

SANTÉ

WELLNESS RETREAT & SPA

THE BIO-ENERGY CENTRE

BIO – Life, relating to living things or someone's life:

ENERGY - is the ability and strength to do active physical things - the feeling that you are full of physical power and life

In the Santé Bio-Energy Center we embrace the healing and balancing attributes of magnetic fields, colour, light and gemstones, utilizing what modern science has allowed us to develop and introduce through the latest in innovative products and devices. The devices in our Bio-Energy Centre all have specific stimulating, polarizing, balancing and energizing functions.

Resonant Vibrations

When the body is provided with healthy energy resonances and balance is restored, distressing patterns are neutralized, reducing their disruptive effects and facilitating the natural healing processes.

Understanding how the subtle energy fields in our physiology influence our health is key to restoring function and daily exposure to these healing and balancing therapies has a profound effect.



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At the Bio-Energy Centre you can:

- Assess multiple aspects of your current health on a dashboard and monitor your improvement as you undergo treatments
- Stimulate Vitality by enhancing oxygen absorption and energy flow through guided deep breathing in a zero gravity chair
- Stimulate blood flow while revitalizing and balancing the Sympathetic and Parasympathetic Nervous System
- Re-energize the bio-electric fields at the cellular level creating an immense boost to the immune system
- Clear energy blockages and trapped stresses in a natural and effortless process
- Dissipate pain and inflammatory conditions
- **Come and experience how, at any age, you can build health, boost wellness, and enjoy enduring energy and vitality.**
- **A relaxing, mindful journey that can add years to your life**



Packages available:

Bio-Energy Alignment

Our body systems, organs, tissue and cells can only function optimally when the energy systems driving them are in complete balance. The Bio-Energy Alignment provides specific frequencies to activate various energy points, restores energy flows and supports the organs and systems of the body.

De-Stress

Designed to assist and rebalance, the De-Stress package assists in lifting heavy and disabling feelings. This package is recommended for everyone, either as a preventive measure or as a drug-free de-stress alternative and assists with motivation and healthier choices.

Rejuvenate

An important part of any recovery program and to help build a strong immune system with disease fighting potential. The Rejuvenate package stimulates cell metabolism and creates a steady flow of energy. Healthy individuals utilize this package to optimize their performance and workout potential. As this protocol is stimulating we recommend starting earlier in the day.

Healthy-Aging

The perfect health restoring program where resonant frequencies are sent to the organs in the body to optimize function. Not only are the organs bathed in healthy energy patterns, harmony is re-established in the body's systems providing support and nourishment to restore radiance, internally as well as externally.

Half Day Packages (3 hrs):

Enjoy specifically selected guided Bio-Energy assessments and treatments as well as a Spa treatment. Enjoy access to the heated indoor pool, jacuzzi and sauna, and be treated to the Signature Santé Day Spa lunch - exquisite, honestly healthy cuisine!

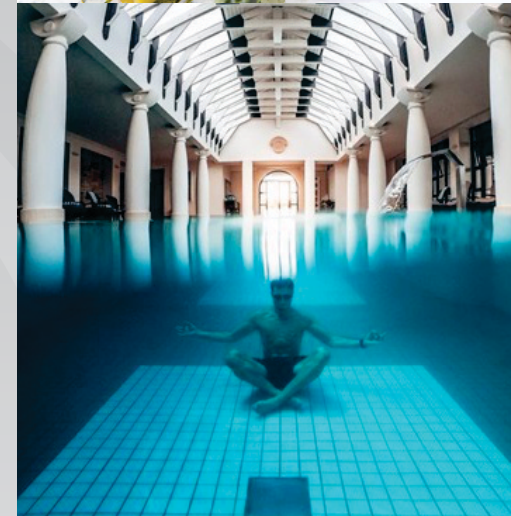
All half day packages can either start or end with lunch.

R 2,650.00

Full Day Packages (7 hrs):

Starting with early morning yoga, your day includes a selection of specifically selected Bio-Energy assessments and treatments as well as complimenting Spa treatments. You will have access to the heated indoor pool, jacuzzi and sauna, and will be treated to the Signature Santé Day Spa lunch – exquisite, honestly healthy cuisine.

R 4,800.00



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