

The cover features a light beige background with a fine, white speckled texture. Large, abstract shapes in muted green, dusty rose, and vibrant blue are scattered across the page, resembling stylized leaves or petals. The text is centered in a clean, white, sans-serif font.

# SPA TREATMENT MENU

Auberge  
Spa

CHILENO BAY

# ABOUT THE SPA



## A NATURAL RETREAT TO WELLNESS

The Auberge Spa at Chileno Bay is a haven for inspired simplicity, dedicated to eliminating the distractions of modern life in order to awaken a more vibrant and vital self.

Inspired by the rich healing traditions of the Baja region, The Spa's handcrafted treatments are infused with elements unique to the surrounding environment, emphasizing the trans-formative power of nature and its positive impact on total well-being. Give yourself time to unplug and unwind.

## SPA AMENITIES

- Outdoor Sanctuary Gardens
- Aromatherapy Steam Room
- Salt Inhalation Room
- Hydrotherapy Pool
- Relaxation Area
- Reflexology Pool and Fountain
- Open-air Treatment Rooms
- Beauty Services & Men's El Barbero

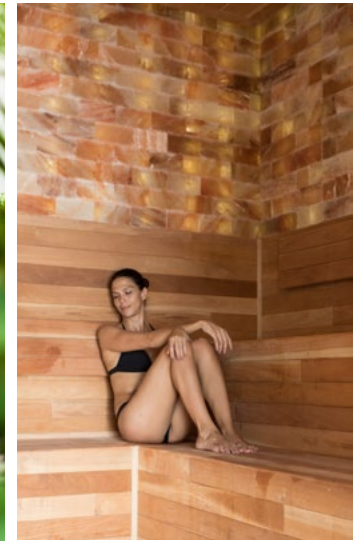




A unique experience, The Ritual is designed to guide guests on a passage of relaxation and meditation in preparing for their treatment and maximize the results.

Beginning in a refreshing mist alcove and ending in the serene reflexology pool, the ritual's circuit includes moments in the aromatherapy steam room, ice fountain and salt inhalation room, which all serve to benefit the mind and body.

The 55 minute Ritual can also be enjoyed as an individual experience, without a spa treatment.



## THE RITUAL

- **MIST ALCOVE (5 minutes)**  
A refreshing breeze to prepare the body for the journey.
- **AROMATHERAPY STREAM ROOM (10 MINUTES)**  
Detoxify the body and relax the muscles.
- **ICE FOUNTAIN (2.5 MINUTES)**  
Strengthen the immune system and close the pores.
- **HIMALAYAN SALT INHALATION ROOM (15 MINUTES)**  
Promote better breathing and rejuvenation in the skin.
- **COLD PLUNGE (2.5 MINUTES)**  
Cool down the body and increase the blood circulation.
- **VITALITY POOL (10 MINUTES)**  
Relax the mind and body and relieve tired and aching muscles.
- **REFLEXOLOGY POOL (10 MINUTES)**  
Stimulate the reflex points and calm the nervous system.



### AUBERGE ATTUNEMENT 90 MINS \$260

Warm herbal compresses | Stretching | Deep tissue massage

Harmonize and revitalize the body with this invigorating yet restorative blend of massage therapies. Warm herbal compresses infused with muscle-soothing essential oils are applied to key pressure points to help relieve pain and inflammation common in today's active lifestyle. Once the body is warmed, a series of assisted stretches, deep tissue massage techniques and warm and cool stones work synergistically to ease tight muscles and improve flexibility.

### AUBERGE HEAD TO TOE 90 MINS \$260 OR 120 MINS \$340

Nourishing hair & scalp treatment | Firm massage | Foot reflexology

The components of this popular treatment flow gently in and out of our "firm and nurturing" signature style of massage. A stimulating scalp massage and a nourishing hair mask deliver beautiful results while lulling you deeper into relaxation. Steamed towel compresses prepare your feet for an exfoliating scrub followed by a reflexology massage.

### BEST OF AUBERGE FACIAL 90 MINS \$275

Personalized signature facial | Microcurrent lift | Immediate results

Our highly customized signature Auberge facial will make your skin look years younger using our favorite innovative ingredients. Personalize the facial and take care of additional needs by selecting two of the enhancements below. Whether you add a transforming eye and lip treatment, a microcurrent toning lift, therapeutic foot reflexology or a hair and scalp renewal, this facial will produce immediate vibrant results leaving your skin glowing and radiant.





## TRIBAL TREATMENTS

### MAYAN HARMONY RITUAL 150 MINS \$450

Jade stone healing massage | Rebozo stretching | Refreshing facial

The ritual begins by preparing the body with a harmonization of copal, an important element for the Mayan culture. They believe that the smoke is purified and transmits messages to the gods. We continue with a healing massage created to balance the body. The therapist works with jade stones over the abdomen, meaning culture life, fertility and power. Next, light stretching on legs and neck with a Mexican rebozo will help to reduce the stress and relax the joints. We finish the ritual with a moisturizing and refreshing facial where local natural ingredients will leave the skin soft.

### AZTEC HEALING RITUAL 150 MINS \$450

Body scrub | Clay mask | Herbal steam | Personalized massage

The ritual begins with a purification with copal. This was used by ancient pre-hispanic cultures to clean energy, then a special selection of herbs used by the Aztecs will be mixed to prepare an herbal scrub to remove the first layer of dead skin and make it softer. A local clay mask will be applied all over the body, the mud symbolizes connection between yourself and mother earth providing you balance and serenity. After the clay application, the herbal steam room will help you to purify and detoxify the body through the heat of the bath and the healing properties of the different herbs used by ancient Aztecs such as basil, rue, rosemary among others. Finally a personalized massage with arnica oil will be performed to relieve the stress and aches in the muscles.

### KAYAUMARI RESTORATIVE RITUAL 150 MINS \$450

Cactus body mask | Healing trigger points | Restorative massage

The purest ritual of the Huichol occurs only in the so-called mitotes religious ceremonies in which dances and magical movements are executed to activate the vital energy. The ritual begins with a petition to Tatewari to leave the negativity in the mind and bring peace and serenity. Next, a cactus and aloe mask is applied over the body to nourish and moisturize the skin focusing on trigger healing points that will unblock the energy channels and balance your mind. Finally, an invigorating massage with our signature body oil will stimulate the blood circulation to increase the body's energy, transporting you to a sacred territory of the Huichols, Wirikuta, where according their beliefs the universe was created.







## CHILENO SPECIALTIES

### CHILENO REBOOT 90 MINS \$265

Facial | Micro-lift | Foot & hand massage

A fusion of all-natural actives bring out your inherent glow with the latest multi-tasking micro-current technology to tone, lift and rest. Recharge during your facial while your therapist massages your legs and feet.

### METABOLIC MELT 90 MINS \$265

Fit wrap | Scalp massage & hair treatment | Back massage | Mini facial

Feeling the effects of too many margaritas or priming for poolside? This far infrared body wrap detoxifies skin and body, amps the immune system and eases pain, enjoy a scalp massage and hair treatment while you are detoxifying your body and burning calories. Finally, finish this blissful experience with a back massage with arnica oil and a mini facial, all in one treatment. Effective as a stand-alone, book a series for serious results.

### FLOW & RESTORE 120 MINS \$335

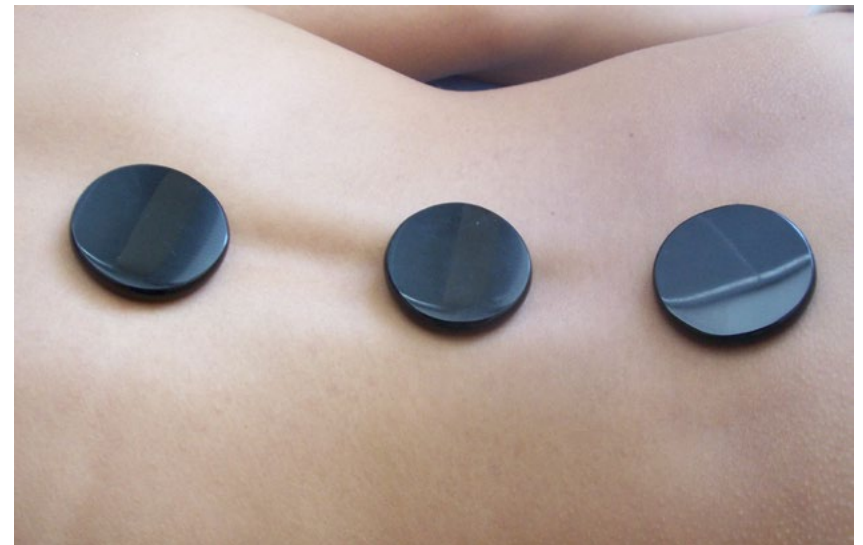
Yoga | Stone duo massage

The perfect pairing of private yoga combined with an outdoor rinse and a restorative Stone Duo massage to work out any remaining kinks.

### EXTREME RECOVERY 120 MINS \$350

Ashiatsu massage | Circulation booster | Infrared detox wrap  
Scalp & Hair Treatment

Bring performance enhancement to a whole new (healthy) level with this supercharged session, combining the deep variable pressure of Ashiatsu and a multi-action topical tonic with an infrared body wrap to increase circulation, minimize pain and reduce inflammation from over-worked muscles and high-stress living.





## COUPLES EXPERIENCES

### DAMIANA DELIGHT 120 MINS \$720 PER COUPLE

Steam | Massage | Soak | Hair treatment

Designed to nurture the skin, a dry exfoliation and honey & damiana mask is applied before entering your private steam room. After a refreshing rinse, select a massage of your choice and finish with a sensual bath while a scalp massage and hair treatment indulge your head and mind.

### CABO CHILL 120 MINS \$720 PER COUPLE

Dry exfoliation | Aloe & herbal steam | Massage

Paint each other with fresh aloe and herbs to hydrate the skin while resting in your private steam room. Cool off at the outdoor shower then repeat the sequence for a complete contrast thermal experience, followed by a massage of your choice.

### THAI FOR TWO 120 MINS \$720 PER COUPLE

Thai massage | Scalp massage | Hand & foot treatment

After an invigorating traditional Thai massage in our specialty bodywork studio, kick back with a soothing foot treatment and scalp massage.







# MASSAGES



## CLASSIC MASSAGE 60 MINS \$165 OR 90 MINS \$250

### Firm and relaxing | Classic Swedish massage

Simple and soothing, this is the perfect choice when you want a Swedish-style massage to alleviate general aches and pains and promote total relaxation.

## DEEP TISSUE 60 MINS \$165 OR 90 MINS \$250

### Reduce tension & enhance mobility | Deep pressure

The go-to for massage junkies and those who appreciate intense bodywork, slow focused techniques reach deep muscle layers and connective tissue to reduce tension and enhance mobility.

## STONE TWO WAYS 60 MINS \$170 OR 90 MINS \$250

### Hot stones relieve muscle tension | Warm stones create perfect balance

This multi-sensory stone massage gives you the best of both worlds: hot basalt stones relieve deep muscle tension while warm mineral-rich Himalayan salt stones balance the central nervous system.

## THAI MASSAGE 60 MINS \$170 OR 90 MINS \$255

### Assisted stretching | Relax the joints

A blend of assisted stretching and acupressure compressions along the body's energy pathways leaves you remarkably relaxed yet energized.

## SPORTS ASHIATSU 60 MINS \$175 OR 90 MINS \$260

### Shiatsu bodywork | Relieve muscle tension

Combining traditional Shiatsu bodywork with a modern flair, the therapist uses overhead bars for added leverage while using their feet to bring about structural change in chronically sore, tight tissues. Perfect for athletes and those who crave a deeper style of bodywork.



## BODY AND FACE

### BODY TREATMENTS

#### DESERT AL FRESCO 90 MINS \$255

Scrub | Outdoor shower | Massage

A customized body scrub blended with minerals and organic oils is followed by a massage using a healing balm infused with desert botanicals.

#### BLUE AGAVE SUN RENEWAL 90 MINS \$260

Healing mist | Recovery mask | Balm application

Head-to-toe relief from sun exposure features the powerful benefits of Blue Agave layered with a soothing massage to repair and replenish after a day under the Cabo sun.

### FACIAL BY DESIGN

#### SERIOUS BOTANICAL FACIAL 60 MINS \$175 OR 90 MINS \$265

Uplifting aromatherapy | Deeply nourishing | Undeniable radiance

This transformative botanical facial, using certified MadeSafe products with bio-active formulations, will leave your skin beautifully nourished, hydrated and supple. Oil based ingredients that penetrate to the deepest layers of the skin pave the way for undeniable results.

Choose two:

- 1) Clear for acne
- 2) Renew for anti-aging
- 3) Calm for sensitive and sun exposed

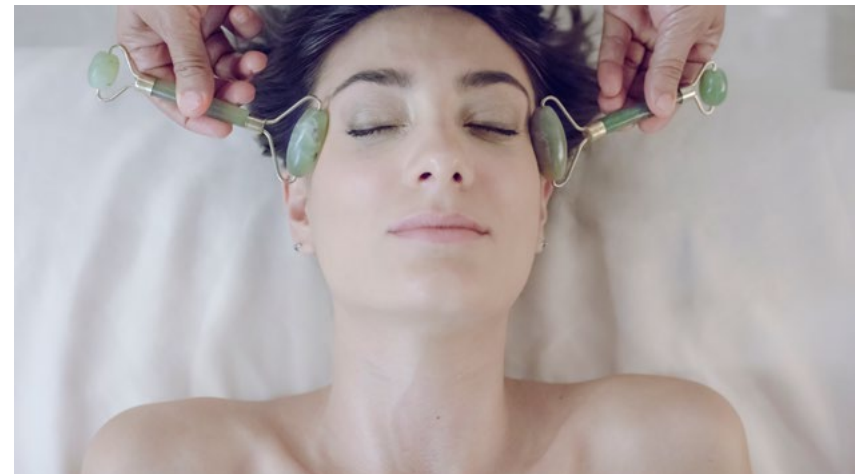
#### DEEP HYDRATION OXYGEN FACIAL 60 MINS \$185 OR 90 MINS \$275

Visible lift and tone | Luxuriously hydrating | Gravity defying

Cool, calming oxygen significantly accelerates the absorption of serum and naturally improves the skin's moisture levels in this instantly hydrating facial. The hyaluronic layering process with hyaluronic acid, vitamins A & C, and green tea will increase firmness and provide an immediate improvement in your skin's texture for unmatched hydration and long lasting results.

Choose one:

- 1) Collagen booster
- 2) Vitamin C booster





# BEAUTY SALON OFFERINGS

## NAILS

- Chileno Manicure 45 Mins \$60
- Manicure Deluxe 60 Mins \$75
- Chileno Pedicure 45 Mins \$80
- Pedicure Deluxe 60 Mins \$95
- Polish Change 15 Mins \$15
- Shellac 20 Mins \$35
- Shellac Removal 20 Mins \$20

## HAIR

- Lady's Hair Cut Short 45 Mins \$65
- Lady's Hair Cut Medium 60 Mins \$80
- Lady's Hair Cut Long 75 Mins \$95
- Updo 60 Mins \$90
- Shampoo & Blow Dry Short 45 Mins \$55
- Shampoo & Blow Dry Medium 60 Mins \$70
- Shampoo & Blow Dry Long 75 Mins \$85

## WAXING

- Brazilian Waxing 20 Mins \$70
- Lip, Chin, Cheek or Ear Waxing 10 Mins \$20
- Full Leg Waxing 30 Mins \$75
- Full Leg & Bikini Waxing 40 Mins \$120
- Eyebrow Waxing 10 Mins \$25
- Half Leg Waxing 20 Mins \$45
- Under Arm Waxing 20 Mins \$40

## MAKEUP

- Light Make Up 30 Mins \$65
- Make Up Application 60 Mins \$80
- Bridal Make Up 75 Mins \$120
- Bridal Make Up Trial 60 Mins \$60
- Bridal Updo 75 Mins \$130
- Bridal Updo Trial 60 Mins \$65





## KIDS SPA MENU

### PESCADITOS AROMA 30 MINS \$50

Relaxing massage for the feet, hands and scalp

### THE PRINCESS AND THE FROG 30 MINS \$55

Delicious chocolate mask for the hands and feet

### SLEEPY BEAUTY 30 MINS \$55

Mini facial for the sleepy beauty

### RAPUNZEL 30 MINS \$45

Hair Treatment and 1 or 2 braids for healthy beautiful hair

### CINDERELLA 30 MINS \$50

Polish change for the hands and feet



## TEEN SPA MENU

### CHILENITO 50 MINS \$90

Aroma relaxing massage

### STRAWBERRY FACIAL 50 MINS \$100

Oily skin

### BANANAS FACIAL 50 MINS \$100

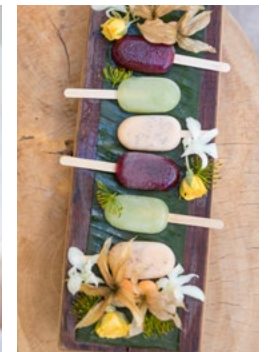
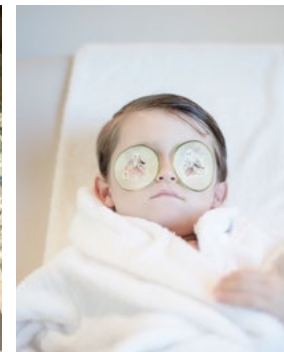
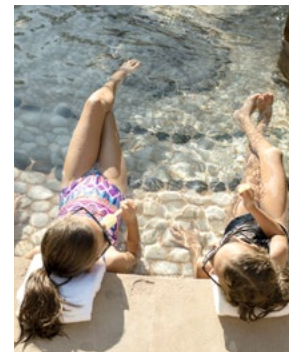
Regular skin

### DETOX WRAP 50 MINS \$100

Chocolate and coffee

### MAZE RUNNER 60 MINS \$85

Mani and pedi





## MASSAGES

### GENTLEMEN'S TONIC'S SIGNATURE 'TRAVELLER' MASSAGE 60 MINS \$170 OR 90 MINS \$260

A head to toe treatment devised by Gentlemen's Tonic that helps ease stresses caused by travelling.

### HOLE IN ONE GOLFER'S MASSAGE 90 MINUTES \$250

Ideal just after you step off the green, this fast-acting treatment uses a unique combination of warm essential oils and deep massage with our Chileno Bay Golf Balls, focused on the arms & shoulders to effectively revive and soothe tight, tense muscles. Take home the Chileno Bay Golf Balls used in your treatment and use them when you next tee off at Chileno Bay Golf Course.

## FACIAL FOR HIM

### THE GENTLEMEN'S TONIC HYDRATE FACIAL 60 MINS \$175

A blend of highly active serums and botanical extracts combat dry and prematurely aging skin.

### THE GENTLEMEN'S TONIC ANTI-AGING FACIAL 60 MINS \$175

Gentleman's Tonic active anti-oxidant peel, hero peptide serum, active antioxidants and concentrated vitamins work to boost cell renewal and promote the production of collagen in this facial.

## BOOSTER & ADD ONS

### HAIR TREATMENT 15 MINS \$20

### BAJA HEAD MASSAGE 30 MINS \$85

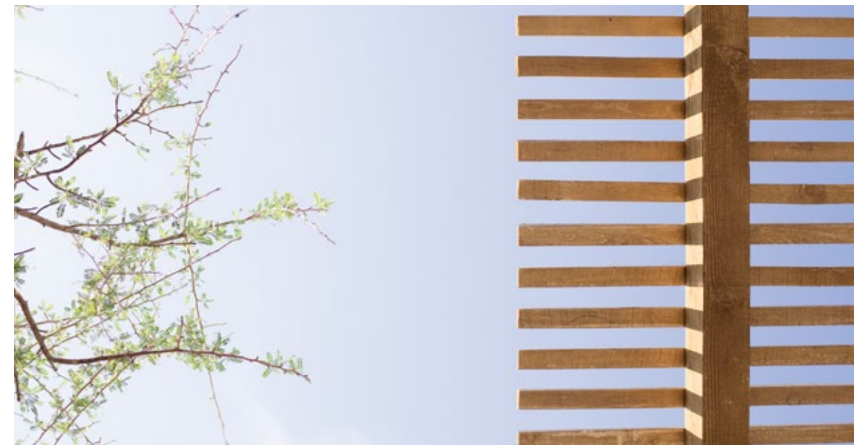
This stress-busting therapy that works on neck, shoulder, scalp and face muscles to reduce headaches and tension.

### EXPRESS FACIAL 30 MINS \$90

This facial expertly cleans, tones and soothes skin.

### REVITALISE & REFRESH EYE TREATMENT 20 MINS \$40

This treatment lifts, tones and refreshes the eye area using Gentlemen's Tonic advanced products.





## BARBERSHOP TREATMENTS

**HAIR CUT AND FINISH 45 MINS \$50**

**CHILDREN'S CUT (2-14 YRS) 30 MINS \$35**

**FATHER AND SON HAIR CUT AND FINISH 75 MINS \$85**

**EXPRESS MANICURE TREATMENT 45 MINS \$60**

Nails are expertly cleaned, shaped and moisturized to soothe rough, dry and hardened cuticles.

**THE GENTLEMEN'S TONIC BESPOKE MANICURE TREATMENT  
60 MINS \$75**

Hands are gently exfoliated to remove rough, dry skin, then cleaned, shaped and massaged with essential oils. After, we'll wrap them in a therapeutic mask that will make your hands feel like new.

**EXPRESS PEDICURE TREATMENT 45 MINS \$80**

Feet are expertly cleaned and moisturized using Gentlemen's Tonics' natural products to help soothe rough, dry and hardened cuticles, followed by a massage.

**THE GENTLEMEN'S TONIC BESPOKE PEDICURE TREATMENT  
60 MINS \$95**

Feet are gently exfoliated and given a relaxing massage with essential oils, then enveloped in a therapeutic mask.





## SPA GUIDELINE

### ARRIVALS

Treatments are carefully planned to accommodate each and every guest. In a spirit of mutual respect, the spa kindly requests that guests arrive on time. Guests are further encouraged to arrive at least an hour prior to their appointments to enjoy "The Ritual" signature experience. Late arrivals are finished within the scheduled treatment time while the fee remains unchanged.

### SERVICE CHARGE AND TAX

For your convenience, a 18% service charge and 16% tax will be added to your final bill for each service.

### CANCELLATIONS

Spa services are reserved especially for you, so we ask you to 6 hour's notice for cancellation or rescheduling of treatment to avoid a 100% charge.

### CHILDREN

Young adults over the age of 16 are welcome to visit the spa and enjoy our Spa facilities and experiences.

Kids Spa services are available from 6 to 10 years old and Teens Spa services are available from 11 to 15 years old and must be accompanied by responsible adult of 18 years or older.

### ETIQUETTE

Our Spa environment is one of tranquility and relaxation. Please respect all spa guests' right to privacy and serenity.

### HEALTH

Please advise us of any health conditions, allergies or injuries that could affect your service when making your spa reservation. Our Spa concierge team is happy to advise safer alternatives.

### IN-VILLA TREATMENTS

The spa offers in-suite massages. A surcharge of USD 50 applies for any in-villa treatment.

### LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage to your personal articles. Please keep all valuables locked in your locker during your visit. For the protection of your clothing, we also ask that you wear the robe provided.

### PREGNANCY

We have specially designed treatments for expectant mothers. Please allow The Spa Concierge to guide you in selecting which treatments are most suitable for you during this special time. Please be advised that for your protection, we do not perform pregnancy massage during the first trimester, however facials are available during this stage.

### SPA AMENITIES

On arrival, guests are supplied with a luxurious bathrobe and sandals as well as a locker for clothing and personal belongings. Ample soft cotton towels are provided throughout the spa area. Upon request, additional spa amenities may be provided. Discreet disposable underwear is provided for all body treatments.

### SPA & SALON HOURS

Auberge Spa facilities are available every day from 8:00 a.m. to 7:00 p.m. Spa and salon treatments are available from 9:00 a.m. to 8:00 p.m. However, with sufficient notice, we always attempts to accommodate in-house guests that require a treatment outside of these hours. It is recommended to schedule treatments well in advance to ensure availability and preferred appointment times.

### SPA RETAIL

To continue your spa regimen at home, products used in the treatments and services are available for purchase from our Spa Reception.

### ACCIDENTS OR INJURIES

Auberge Spa at Chileno Bay Resorts and Residences, Los Cabos shall not be liable for any accident or injury suffered by any guest or resident.

## AUBERGE SPA AT CHILENO BAY

TO MAKE A RESERVATION:

[cbr.spareservations@aubergeresorts.com](mailto:cbr.spareservations@aubergeresorts.com)

888.965.5778 or +52 624.104.9760

[chilenobay.aubergeresorts.com/spa](http://chilenobay.aubergeresorts.com/spa)



Chileno Bay Resort  
AUBERGE RESORTS COLLECTION  
LOS CABOS

Auberge  
Spa

CHILENO BAY