

## LONGEVITY RELAX INFUSION

Blend was created to provide relaxing moments by taking advantage of the herbs with the most soothing power and unique flavour.

**INGREDIENTS:** Chamomile, Linden, Passionflower and Peppermint.

PRICE: €3.50

TEA  
LOUNGE  
CHILL OUT & RELAXATION

## LONGEVITY DETOX INFUSION

We have selected the best herbs to make an infusion with a high detoxifying power to enhance your results, as well as help your body with a differential boost.

**INGREDIENTS:** Lemon, Peppermint, Pennyroyal, Fennel, Horsetail, Artichoke and Mallow.

PRICE: €3.50

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## PEPPERMINT INFUSION

Peppermint decreases spasms in the stomach and improves blood circulation, as well as having an antibacterial, antiviral, digestive, decongestant, anti-inflammatory, antioxidant, analgesic, tonic, disinfectant, anticonvulsive effect. It also stimulates the production of bile and reduces the production of gases.

**INGREDIENTS:** Peppermint.

**PRICE:** €3.50

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## LEMON BALM INFUSION

Lemon Balm is widely used in the treatment of digestive problems and can also control anxiety symptoms due to its soothing properties, guaranteeing the sensation of tranquility and wellbeing. It improves sleep quality, relieves headaches, helps fighting gases, prevents digestive disorders, relieves menstrual and intestinal cramps, prevents kidney disorders and helps in cough relief.

**INGREDIENTS:** Lemon Balm.

**PRICE:** €3.50

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## GINGER & LEMONGRASS INFUSION

This blend of Ginger and Lemongrass promises refreshing moments. Due to its composition it is ideal after meals thus facilitating digestion. Indicated also to fight flu and cold symptoms.

**INGREDIENTS:** Pieces of Ginger, Lemongrass, Lemon Peel, Licorice Root and Peppermint. Warning: it contains licorice - excessive consumption by hypertensive people should be avoided.

PRICE: €3.50

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## ROOIBOS, RHUBARB & ROSE INFUSION

This infusion combines the flavour of Rooibos with the sweet aroma of Rhubarb and a delicate touch of Red Roses. An experience of flavours not to be missed!

**INGREDIENTS:** Rooibos, Apple Pieces, Hibiscus Flowers, Elderberries, Aroma, Rosehip, Lyophilized Pieces of Rhubarb and Pink Centaurea Flowers.

PRICE: €3.50

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## ROOIBOS & SPICES INFUSION

Made with 100% natural ingredients, this infusion offers a unique taste experience with spicy notes that will take you on a sensations journey.

**INGREDIENTS:** Rooibos, Cardamom Seeds and Pods, Pieces of Cinnamon, Pink Pepper, Cloves, Aroma and Vanilla Pieces.

PRICE: €3.50

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## HONEYBUSH & APPLE INFUSION

The blend of Honeybush with Apple, Sea Buckthorn Berries and Orange transforms this infusion into a delightful symphony of delicate flavours. Sea Buckthorn Berries are rich in vitamin C. This infusion is ideal when the immune system is weak, such as in flu or cold situations.

**INGREDIENTS:** Honeybush, Apple Pieces, Hibiscus Flowers, Rosehip, Sea Buckthorn, Orange Peel and Flavouring.

PRICE: €3.50

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## ORGANIC HONEYBUSH INFUSION

An infusion with a pleasant flavour and sweet aroma, it reminds us of honey. One of the main advantages of Honeybush as a substitute for tea is the absence of caffeine. Traditionally, it is used to control digestive problems, rashes as well as promoting lactation. In addition, Honeybush is used as a mild sedative and laxative.

**Ingredients:** Honeybush (organic).

PRICE: €3.50

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## MINT & CITRUS INFUSION

The Peppermint leaves combine perfectly with the intense aroma of Citrus, such as Tangerine and Orange. This mixture of refreshing flavours will surely delight you.

**INGREDIENTS:** Peppermint, Apple Pieces, Orange Slices, Natural Aroma, Freeze-dried Tangerine and Orange Chunks and Wild Strawberry Leaves.

PRICE: €3.50

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## ORGANIC VERBENA INFUSION

Verbena infusions presents a yellow-green color and intense aroma to Citrus Fruits such as Lime, Lemon or Grapefruit. Traditionally, Verbena infusions are used for stomach aches and indigestion. They are also known for its anti-spasmodic, sedative, anti-inflammatory and diuretic abilities.

**INGREDIENTS:** Whole Leaves of Verbena (organic).

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## MELON & PINEAPPLE INFUSION



Try this cold infusion to drink in your daily life, appeasing the summer heat and contributing to the correct hydration of your body.

**INGREDIENTS:** Melon Cubes (Melon, Sugar), Pineapple Flakes, Hibiscus Flowers, Grapes, Papaya Flakes, Mango Flakes and Aroma.

PRICE: €3.50

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## LEMON INFUSION

It cleanses the body and avoids the classic fluid retention, helps boost the immune system, prevents colds and flu, is antiseptic, reduces bad breath, eliminates excess fat from the skin and is a good blood pressure regulator.

**INGREDIENTS:** Lemon Peel.

PRICE: €3.50

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## LINDEN INFUSION

Linden is used to help treating high blood pressure, nervous tension, bronchitis, tiredness, poor digestion, dyspepsia, headache, flu, colds, stomachaches, fever, anxiety, migraine, skin infections, insomnia and spasms.

**INGREDIENTS:** Linden.

PRICE: €3.50

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## CHAMOMILE INFUSION

Chamomile helps in digestive problems (ulcers and acidity, nausea and vomiting, gastroenteritis), chills, insomnia, nervousness, menstrual cramps and allergies.

**INGREDIENTS:** Chamomile.

**PRICE:** €3.50

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## HIBISCUS INFUSION

With a large amount of flavonoids and organic acids, antioxidants and anti-inflammatory substances, Hibiscus tea stimulates the burning of body fat, prevents retention of liquids, facilitates digestion and regulates the intestine, contributing to weight loss. These same substances help the body get rid of toxins.

**INGREDIENTS:** Hibiscus.

**PRICE:** €3.50

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## LAVENDER INFUSION

Lavender infusion relieves headaches and migraines, helps in treating gout and depression. It relieves nausea, lymphatic congestion, coughs, rheumatic pains, digestive and menstrual problems (in this case, regulates menstruation). Respiratory problems such as asthma and bronchitis have their symptoms relieved and / or avoided, as well as circulatory problems. It has a calming effect, so it is great for nervous tension sufferers.

**INGREDIENTS:** Lavender.

**PRICE:** €3.50

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## WHITE TEA, JASMIN, GINGER & FENNEL

This tea, flavoured with Jasmin, is characterised by its delicate flavour. It is certainly a proposal to delight the senses. White Tea is known for its energising effect. Due to Ginger and Fennel it is ideal to take after meals thus facilitating digestion, also having an anti-inflammatory effect. Enjoy this perfect harmony.

**INGREDIENTS:** White Tea (*Camellia sinensis*), Jasmin Aroma, Pieces of Ginger and Pieces of Fennel.

PRICE: €3.50

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## MINT & BLACK TEA

Combining the fresh taste of Mint with Black Tea, this infusion is ideal for tasting any time of the year. The therapeutic use of the mint is ancient, with its leaves used in cases of gastrointestinal disorders and respiratory infections.

**INGREDIENTS:** Peppermint, Black Tea (*Camellia sinensis*) and Pennyroyal.

PRICE: €3.50

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## BLACK TEA & CINNAMON

This blend of Black Tea and Cinnamon pieces is perfect for warming up on cold days. Black tea protects cells and slows their ageing due to their high antioxidant properties. Helps hydrate the body and speeds up metabolism. It is a great choice for weight loss or to prevent obesity.

**INGREDIENTS:** Black Tea (*Camellia sinensis*), Pieces of Cinnamon and Aroma.

PRICE: €3.50

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## GREEN TEA

Green Tea helps to increase metabolism through its thermogenic effect, is a potent antioxidant, powerful in controlling cholesterol levels and mood improvement.

**INGREDIENTS:** Green Tea Leaves (Camellia sinensis).

PRICE: €3.50

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