

THE BREAKFAST KITCHEN

LIGHT BITES

homemade granola crunch low fat yoghurt ~ honey & fresh fruits	VG
our baker's toast basket almond & pumpkin muffin ~ brioche ~ rye ~ butter ~ jams & marmite	VG
soft boiled eggs ~ crispy sourdough soldiers	VG-SF
sautéed mushrooms ~ feta & spinach poached egg & grilled tomato	SF-VG-GF
local smoked fish or salmon or maybe both ... lemon hollandaise ~ pickled onions	GF
coconut chia seed pudding fresh fruits & berries	DF-GF-V
vanilla bean low fat yoghurt poached local mango ~ honey & macadamia crumble	VG-GF
hot irish oatmeal bananas ~ maple syrup ~ crispy coconut & toasted pecans or plain & simple with brown sugar	V-GF-SF-DF
warm quinoa & chia "oatmeal" fresh fruits & almond	

PLATES ~ BOARDS & MORE

chefs favorite breakfast board cured meats ~ smoked fish ~ cheese ~ pickles ~ breads & dip	
smashed avocado on toasted rye poached egg ~ tomato & chili butter	VG-SF
scrambled whole eggs or whites handpicked crab ~ lemon crème fraiche	SF-GF

IN THE PAN

the original english breakfast
served with toast & bigarade marmalade

shakshouka baked in cocotte (warming & spicy)
crisp sourdough ~ lemon yoghurt

SF-VG

“our benedict”
almond & pumpkin muffin ~ smoked ham ~ hollandaise
grilled tomato

SF-GF

crust free quiche
water spinach ~ chili ~ tomato ~ spring onion

DF-SF-VG-GF

eggs your way, with anything, all ways!
choice of breads ~ tomato ~ bacon ~ pork sausage ~ beef sausage
rosti potato mushrooms ~ smoked fish ~ parma ham
...anything else just ask

SOMETHING FOR THE MUG

pot of coffee (lavazza filter)

real hot chocolate (not powder)

coffee anyway
espresso ~ cappuccino ~ latte ~ mocha ~ americano ~ decaffeinated

vietnamese iced coffee... it's really good!

bulletproof coffee

ROPER POTS OF THEODOR TEA...

“strong british breakfast”

green tea from yunnan

moroccan mint

earl grey-royal

vanilla black tea from madagascar

les herbes insolentes (cinnamon, pepper, orange)

carpe diem (red rooibos)

verveine

“our garden lemongrass” & ginger infusion

IN YOUR GLASS

juice of the day

carrot ~ apple & ginger ~ beetroot & pomegranate
banana & honey lassi

cashew nut & mango smoothie

“proper bloody mary” - 1/2 power or full power