

Willow Stream Spa, Fairmont Fujairah Beach Resort

Willow Stream Spa at Fairmont Fujairah Beach Resort restores your energy from its natural surroundings: a contemplation of the blue Indian Ocean, combined with the stillness of Hajar Mountain and the mystique dawn. All of these elements fuse together to create a truly peaceful getaway on the eastern coastal town of the United Arab Emirates.

Offering an array of lifestyle choices and encompassing total well-being, Willow Stream Spa at Fairmont Fujairah Beach Resort combines an exclusive facility focusing on outdoor destination activities, spa and well-being. Our treatment menu includes a selection of authentic body treatments using locally-inspired hammam products by Hammamii along with a collection of massage and facial treatments from Elemental Herbology based on the five natural elements to help your skin achieve a state of optimum health and vitality.

Willow Stream Spa helps you find your energy away from the hectic city life to a place of tranquil beauty and serenity. Our spacious spa is laid out over 1105 square metres and includes six luxuriously-appointed spa suites including 2 couples' suites and a nail and hair beauty bar for finishing touches. The wet facilities are complete with rock sauna, steam rooms, heated loungers, a private hammam room and experience showers. Allow us to delight and surprise you as we lead you down a sensory journey bringing overall balance and a sense of calm to your spa experience.

About Willow Stream Spa

Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our Spas is designed to reflect the beauty and ambience of its destinations and of the hotel in which it is located, so no two are alike. But all of our Spas have this in common: they deliver an outstanding experience. Simply being here—away from the chaos of everyday life—relaxes our guests and launches their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with friends. Social spaces by the pool, relaxation lounges and steam rooms, yoga and fitness areas— all are designed to stir our passion for living with abundant energy.



Our name: Willow Stream



We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong centre and flexible spirit.

Stream: The stream represents our energizing journey through life - bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our logo: Our logo is composed of ancient symbols for the world's essential elements: earth, air, fire and water. The willow—wood—is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Willow Stream Spa Product Philosophy

Willow Stream Spa places emphasis on many aspects when choosing spa products for each of our Spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalised to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, reflecting our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

Elemental Herbology

Elemental Herbology was founded in 2008, with the purpose to create indulgent, natural skincare and body care that delivers truly visible results to all. Treatments are based on the Five Element Theory in Traditional Chinese Medicine that everything in life needs to work in harmony in order to achieve perfect equilibrium. Elemental Herbology has the pursuit of good health, nutrition and wellness at its core, and aims to help your skin tackle the effects of your busy life to find true harmony.

Hammamii

In blending the past with the present, we celebrate traditions of old and create new rituals for today. The unique products in the Hammamii treatment range have been selected and matched to each specific ritual to deliver a luxuriously enjoyable and personalised spa experience. From the High Atlas Mountains and the Ourika Valley to the vast land of the UAE, the fresh ingredients are carefully harvested by hand and assembled with care in our facility in Dubai. The products in the Hammamii range are luxuriously formulated using indigenous desert plants and herbs such as prickly pear, senna, mint, nigella and Argan oil to name but a few.

Hammamii products are 100% Halal, 100% natural and chemical-free.

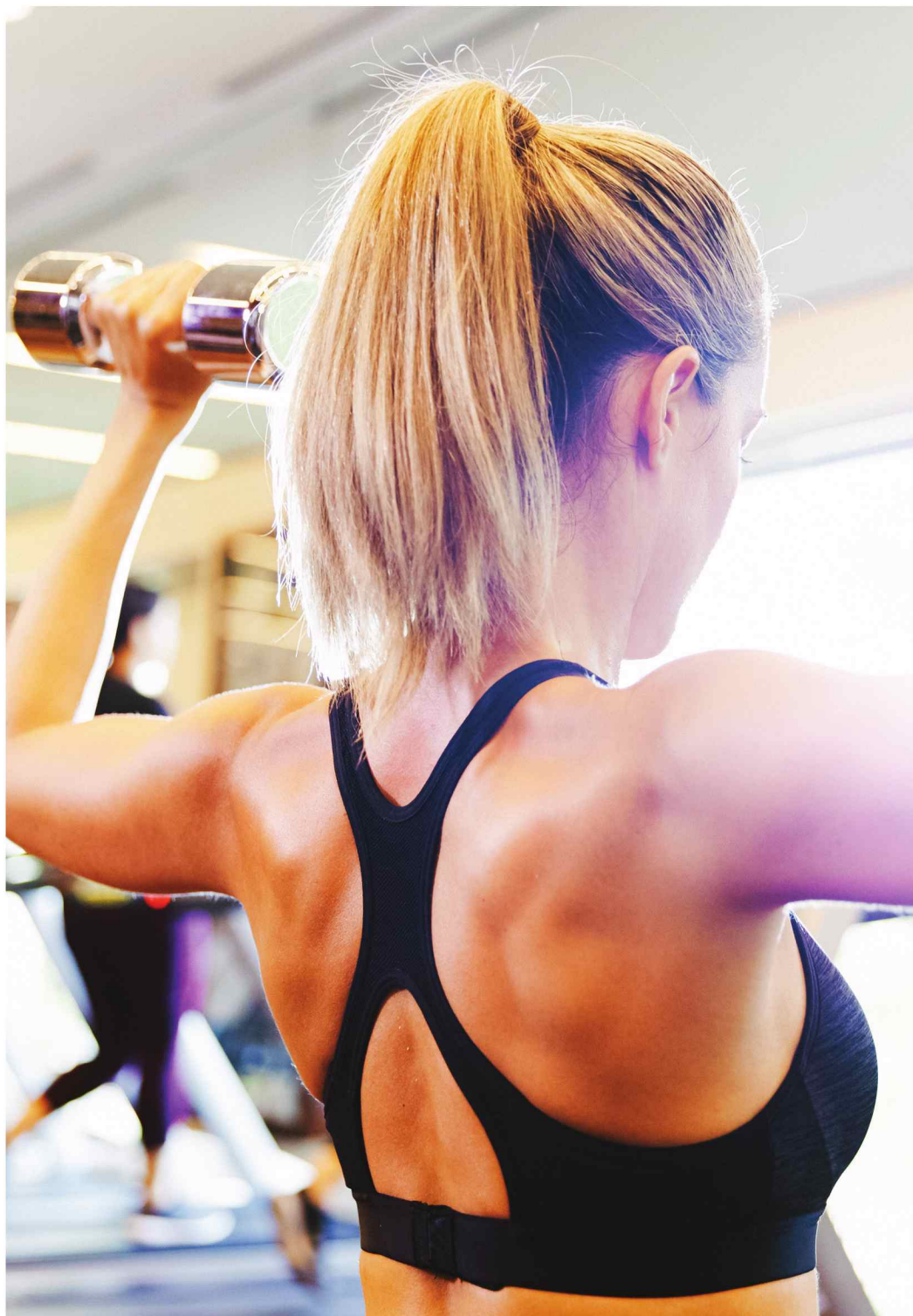


Willow Stream Wellness Facilities

We know that exercise is a vital component of the daily life especially for travellers on the go, who appreciate the desire for high-quality, well-equipped fitness facilities. Life Fitness® provides customised wellness areas and supply fitness facilities to meet all of your needs. Catering to your own fitness level, ability, or age, our dedicated wellness professionals are here to assist you in achieving your personal health and fitness goals, supporting you every step of the way.

Fairmont Fujairah Beach Resort is the perfect environment to restore your energy with access available to hotel guests as well as members, offering the following facilities and services:

- Personal training
- Group and private classes
- Heated outdoor swimming pool
- Wet areas, complete with sauna and steam room
- Relaxation areas
- Experience Showers
- Locker area





Hydrotherapy Experiences

Steam Room Wellness

Maintained at 42-45°C, this humid, aromatic heat experience is highly beneficial for those suffering from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

Sauna Wellness (male)

Maintained at 80-85°C, the sauna's dry heat soothes and warms the muscles, relieving tension from your body and minimising joint pain. This is especially beneficial for those suffering from arthritis, painful migraines, and headaches. This also helps in warming the body after an intense workout, while also serving to treat the common cold. Dry heat is recommended for 10-15 minutes daily, and it is important to ensure that your body is kept well hydrated afterwards.

Hamмам (female)

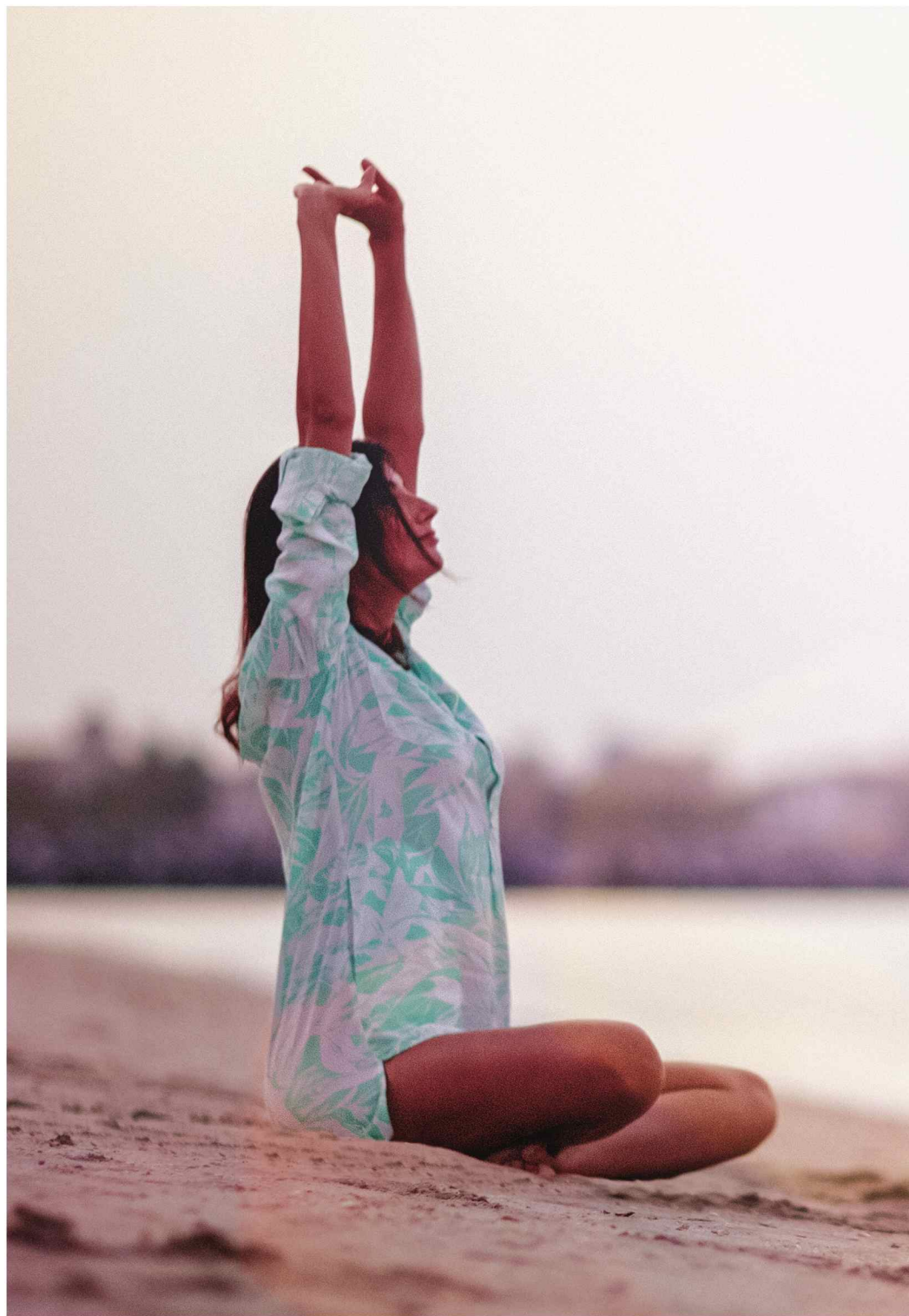
Our heated hammam room is the perfect retreat for this cleansing ritual.

Experience Showers

Experience showers have a unique variety of multi-temperature water sequences, combined with soothing warm and cold jets to relax the body.

Swimming Pool

Located on B1 level and bathed in natural light, the heated outdoor pool is the ideal spot for rest and relaxation.



Lifestyle Activities

Fairmont offers a selection of lifestyle choices for a balanced lifestyle. Our lifestyle offer encompasses all elements of well-being including state-of-the-art fitness facilities with the latest equipment, a nurturing spa environment to escape and pamper yourself as well as a selection of outdoor activities to capture the essence and culture of the northern emirates.

While staying at Fairmont Fujairah Beach Resort, we offer a variety of outdoor activities for adults and children.

- Personal Training
- Yoga
- Kids' Club
- Aqua Aerobics
- Boxercise
- Guided Mountain Bike Tours
- Jogging Trails
- Al Hajar Mountain Hiking
- Rock Safari
- Paddle Boarding
- Kayaking
- Boat Excursions
- Diving

Please speak to one of our team members who can assist you in selecting activities that will suit your needs.

Willow Stream Signature Expressions

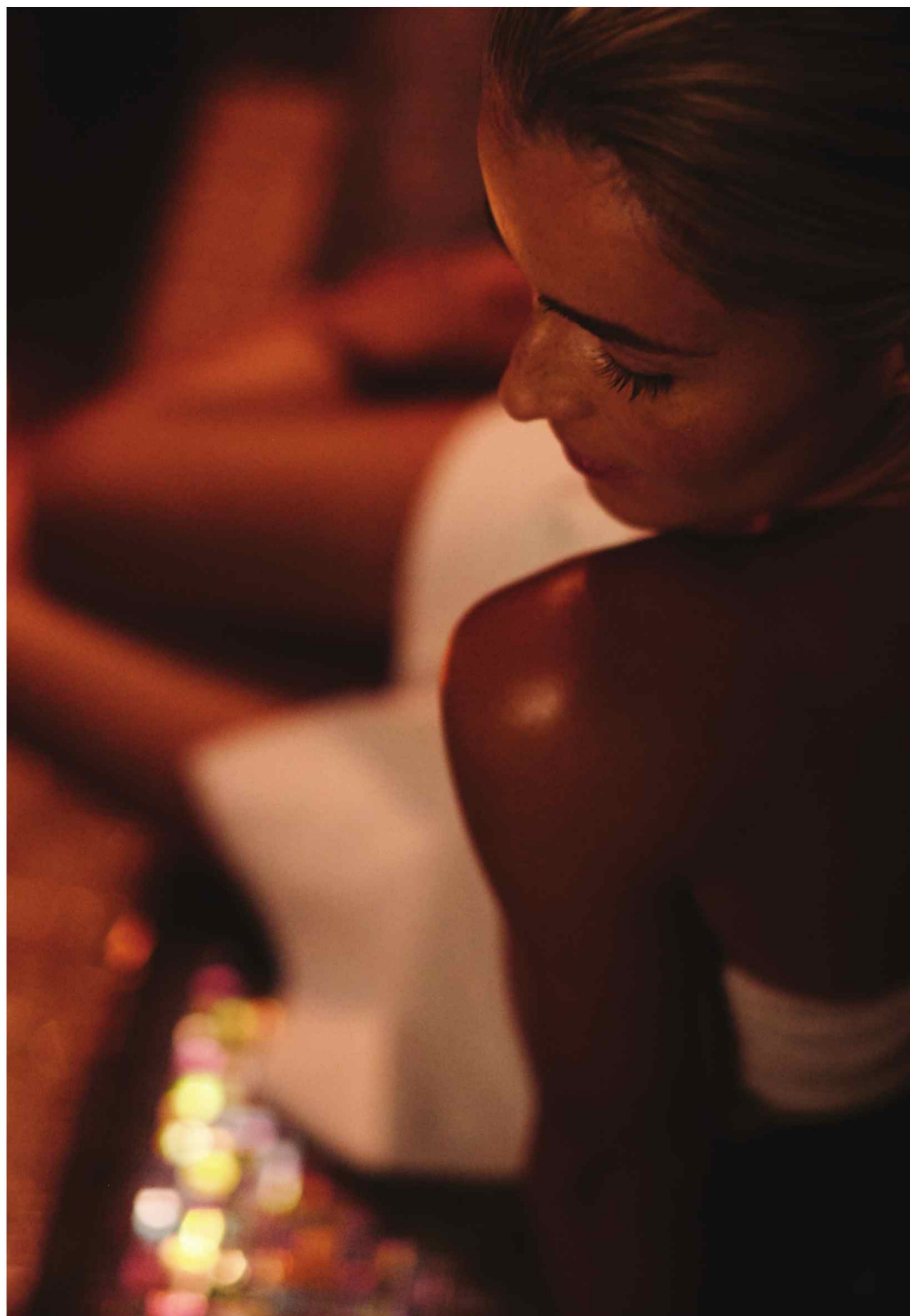
Willow Stream Signature Expressions bring together the key elements of face and body as one. We place a careful emphasis on our guests feeling locally connected while encouraging relaxation to restore their personal energies, resulting in feeling revived.

Timeless Inspired Signature Ritual – 120 minutes

Inspired by ancient bedouin rituals of the UAE, this body treatment uses authentically sourced products to experience the ritual that is uniquely designed. The intense and highly effective dual firming properties of Caffeine Concentrate and Sumac, work to combat the most stubborn dimpling effect caused by cellulite. The ritual continues as you relax into a heated cocooned body wrap to nourish and repair the skin using dates from the Ras Al Khaimah region which are rich in fatty acids and trace minerals.

Five Element Signature Rituals - 180 minutes

For the ultimate spa experience, this top-to-toe ritual begins with a rejuvenating mother of pearl full body exfoliation to remove dead skin and brighten skin tone. Balance the body and remove muscle tension with a relaxing full body massage using aromatherapy to increase circulation and centre the mind. The ritual concludes with the Five Element facial customised to the needs of your skin leaving you feeling nourished, content and your skin soft and radiant.



Classic Facials

Rejuvenating Age Support Facial - 90 minutes

This transformational facial addresses the key underlying causes of physical aging. Begin with a deep cleanse combined with an AHA exfoliation to leave your skin looking brighter. An acupressure scalp massage follows along with the application of a series of therapeutic masks containing a potent combination of nutrients including vitamins, minerals, collagen and anti-oxidants. This facial is especially developed to provide the ultimate defence for your skin, helping increase brightness and radiance, while reducing fine lines and wrinkles.

Five Element Aroma Facial - 60 minutes

Bespoke to each client, this customised facial treatment is aligned with the Earth element which symbolises transformation and harmony. Designed to transform dull skin to reveal a brighter complexion and boost natural radiance, this skincare collection is suitable for all skin types and creates a more vibrant and healthy complexion.

Radiance and Vitality Skin Brightening Facial - 60 minutes

Using a 20% solution of Vitamin C infused with Kombucha™, a fermented black tea known as the “Elixir of Life” helps to dramatically enhance the tone and texture of the skin. Skin feels smoother, appears brighter and radiant, and complexion is balanced with reduced pigmentation.

Moisture Replenish Hydrating Facial - 60 minutes

Reduced skin hydration is one of the major causes of premature aging. To remedy this, we utilize patented hydration technology. Hyaluronic acid, Olive Squalene, Collagen and bio-oils rich in Omega 3, 6 and 9 to dramatically improve the absorption of nutrients into the skin. This treatment is ideal for dry, mature and exhausted skin; the perfect après flight remedy.

Hammamii Classic Facial - 60 minutes

A highly effective regional facial treatment adapted to the skin's specific needs. Our Hammamii classic facial begins with a two-phase deep-cleansing ritual containing activated charcoal & bergamot, followed by a rose and date facial exfoliation. This is followed by a warmed Argan kernel lifting massage, and culminates in a bespoke mask and application of concentrated prickly pear cactus elixir to nourish and repair the skin.

Facial Enhancements

Peptide Eye Lift

An ideal remedy for eye fatigue, after a big night out, long haul flight or as an addition to a facial.



Authentic Experiences: Future, Past and Present Hammam

In blending the past with the present, we celebrate traditions of old and create new rituals for today. The unique products in the Hammamii treatment range have been selected and matched to each specific ritual to deliver a luxuriously enjoyable and personalised spa experience. They have been inspired from a multitude of personal experiences and enduring memories, stirred by the ancient traditions of the Orient. The Arabian cleansing rituals blend seamlessly with timeless beauty traditions to deliver a memorable experience.

Emirates Hammam - 60 mins

Hammamii is the first spa brand to incorporate locally-sourced fresh ingredients from the Emirates. The ritual consists of cleansing, exfoliating, massaging and moisturizing using dates from Ras Al Khaimah, mineral-rich camel's milk from the desert, as well as Arabian coffee, aromatic za'atar and luxurious anti-aging body oil to deliver a traditional experience.

Turkish Hammam - 60 minutes

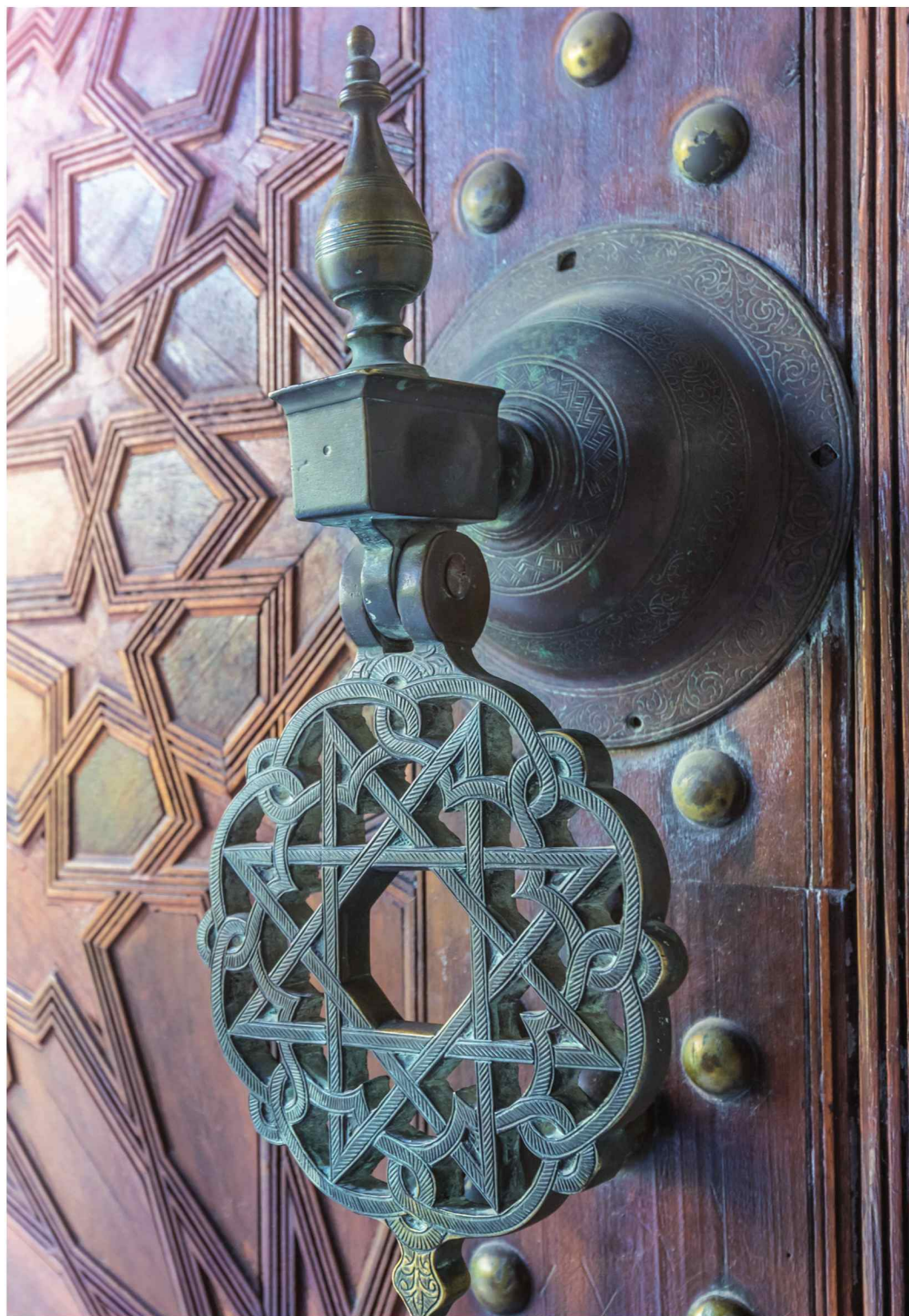
Inspired by traditional Turkish bathhouses, this foam ritual begins with eucalyptus to open the senses and aromatic rosemary "Kirmizi Biber" to exfoliate. Thereafter, a refreshing, healing white clay mask is infused with mint, and Fléchir deep tissue oil is infused with Argan to relax the muscles and release tension.

Fujairah Hammam - 60 minutes

A legacy revisited takes inspiration from a royal cleansing ritual. A cinnamon citrus-based exfoliation removes toxins and sluggish skin cells, while fleur d'oranger-infused Sieste oil delivers a softer, silkier skin that radiates energy and vitality. A treatment to remember with an ultimate tactile and sensory experience.

Marriage Hammam - 60 minutes

A traditional marriage ritual of preparation and purification begins with a mask containing curcuma, mineral-rich camel's milk, solaire and vervein. Natural humectants, saffron infused oil and MielRosa leave the body illuminated and moisturised.





Body Treatments

Mother of Pearl Body Scrub - 60 minutes

Indulge your body and mind with this luxurious body scrub enriched with Mother of Pearl, Essential Fatty Acid with Argan and Sacha inchi oils, and a touch of exotic Frankincense. This pampering scrub will remove dull, dead skin, leaving your body intensively hydrated, silky and nurtured.

Summertime Skin Cooler - 60 minutes

To cool and sooth sun-drenched skin we will gently cocoon you in a cooling Aloe Vera and Cucumber wrap before applying refreshing cold stones to further activate the body mask. The finale of a Watermelon body tonic will leave your skin feeling cool, calm and refreshed.

Awakening Solar Body Exfoliation - 60 minutes

This Hammamii Body exfoliation ritual commences with salts drawn from the Arabian Sea on solar panels in Abu Dhabi. These special solar and citrus-infused salts contain minerals used for centuries to purify the skin. A custom adapted massage using Saffron Anti Age Body Oil will leave the skin, smooth, glowing and youthful.

Za'atar Detoxing Body Ritual - 60 minutes

This ritual begins with a thorough exfoliation using Za'atar, a traditional Arabian spice known for its detoxifying and antioxidant qualities. Ghassoul, a rich Moroccan clay mask from the High Atlas Mountains draws out impurities, and muscles are then massaged, eased and released with an aromatic concentration of Flechir Deep Tissue Body Oil with draining, balancing and nourishing properties.

Body Massages

Willow Stream Lava Shell Signature Massage - 90 minutes

Fairmont Fujairah Beach Resort Willow Stream Spa offers you a 90-minute signature massage, exclusively offered at our Fujairah resort. A soothing blend of Rose Damask, Chamomile and Vetiver essential oil calms and nurtures your body and mind. Heated lava shell with long gentle strokes soothes muscles and unwinds you in this unique relaxing experience inspired by the sea. Your body is moisturised and your mind is nourished, a treatment to remember at Willow Stream.

Oriental Bamboo Massage - 90 minutes

Bamboo is known as a tree of longevity and prosperity in Asian countries. This East meets West massage treatment will evoke your senses. Energy through Bamboo and a western technique will revitalise and release built up tensions or discomfort from your body. Essential oils are applied to the body by using heated bamboo massage sticks with invigorating strokes. Indulge in legendary oriental healing.

Ho-Leaf and Rosemary Tension Release - 60/90 Minutes

Combining stimulating Ho Leaf, Lemongrass, Nutmeg and Rosemary with deep manipulation of the body's muscle, this concentrated massage will unravel tension in sore and tight muscles, enhance circulation and release deeply suppressed emotional blocks. This treatment is highly recommended for anyone suffering from chronic stress, pain or tension.

Five Element Aroma Massage - 60/90 minutes

This Aromatherapy massage utilises customised essential oil infusions with skilful therapeutic techniques to deliver the ultimate massage experience. The treatment draws from both Eastern and Western massage and thermotherapy techniques to help balance the body and mind. Choose from a selection of oils representing the Five Elements of Wood, Fire, Earth, Metal and Water each designed to bring you health and vitality.

Pre-Natal Well-Being Massage - 60 minutes

Using an infusion of Mandarin, Rose and lavender flower massage oil, renew and refresh your body, energy and spirit with this Swedish-style therapeutic treatment incorporating tension release, energy and breathing techniques with the uplifting essence of Neroli. This treatment is also safe for our mothers-to-be or nursing mothers.

Couple's Treatments - Spa By Design

Customise your couple's experience by choosing a selection of treatments from the menu to suit your needs. Whether it is a gathering with friends time spent with a special one, we can cater to all your needs. The suite is an exclusive private environment with massage tables with enough space to relax for hours. You can also elevate your experience with the following upgrades:

- Spa refreshments
- Alcoholic or non-alcoholic beverages and refreshments
- Bath butler in the privacy of your hotel room

Moments to Share - 90 minutes

Enjoy our top to toe treatment in our art-inspired couples suite. This side-by-side treatment is our Five Element Aromatherapy body massage and express facial that will take your couple to a place of serenity. Suite Time will allow you to rest in the privacy of room with refreshments of your choice.

Spa Essentials Packages

Our experienced coordinators will be pleased to recommend any two-, three- or five-hour spa packages suited to your specific needs. These can include anything from the menu above, as well as a healthy snack or nutritious lunch.

Additional Time

To upgrade any of our present treatments with additional time and services, the below mini-treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30-minute mini-treatments including:

- Five Element Refresher Facial
- Five Element Acupressure Head Massage
- Hammamii Hand & Arm Massage
- Nourishing Hair Mask Ritual
- Long Journey Leg & Foot
- Express Massage (head, neck, back and shoulder massage)
- Suite Time

Spa Etiquette

Spa environment

Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, we kindly ask you to use portable music players with earphones and keep mobile phones on silent mode. If you would like to receive messages during your time with us, please let one of our colleagues know, and we would be happy to assist.

Spa arrival and etiquette

We recommend you arrive 45 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the Willow Stream Spa at + 971 9 204 1035 or press the Spa button from your in-room phone.

Personal matters

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can customise your experience to your needs.

Spa attire

You will receive a bathrobe and slippers to wear between treatments as well as a locker for your personal belongings. For your comfort, undergarments must be worn during treatments. We ask you to leave jewellery and valuables in your guest room.

Gift vouchers

Gift vouchers for all Willow Stream Spa services and packages are available for purchase. Please contact our Willow Stream Spa Experience Coordinators for further information.

Making spa appointments

Consult our Willow Stream Spa Experience Coordinators to select treatments that fulfil your personal requirements. The Willow Stream Spa is located on the lower level of the hotel. Advanced reservations are recommended to ensure availability. Telephone: + 971 9 204 1035 | Email: Fuj.willowstream@fairmont.com

Willow Stream Spa cancellation policy

If you wish to reschedule or cancel your spa appointment, please notify the Willow Stream Spa six hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

Tax and service charges

For your convenience, a 10% municipality fee and 10% service charge fee will be added to the treatment rate.

