, plain yoghurt

Maldivian

tuna mashuni, sambal, snapper curry, spicy fried eggs, roshi

French

comte cheese, scramble eggs | honey ham, baguette



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Beverage

Breakfast Smoothie & Protein Shake

Breakfast High Energy Smoothie

Absolute Bananas

bananas, strawberries, spinach, natural flavored yoghurt

Mixed Melon Colada

watermelon, rock melon, papaya, mint, ginger, natural yoghurt

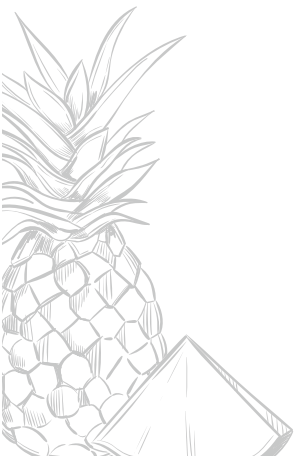
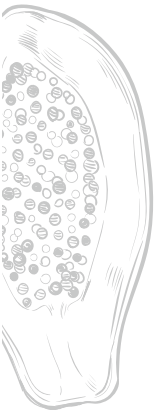
Protein Shake

Banana

banana, semi-skimmed milk, peanut butter, sesame seeds, cinnamon

Mango Blueberry

blueberries, mango, daily burn® protein powder, vanilla, chia seeds, unsweetened almond milk



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Beverage

Vitamin Booster & Cleanser

Booster And Cleanser

Carrot

carrot, apple, orange, beetroot, celery, ginger

nutrients: beta-carotene, vitamin B3, B6 and C, antioxidants, calcium, folic acid, iron, magnesium, phosphorous, potassium, sculpture

Go Green

green melon, green apple and skinned cucumber, spinach, celery, rocket leaves

nutrients: vitamins A, B6, C and K, potassium, pyridoxine, floater, fibre, niacin

Freshly Squeezed Juice

choice of one per person

orange

pink grapefruit

pineapple

watermelon

carrot

papaya

mixed fruits

celery

Breakfast Smoothie & System Starter

choice of one per person

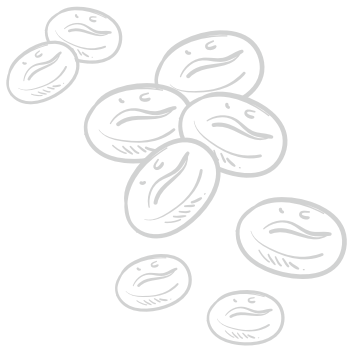
◆ papaya, lime, honey

◆ watermelon, rock melon, papaya, mint



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Beverage

Hot Beverage

choice of one per person

served with milk, skimmed milk, soy milk or almond milk

Coffee

French press

espresso – single or double

cafe latte

cappuccino

Speciality Beverage

golden Lava

chai latte

match iced latte

Other

Hot Chocolate

Creamy Hot Cocoa

Selection of Tea's

brilliant breakfast

pure chamomile flowers

Moroccan mint green

green tea with jasmine flowers

mango & strawberry

single estate darjeeling

the original earl grey

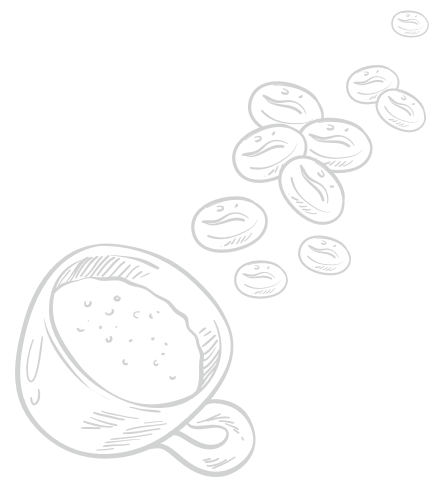
pure peppermint leaves

ceylon cinnamon spice

rose with French vanilla

peach

ceylon young hyson green



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